

Job opportunities / Career prospects

- ◆ Academician
- ◆ Clinical Dietician (Hospitals, Nursing Homes and Multispecialty Clinics)
- ◆ Administrative Dietician (Hospitals, Nursing Homes and Multispecialty Clinics)
- ◆ Healthcare Professional
- ◆ Hospital Administrator
- ◆ Health Inspector and Quality Assurance Executives (Multi-National Companies)
- ◆ Nutritionist (Community, Companies and Private Organizations/ Elite and Recreational sports teams, Fitness industry)
- ◆ Child Development Project Officer's (CDPO)
- ◆ Diet Kitchen Developer (Food Service Institutions, Airline, Catering, Star Hotels and Other Catering Agencies)
- ◆ Health /Diet counseling (Non-Governmental Organizations (NGOs))
- ◆ Community Health Programmer (Nutrition programmer in villages)
- ◆ Fitness center Consultant /Entrepreneur (in different sectors related to Health, Diet, and Food)
- ◆ Health product developer in Medical Nutritional Companies (e.g. Nutrition and Dietetics Advisor, Nutritional Representative)
- ◆ Media (e.g. Writing Publications, Television, Marketing)
- ◆ Food Writer and Critics

Eligibility

- ◆ B.Sc Clinical Nutrition and Dietetics/ Home Science / Food Science and Nutrition / Applied Nutrition/Biomedical Sciences/ Biochemistry/ Clinical Biochemistry/ any B.Sc in Life Science/B.A Home Economics
- ◆ B.Sc Food Service Management and Dietetics /Human Science/Nutrition and Dietetics / Foods and Nutrition/ Nursing
- ◆ Any Bachelor degree in Medicine
- ◆ Bachelor degree in Allied Health Sciences.

Fees Structure

First year	- Rs. 10,375
Second year	- Rs. 9,195

How to apply

- ◆ Application can be obtained from Periyar University office.
- ◆ Download from the website www.periyaruniversity.ac.in.
- ◆ Photocopies of downloaded applications are also accepted.



PERIYAR UNIVERSITY

(RE-ACCREDITED WITH 'A' GRADE BY THE NAAC)

PERIYAR PALKALAI NAGAR

SALEM – 636 011, TAMIL NADU, INDIA



M.Sc Programme in CLINICAL NUTRITION AND DIETETICS

Contact

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Programme Overview

The Government of Tamil Nadu established the Periyar University at Salem on 17th September 1997 as per the provisions of the Periyar University Act, 1997. The University got the 12(B) and 2f status from the University Grants Commission and has been reaccredited by NAAC with 'A' grade in 2015. The Department of Clinical Nutrition and Dietetics was established during the year 2016. The Department was handled over by eminent faculty members.

The Master of Clinical Nutrition and Dietetics (CN&D) at Periyar University, Salem, Tamilnadu offers students and mid-career professionals the opportunity to develop expertise in nutrition practice from a wide range of perspectives within the health system, from disease prevention to palliation.

Students are trained to use an evidence-based approach to transition patients from a state of disease back to a state of health and wellbeing. Specifically, students are taught to identify imbalances that may be contributing to a diseased state and the overall etiology rather than diagnosing and treating individual symptoms. Our ultimate goal is to foster a future generation of practitioners equipped to help shift the current healthcare system from one of treatment to one of disease prevention and maintenance of optimal health.

By gaining a solid understanding of standards of practice in both community and clinical settings, and developing essential leadership skills, graduates will play a pivotal role in the future of nutrition and dietetic practice.

Duration of the M.Sc Clinical Nutrition and Dietetics Course

2 years divided into 4 semesters.

For Students seeking to become Dieticians

The program combines academic course work, inter-professional learning, and practicum placements to expose students to diverse dietetic research and practice. Students complete three semesters of academic course and practical work and in fourth semester, either 6 months of Registered Dietician internship programme or research project work. Development of leadership and critical thinking skills are integrated into the curriculum.

Program Benefits

This program helps students to build important professional and leadership skills while encouraging integration of practice across community and clinical settings. For example, students will have opportunities to:

- ◆ Address nutrition issues involved in social service agencies, shelters, day cares, schools and health institutions;
- ◆ Explore the impact of changes to the food supply on individuals, institutions and communities;
- ◆ Develop communication strategies, including: individual **counseling**, social media, academic writing and professional presentations;
- ◆ Experience how public health, primary and tertiary care and rehabilitation settings address chronic disease prevention and management
- ◆ Consider the implications of public policy on nutritional well-being

Course Outline

SEMESTER - I	SEMESTER - III
Human Physiology	Research Methods & Statistical Applications
Advanced Nutrition	Nutrition through Life Cycle
Clinical Nutrition and Dietetics-I	Public Health Nutrition
Applied Food Science	Hospital administration and Practices
Applied Physiology Practical	Research Methods & Statistical Applications Practical's
Clinical Nutrition and Dietetics Practical-I	Nutrition Through Life cycle Practical's
Elective -I (Principles of Epidemiology in Nutrition)	Supportive-II
SEMESTER - II	SEMESTER - IV
Clinical Nutrition and Dietetics -II	Nutraceuticals and Functional Foods
Clinical Biochemistry	Nutraceuticals and Functional Foods Practical's
Food Service Management	Project and Viva-voce
Clinical Nutrition and Dietetics Practical-II	Hospital Dietary Internship Training
Clinical Biochemistry Practical	
Elective -II (Food Microbiology)	
Supportive -I	

