CURRICULUM VITAE



1.	Name in full (in Block letters)	:	**Prof. Dr. P. NAZNI**
2.	Designation with official address	:	**Professor and Head** Former Syndicate Member Department of Clinical Nutrition and Dietetics Periyar University Periyar Palkali Nagar Salem-636011, Tamilnadu, India
3.	a) Date of Birth and Age	:	26-12-1977, 39 Years
	b) Sex	:	Female
4.	Place of Birth and Nativity	:	Salem
5.	Nationality/ Religion/ Community /Caste	:	Indian/ Islam/ BC (Minority)/Dekanni
6.	Residential permanent address	:	M-II/439,TNHB Vasantham Nagar Kottagoundampatty Salem -636 011, Tamil Nadu, India. **Mobile : +91 98848 17954**
	Personal Email id	:	**naznip@gmail.com**
	Official Email id	:	**puclinicalnutrition@gmail.com**

	Research interests Millets nutraceutical properties, Optimization technique in product formulation, Textural and Functional properties of foods, Nutritional status of population, clinical trials, diet surveys, nutrition and cognition, sports nutrition, geriatric and pediatric nutrition.		

7	**a) Educational Qualification (University Education)**					
S. No	**Degree / Diploma**	**Subject**	**Year From To**	**College/ Institution**	**University**	**Class / Rank**
1.	B.Sc.,	Nutrition Food Service Mngt & Dietetics	1994-1997	Vysya College, Salem	Madras University	I st Class with Distinction
2.	M.Sc.,	Foods & Nutrition	1997-1999	Vellalar College for Women, Erode	Bharathiar University	I st Class with Distinction
3.	M.Phil,	Foods & Nutrition	1999-2001	Mother Teresa Women's University, Kodaikanal	Mother Teresa Women's University	I st Class with Distinction
4.	Ph.D.,	Food Science & Nutrition	2003-2007	Avinashilingam University, Coimbatore	Avinashilingam University	Highly Commended
5.	D.C.A	Computer applications	2005	Six Sigma	-	I st Class
6.	PDF	Food Science & Nutrition	2008	C.M.S College, Kottayam, Kerala.	Mahatma Gandhi University	-
7.	PGDY	Yoga	2008-2009	Annamalai University	Annamalai University	I st Class with Distinction
	b) Departmental Tests and Technical Examinations Passed					
	UGC – NET – June 2001					

8.	**Experience regarding previous and present employment**					
Employer	**Post held**	**Period of Employment**				
		From	**To**	**Years**	**Months**	**Days**
Krithika Diabetic Research Centre, Salem-4	Dietitian	02.5.1999	30.7.2002	3	2	-
Maharaja College for Women, Perundurai	Lecturer	01.8.2002	27.9.2005	3	1	26
Periyar University (Dept. Food Science and Nutrition)	Assistant Professor	29.9.2005	22.12.2009	4	2	23
	Reader & Head i/c	23.12.2009	22.12.2012	3	-	-
	Associate Professor & Head i/c	23.12.2012	04.08.2013	-	7	12
	Associate Professor	05.08.2013	22.12.2015	2	4	17

	Professor	23.12.2015	13.07.2016	-	6	20
Periyar University (Dept. of Clinical Nutrition and Dietetics)	Professor and Head i/c	14.07.2016	18.12.16	-	5	4
	Professor and Head	19.12.2016	Till date	-	-	10
Total				**17**	**7**	**5**

9. Administrative Experience

Employer	Post held	From	To	Years	Months	Days
Periyar University	Deputy Warden, Women's Hostel	03.02.2009	21.08. 2013	4	6	18
Periyar University	Head In-charge -Dept of Food Science and Nutrition	23.12.2009	04.08. 2013	3	7	12
Periyar University	Syndicate Member	26.11.2014	12.09. 2016	1	9	11

10. Research Guidance

- Research guidance for Ph.D:- Completed - 8, Guiding - 9
- Research guidance for M.Phil Dissertation/ Project: Completed - 53
- Research guidance for M.Sc. Dissertation/ Project: - Completed -58

11. List of Ph.D candidates Guided and Awarded

S.No	Name of the Candidate	Title of the Thesis	Awarded Year
1.	J. Bhuvaneswari	Effect of optimized breakfast bar on nutritional and academic performance of the selected adolescents	2012
2.	Shemi George	Effective utilization of processing techniques on nutritional and pharmacological activities of pumpkin seeds	2013
3.	S.Parameshwari	Optimization and characterization of processed linseed enriched designer foods to deliver omega-3 fatty acid	2013
4.	R.Durgadevi	Development and quality evaluation of optimized food formulation based on processed amaranth grain for their suitability in diabetic diet	2014
5.	R.Dharmalingam	Application of chemometrics for quality evaluation and antioxidant activity of selected GLV flowers	2014
6.	A.Jaganathan	Assessment of nutritional, microbial and hygienic aspects of foods sold by small mobile food vendors in Salem district	2015
7.	J.Gracia	Physiochemical characteristics of processed barnyard millet bran and its utilization in therapeutic food formulations	2015
8.	R.Renuga	Nutritional evaluation and anti diabetic activity of the under exploited selected brown seaweed	2016

12 Contributions to Teaching/Research

a.	*List of invited Lectures in National & International conference/ symposium/Seminar:*
1.	Taken Seminar Classes for Distance Education (Mother Teresa Women's University) M.Phil Food & Nutrition Students Sengunthar Higher Secondary School for 1 Week in May 2005.
2.	**Special lecturer** is given on "Nutraceuticals – A challenge to Modern Civilization" at Vivekanandha College for Women on 13-02-2006 in Home Science Department.
3.	Delivered **Guest lecture as invited speaker** on "Nutraceuticals –Role in disease prevention and health promotion" in a **National conference** on 'Food Biotechnology', organized by Department of Biotechnology, between 28-29th September, 2006 at Karpagam arts and science college, Coimbatore.
4.	Acted as a **chair person in a Technical session** in a National conference on 'Food Biotechnology' , organized by Department of Biotechnology, between 28-29th September, 2006 at Karpagam arts and science college, Coimbatore
5.	Delivered **Guest lecturer as invited speaker** on "Processing and therapeutic use of *Stevia Rebaudina* in Type II diabetic subjects" in a **National Symposium** on 'Traditional Medicine, Human Health & Biotechnology' organized by PG-Research Biotechnology department between 15-16th December, 2006 at Mahandera arts and science college, Namakkal.
6.	**Chief guest and delivered special lecture** on "Diet and Diabetes" in a Better Diabetes Care workshop on 28th and 29th January,2007, organized by M.G. Diabetes research centre and BD-INDIA, at Salem.
7.	Delivered **Guest lecture as invited speaker** on "Nutrition for good health", organized by Indian Medical Association Salem ladies club meeting on 20th May, 2007 at Indian Medical Association, Salem.
8.	Delivered **Guest lecture as invited speaker** on "Basic nutrition and its role in health promotion" in a **Young student scientist programme**, sponsored by Tamilnadu State Council for Science and Technology, on 24th May, 2007 organized by Department of Biotechnology, at Muthayammal college of arts and science college, Rasipuram.
9.	**Delivered special lecture** on "Genetically modified foods-Helpful or Harmful" in a 7th National level biological congress on Biotechnology: Evolution and revolutions, 4th and 5th January, 2008, organized by Departments of Biological science, Muthayammal college of arts and science, Rasipuram.
10.	**Delivered special lecture** on "Diet Therapy: Obesity and Diabetes Mellitus" in a Conference on Essentials of Optimum Nutrients for a Healthy Life, 20th February, 2008, organized by Shanmuga college of nursing, Salem-07.
11.	**Acted as a chairpersons and delivered Special lecture** on **"**Genetically modified foods and Food Security" National symposium on Health Care Biotechnology and Environment, 22nd-24th February,2008, organized by Department of Biotech- Sciences, Mahendra Arts and Science college, Kalippatti, Namakkal.
12.	**Delivered special lecture** on "Need for healthy food and snacks to overcome obesity" on 26th November, 2008, organized by Shanmuga Hospitals, Salem-07.
13.	**Acted as a chairperson and Delivered special lecture** on "Importance Of Nutraceuticals In Health Management" in a 8th National level biological congress on Biotechnology: Glimpses of Future Prospects, 9th and 10th January, 2009, organized by Departments of Biological science, Muthayammal college of arts and science, Rasipuram.
14.	**Delivered special lecture** on "Obesity-The great Threat and Dietetic approach to Syndrome X" in a State level Seminar on Syndrome X-a Rising Epidemic on 16th January, 2009, organized by Departments of Clinical nutrition and Dietetics, Alphonsa College, Pala, Kerala.
15.	**Acted as a chairperson and delivered Special lecture** on **"Application of Nanotechnology in Food Industry**" 9th National level Biological congress on Biotechnology: Great Expectations & Achievements, 8th &9th , January, 2010, Organized by Centre for Biotechnology, Muthayammal

	College for Arts and Science, Rasipuram, Namakkal Dt.
16.	**Acted as a chairperson and delivered invited lecture** on **"Food Safety Issues and Management" in UGC sponsored** National seminar on Food Safety Management in Dairy and Agro based food product on 22nd and 23rd, January, 2010, Organized by Department of Agricultural and Animal Husbandry, Gandhigram Rural University, Gandhigram.
17.	**Delivered special lecture** on "Application of Nanotechnology in Bioscience" on 28th January, 2010, organized by Departments of Nutrition and Dietetics, Biochemistry and Bioinformatics, Vivekanandha college of Arts and science for women, Tiruchengode, Namakkal (Dt).
18.	**Delivered invited lecture** on **"Nanotechnology Application for Food Sector " in** National conference on Emerging trends and opportunities in food Processing Sector, 29th and 30th, January, 2010, Organized by IICPT, NIFTEM and M.O.P. Vaishnav college for women, Chennai.
19.	**Delivered invited lecture** on **"Controlling Life style Diseases"** in short time training on **Programme on Pre-Retirement Counseling** ,12th February, 2010, Organized by Nachiyappa Institute of Technology, Salem.
20.	**Delivered invited lecture and acted as a Resource person** on **"Nutrition In Chronic Liver Diseases"** in ISBN V Annual Symposium on Liver diseases held on 23rd February, 2010, Organized by Department of Nutrition And Dietetics, D.K.M. College for Women, Vellore.
21.	**Acted as a Resource person** in a 20 days Young **student scientist programme**, organized by Periyar university, Salem and Tamilnadu State Council for Science and Technology, Chennai from 3-05.2010 to 22-5.2010.
22.	**Delivered special address and lecture** in one day **"Scientific awareness programme for school students of Salem district" on 02.07.2010**, Organized by Vysya college, Salem-103
23.	**Acted as a chairperson in a session on "Chemistry of Human Behaviour**" in a 10th **International Nutrition and Diagnostic conference**, held in Institute of Molecular genetics of Academy of sciences, prague, Czech Republic organized by CZECH-IN s.r.o., Czech Republic
24.	**Delivered Special lecture** on the topic **Applications of Nanotechnology in Biosciences** on 14.09.10 organized by the Department of Biotechnology & Microbiology, Shri sakthikailassh Women's college, Ammapet, Salem
25.	**Delivered invited lecture** on **"Nutrition during pregnancy and Lactation"** in short time training on **Programme on Leadership and Organizational Development for Women Employees of Cooperatives, 21st** September, 2010, Organized by Nachiyappa Institute of Technology, Salem.
26.	**Delivered invited lecture** on **"Diet and Normal nutrients requirements for young children"** in short time training on **Programme on Leadership and Organizational Development for Women Employees of Cooperatives, 23rd** September, 2010, Organized by Nachiyappa Institute of Technology, Salem.
27.	**Delivered invited lecture** on **"Functional materials in Food Nanotechnology"** in National conference on Biotechnology, Bioinformatics and Bioengineering, **17-18th December**, 2010, Organized by Society for Applied Biotechnology, Tamilnadu.
28.	**Acted as a chairperson and delivered Special lecture** on **"Potential applications of Nanotechnology in Food** " 10th National level Biological congress on Promising Faces of Biotechnology, 7& 8th,January, 2011, Organized by Department of Biological Sciencies, Muthayammal College for Arts and Science, Rasipuram, Namakkal Dt.
29.	**Acted as a Inaugural chief Guest and delivered Key note address on "India 2011: Food Processing Opportunities and Challenges** " One day National seminar on Food Processing and Marketing, 1st ,February, 2011, Organized by Department of Nutrition and Dietetics, Vellelar College for Women, Erode-12
30.	**Acted as a Panel member** in a panel discussion on **Genetically Modified Foods,** in a National Conference on Processed Foods- A trend beyond boundaries, 11th &12th , February , 2011, Organised by M.O.P. Vaishnav college for women, Chennai-34

31.	**Delivered invited lecture** on **"Functional materials in Food Nanotechnology"** in National conference on Biotechnology, Bioinformatics and Bioengineering, **17-18th December**, 2010, Organized by Society for Applied Biotechnology, Tamilnadu.
32.	**Delivered invited lecture** on **Nano-Technological applications in Food Processing and packaging**, in a National Conference on New Horizons in Bioprocessing of Foods, 25-26th February ,2011, Organized by Department of Food engineering and Technilogy, S.L.I.E.T, Longowal, Punjab, India.
33.	**Delivered invited lecture** on **The Efficiency of dietary supplements for improving endurance performance among selected athletes**, in a National Conference on Emerging trends in physical sciences, 12th March ,2011,Organised by Department of Physical Education, Bharathidasan University, Tiruchirappalli, Tamilnadu, India.
34.	**Delivered invited lecture** on "**The Role of Nutrition in Stress Management" in an International Conference on Stress: Health, Society and Technology (ICONS-HST)**, 21-22nd April, 2011, Organized International Institute of Stress Management and Allied Sciences (IISMAAS), New Delhi, India.
35.	**Deliver Invited Talk on "Yoga and Health" in an International Symposium On Integrative Physiology, Medicine, Food & Technology: Building A Healthy Future,** 2-4, May, 2011, organized by Department of Medicine, **khon kaen University, THAILAND**
36.	**Deliver Invited lecture on Nanotechnology and Food science** in an **International conference on Impact of Physical sciences on Biology,** 7-9, July, 2011, organized by Post graduate and Research department of Botany, Queen Mary's college, Chennai, Tamilnadu, India
37.	**Deliver Invited lecture on Emerging trends and opportunities in Indian food processing sector,** in a National conference on Prognosis of Food processing sector in health promotion, **29th August**, 2011, organized by Department of Nutrition and Dietetics, Dr.N.G.P.Arts and science college, Coimbatore, Tamilnadu, India.
38.	**Deliver Invited lecture on** Functional foods and Nutraceuticals **,** in a **16th World Congress on Clinical Nutrition Sept 12-14,2011,** Organized by International Clinical Nutrition Society, In India Habitat Center, New Delhi
39.	**Acted as a Inaugural chief Guest and delivered invited lecture on "Food Security and Nutrition"** Two days National conference on Global trends in Food Security 2020-Scope for the present and Prospects for the future , 12-13th October, 2011, Organized by Department of Biotechnology, Karunya University, Coimbatore-114.
41.	**Deliver Invited lecture** entitled **Potential application of Nanotechnology in the development of Functional Foods,** in a International Symposium on Recent Trends in Processing and Safety of Specialty and Operational Foods,23-25**, November, 2011,** Organized by Defense Food Research Laboratory (DFRL), Mysore.
42.	**Deliver Invited lecture on Nutriball supplementation and its impact on affective health among senior citizens** in a International Conference on Stress: Paradigm Shifts in Technology and Allied Sciences (ICONS-PSTAS 2011), 27-28th December, 2011, Organized by International Institute of Stress Management and Allied Sciences (IISMAAS), at IIHMR, New Delhi, India
43.	**Deliver Invited lecture on Carbohydrate:** Molecular Mechanisms and Therapeutic Potentials, in a National Conference on Perspectives on Health Benefits of Therapeutic Molecules, 6th January, 2012 organized by Centre for Bioscience and Innovation & Center for Bio-Information Tumkur University, Tumkur.
44.	**Deliver Invited (lead) lecture on Food processing scenario in India** in a National Conference on Recent trends in Food processing and Health Scenario in India, 27th January, 2012 organized by Department of Nutrition and Dietetics, Muslim Arts college, Kanyakumari.
45.	**Delivered Special lecture on Introduction of Food Sciences** in a DST sponsored Inspire

	Internship Science Camp-2012, 9th February, 2012 organized by Jayam college of Engineering & Technology, Dharmapuri.
46.	**Delivered Invited lecture entitled Association of western diet and lifestyle with decreased fertility in populations with greater fertility** in a International Conference on Reproductive Health with Emphasis on Strategies for Family Planning, 19th -21st February, 2012, Organized by Division of Reproductive Health & Nutrition, ICMR, New Delhi, India.
47.	**Delivered Special lecture on Introduction of Food Sciences** in a DST sponsored Inspire Internship Science Camp-2012, 26th February, 2012 organized by Jayam college of Engineering & Technology, Dharmapuri.
48.	**Delivered Special lecture on Equal Opportunity to Women** in a World Women's Day, 8th, March, 2012 organized by Govt. Arts college, Dharmapuri.
49.	**Delivered Invited Lecture on Formulation of Therapeutic diets** in **an ICMR and DST sponsored** International Conference on Food and Nutrition Technology for Public Health Care, 4-5th May, 2012, Organized by IISMAAS, New Delhi, India.
50	**Delivered lecture in Processing of Cereals and Cereal Products** in one month summer training programme from 4-6th june,2012, organized by Center of Food Technology, University of Allahabad, Allahabad
50.	**Delivered invited lecture on "Challenges facing technology development for traditional products"** Two days National conference on Technology Development of Traditional foods , 3-4th September, Organized by Department of Food Processing and Engineering, Karunya University, Coimbatore-114.
51.	**Delivered Invited Lecture on Formulation of designer food supplements for therapeutic applications,** International Conference on Bioactive Natural Compounds from Plant Food in Nutrition and Health, 20-22, September 2012, Organized Department of Home Science, CMS college, kottayam, Kerala, Tamilnadu.
52.	**Delivered Invited Lecture on Quality Diabetic Care and Education** for the doctors in a Diabetic Retinopathy CME-Salem **on 16.12.12** organized by **Aravind Eye Hospital, Salem**
53.	**Delivered Special Lecture on Food Safety issues for Health Promotion** on 18.01.13 organized by the Department of Computer Science, Periyar University, Salem-606 011
54.	**Delivered Invited lecture on Global Malnutrition Crisis: Under nutrition Vs Over Nutrition, in 6th Middle East Pediatrics Conference,** 28 – 31 January 2013, organized by Arab Health Congress at the Dubai International Convention and Exhibition Centre, Dubai, UAE
55.	**Deliver Invited (lead) lecture on Planning a therapeutic diets** in a Seminar cum workshop on New Approaches for Planning a Therapeutic diet, 7-8 February, 2013 organized by Department of Nutrition and Dietetics, Muslim Arts college, Thiruvithancode
56.	**Deliver Invited (lead) lecture on** Bioactive compounds in Foods with preventive health benefits in National conference on Emerging avenues in Food Technology for Better Health and Safety,8-9 March,2013, organized by Department of Food Technology in association with AFST(i), Kollam chapter in TKM Institute of technology, Kollam, Kerala.
57.	**Deliver Invited (lead) lecture on Nutrition for elderly in** World congress of Gerontology & Geriatrics-2nd International conference on Healthy ageing I the changing world-2013, 30-.9.13 & 01.10.13, organized by Bio Genesis Health Cluster in association with Federation of Asian Biotech Associations and OMICS group in J.N Tata Auditorium, Indian Institute of Sciences, Bengaluru, India.
58.	**Deliver Invited (lead) lecture on Therapeutic benefits of Spices in the National conference on Advances in Spice and Plantation Crops Processing"**, 22nd & 23rd October, 2013, Organized by Department of Food Processing and Engineering, Karunya University, Coimbatore-114.
59.	**Deliver Invited (lead) lecture on** Nutraceutical aspects of marine nanofoods in National seminar on "**Therapeutics of Marine Bioactive Compounds**", 9th and 10th December 2013 organized by

	Department of Home Science, Gandhigram Rural Institute – Deemed University, Gandhigram, Dindigul District.
60	**Deliver Invited (lead) lecture on** Effect of sweet potato flour on the physical properties of fried extruded fish crackers International conference of Food technology: Impact on nutrition and Health, 23&24 December 2013 organized by IIFANS, New Delhi.
61.	**Deliver Invited (lead) lecture on** Functional Foods And Its Prospects- Relevance To Indian Scenario "National level Conference on Future prospects in Food Processing and quality assurance" on March 20th -21st March, 2014 organized by Department of Food Processing Engineering, SRM University, Chennai
62.	**Delivered Special lecture** on the topic **Women's Health** on 13.6.14 organized by the Women empowerment cell, Shri Sakthikailassh Women's college, Ammapet, Salem.
63.	**Delivered Special lecture** on the topic **Development of women and children in rural areas** on 27.6.14 organized by the Women empowerment cell, Kailash Women's college, Nangavalli, Salem-502.
64.	**Acted as a Inaugural chief Guest and delivered Key note address on Traditional Foods versus Modern Foods** in Two days UGC sponsored national seminar on Traditional Foods-A key to Comprehensive Health and Longevity , 7-8th August, 2014, Organized by Department of Home Science, Morning Star Home Science College, Angamalay, Ernakulam District, Kerala.
65.	**Delivered invited talk** on Applications of Nanotechnology in the Agro-Food Sector and Food products**" in the International conference on "**Modern Progress in Biotechnology (ICMPB-2014) on 9-10th October, 2014, organized by Department of Biotechnology, BIT Campus, Anna University, Tiruchirappalli 620 024, Tamilnadu
66.	**Delivered invited talk** on Updating Food technology in the **ICMR, DST and DBT sponsored "5th International Conference on Advances in Food Technology and Health Sciences" (ICFTHS-2014)** on 15-16th October, 2014, organized by International Institute of Food and Nutritional Sciences (IIFANS), New Delhi.
67.	**Delivered invited talk** on **Nutraceuitals and Its Potential Health Benefits** in a National Seminar on "Advancements in Packaging, Food and Social Impact" held on 3rd Nov. 2014, organized by Bhaskaracharaya College of Applied Sciences, Univ. of Delhi, New Delhi.
68.	**Deliver Invited** (lead) lecture on Nutritional disorders for older adults in World Congress of Gerontology and Geriatrics3rd International Conference on Healthy Ageing In The Changing World 2014 held on 17,18 &19, November 2014, organized by Bio Genesis Health Cluster in association with Federation of Asian Biotech Associations and OMICS group in J.N Tata Auditorium, Indian Institute of Sciences, Bengaluru, India.
69.	**Delivered** invited talk on "**Food Fortification: Moving from knowledge-to-action for Reducing Micronutrient Malnutrition" in the** International Conference on **Advances in home science studies" held on 20-21st February,2015 organized by** Department of Home Science, Sri Padmavati Mahila Visvavidyalayam (Women's University), Tirupati, A.P. India
70.	**Delivered Invited talk on "Food Technology"** on 22nd August, 2015 organized by Vysya college, Ayyothiyapatinam, Salem-103.
71.	**Delivered Invited talk on "Women's Health and Hygiene"** on 22nd September, 2015 organized by Kailash women's college for women, Nagavalli.
72	**Delivered** invited lecture on **DBT funded Faculty visit programme** on 12.01.2016, organized by the Department of Nutrition and Dietetics, Vellalar college for women, Erode
73.	**Delivered Invited talk on** "**Food safety and Hygiene**" on 4-5th February, 2016 organized PG and Research Department of Zoology, Periyar Government arts college, Cuddalore – 607001, Tamilnadu, India
74.	**Delivered invited talk on** "**Characterization of processed millets and its fractions on health**" on 11-13, February, 2016, organized by Promotion Science and Humanities Association, St.Peter's

	University and Indian spectro Physics Association, Avadi, Chennai
75.	**Delivered invited talk on "Scope of Nutrition"** on 27th February, 2016, organized by Department of Nutrition**,** Sri Vijay Vidayalaya College of arts and science, Nallampalli, Dharmapuri, Tamilnadu, India.
76.	**Delivered invited talk on "Nutritional impacts of vitamin D and Calcium on women's health"** in 5th International conference Vitamin D deficiency and Human Health held on 24-25th March, 2016 at Jumeriah Etihad Towers, Abu Dhabi, UAE.
77.	**Delivered** lecture on one day value added programme on **"Food security and Nutrition for culinary students (FSNC-2016)"** jointly organized by Culinary club and Department of Chemistry, School of advanced science held on 23rd April, 2016 at VIT University, Vellore.
78.	**Delivered lecture and acted as a Resource Person for the Citizenship Training camp** for B.Ed. students on 19.05.2016 at Sri Saradha college of Education (Autonomous) salem-636 016.
79.	**Delivered invited talk** on **"Recent trends in food nanotechnology"** in "ICMR and DST sponsored 7th International Conference on Growing Trends in Food Technology and Nutrition for Public Health Care (ICGIFP-2016)" held on 26-27th May, 2016 at JNU, New Delhi
80.	**Delivered invited talk on "Role of nutraceuticals in human health" "**International Conference on Food, Nutrition and Health (ICFNH-2016) held in Fortune Pandiyan Hotel, Madurai on 6th- 8th June, 2016.
81.	**Delivered invited talk on "Nutrition and Health " in a special lecture programme at** Sri Sakthikilassh Women's college, Salem on 16.06.2016
82.	**Delivered invited talk on "Nutrition and Health Benefits " in a special lecture programme at** Sri kailash Women's college, Thalaivasal on 15.07.2016.
83.	**Delivered invited talk on "Diet, Nutrition and Health Benefits" in a special lecture programme at AVS college of Arts and Science, Salem on 03.09.2016.**
84.	**Delivered invited talk** in Counting Medical Education (CME) programme on **"Role of traditional foods in the prevention of non-communicable diseases"** organized by Department of Community Medicine, Vinayaka Mission's Kirupanada Variyar Medical College and Hospitals, Salem-636 308 on 20.09.16
b.	***List of Public lectures***
1.	**Chief guest and delivered specia**l lecture on "Hygiene and sanitation to be followed in food preparations" in a N.S.S camp 22th September, 2006, organized by Government arts college for Women, Salem.
2.	**Chief guest and delivered special lecture** on "Diet and Diabetes" in a Better Diabetes Care workshop on 28th and 29th January,2007, organized by M.G. Diabetes research centre and BD-INDIA, at Salem.
3.	Delivered **Guest lecture as invited speaker** on "Nutrition for good health", organized by Indian Medical Association Salem ladies club meeting on 20th May, 2007 at Indian Medical Association, Salem.
4.	**Delivered special lecture** on "Diet and Diabetes" in a Diavision –A Diabetes awareness programme for the general public workshop on 18th and 19th August,2007, organized by Sushruta Diabetes care centre , at Salem.
5.	**Delivered special lecture** on "One day training programme for the Noon Meal workers, 5th August, 2008, organized by **District collector Officer**, Salem-1.
6.	**Delivered special lecture** on "One day training programme for the Noon Meal workers, 26th September, 2008, organized by **District collector Officer**, Namakkal.
7.	**Inaugurated diet Exhibition and Delivered special lecture** on "Dietary management on Diabetes" in Diabetes EXPO-2008-A Diabetes awareness programme for the general public on 15th and 16th November, 2008, organized by M.G. Diabetes research centre, at Salem.

8.	**Delivered Guest lecture** on 15th to 19th December, 2008 to the trainees, in Training of Trainers Programme, Organized by community Food and Nutrition Extension Unit, Govt. of India, Chennai at Food science Department, Periyar University, Salem-11.
9.	**Chief guest and delivered specia**l lecture on "Health is wealth" in a N.S.S camp on 18th December, 2008, organized by Vysya college, Salem-103.
10.	**Delivered special lecture** on "One day training programme for the Noon Meal workers, 22nd May, 2009, at Ayothiyapttinam, organized by **District collector Officer**, Salem.
11.	**Delivered special lecture** on "One day training programme for the Noon Meal workers, 23rd May, 2009, at Thalaivasal, organized by **District collector Officer**, Salem.
12.	**Delivered special lecture** on "One day training programme for the Noon Meal workers, 27th May, 2009, at Omalur, organized by **District collector Officer**, Salem.
13.	**Delivered special lecture** on "One day training programme for the Noon Meal workers, 28th May, 2009, at Nangavalli, organized by **District collector Officer**, Salem.
14.	**Delivered specia**l lecture on **"Nutrition for Healthy life"** in a N.S.S camp on 22nd March, 2010, in Mundakapadi Village, Yercaud, organized by Periyar University, Salem-11.
15.	**Delivered specia**l lecture on **"Food safety and quality control"** in a N.S.S day celebration on 24th September, 2010, organized by Programme Coordinator of N.S.S Unit II of Periyar University, Salem-11.
16.	**Delivered specia**l lecture on **"Basic Nutritional requirements and Food safety"** in a three days training programme for school teachers in Konganapuram High School on 27.01.11 organized by Education For All Unit, Konganapuram, Salem District.
17.	**Delivered specia**l lecture on **"Basic Nutritional requirements and Food safety"** in a three days training programme for school teachers in Konganapuram High School on 31.1.11 organized by Education For All Unit, Konganapuram, Salem District.
18.	**Delivered specia**l lecture on **"Basic Nutritional requirements and Food safety"** in a three days training programme for school teachers in Konganapuram High School on 3.02.11 organized by Education For All Unit, Konganapuram, Salem District.
19.	**Delivered specia**l lecture on **"Basic food groups and balanced diet"** in a Ramazan celebrating festival for school students in Senthil public school on 02.09.11 organized by Management authorities, Senthil Public School, Salem.
20.	**Delivered specia**l lecture on **"Awareness on Healthy Foods"** in a in a N.S.S camp on 22nd March, 2012, in Sangeethapatti Village, Salem district, organized by N.S.S Unit, Periyar University, Salem-11.
21.	**Delivered specia**l lecture on **"Healthy Food and Healthy Living"** in a Rotary club of Rasipuram on 16.4.14, organized by rotary club of Rasipuram, Rasipuram-08.
22.	**Delivered** lecture on **"Balanced Diet & How to Lead a Healthy Life"** in a Heritage club of Senthil Public School, Salem on 09.08.14 , organized by Senthil Public School, Salem.
23.	**Delivered** lecture on **"Role of farmers in Food processing industries**" in a Kallupatti Village, Rajakapatti Panchayath, Dindigul (District), Tamilnadu. (State) on 20.09.14
c.	***Seminars/Conferences/Workshops organized***
1.	**Co-Convener** of one day workshop on **"Quality assurance and marketing strategy of food products"**, 22nd August 2006, organized by Department of Food Science, Periyar University, Salem.
2.	**Organizer** for one week (2-8 December, 2006) training programme "Community nutrition programme", organized by Department of Food Science, Periyar University, Salem.
3.	**Co-Organizer** for one day (24-02-2007) awareness programme on "Diabetes and its prevention" organized by Department of Food Science, Periyar University, Salem.
4.	**Co-Organizer** for one day (06.10.2007) awareness programme on "Diabetes and its prevention"

	organized by Department of Food Science, Periyar University, Salem.
5.	**Organizer** for one week (21-27 December, 2007)"Community nutrition training programme", organized by Department of Food Science, Periyar University, Salem
6.	**Co-Convener** for two days National Seminar cum Food Tech Exhibition on "food processing and nutritional scenario in India", 11th & 12th march,2008, organized by Department of Food Science, Periyar University, Salem-11
7.	**Organizer of "DIET EXIBITION"** in Diabetes Expo-2008 organized by Department of Diabetology, Madras Medical College, Chennai-03 at D.S.K. Hospital Triupur on 30th November 2008.
8.	**Co-Convener** for One day National Seminar on "Nutritional challenges- Past, Present and future", 29th February ,2009, organized by Department of Food Science, Periyar University, Salem-11.
9.	**Organizer** for One day special lecture progamme on "Low Glycemic Index Foods – A science Based Diet",26th March, 2009, organized by Department of Food Science, Periyar University, Salem-11.
10.	**Co-Convener** for two days National Seminar on "Food processing and nutritional challenges and prospects in human health", 24th & 25th Feburary, 2010, organized by Department of Food Science, Periyar University, Salem-11.
11.	**Organizer** for one day seminar on Role of Periyar University in Social Welfare and Higher education, 15th July,2010 at Periyar University, Salem-11.
12.	**Organizer** for one day joint seminar on Governance in Higher education, 16th July, 2010 at Periyar University, Salem-11.
13.	**Organizer** for One day workshop on **"Planning Therapeutic Diets"** 6th October,2010 organized by Department of Food Science, Periyar University, Salem-11.
14.	**Co-Organizer** for One day special lecture progamme on "Nutrigenomics",25th October, 2010, organized by Department of Food Science, Periyar University, Salem-11.
15.	**Co-Organizer for One week Food Processing and Preservation training to Self Help Group** women in Salem District from 22-29th November, 2010, organized by Department of Food Science, Periyar University, Salem-11.
16.	**Convener & Organizing Secretary for ICMR, NABARD, NRDC, DST, DBT,TNSCST, TANSHE and DRDO sponsored three days** International Conference on Food and Nutraceuticals for Nutrition and Health: Technology and Delivery (ICFAN - 2011) from 20-22nd, January, 2011, organized by Department of Food Science, Periyar University, Salem-11, Tamilnadu, India
17.	**Co-Organizer** for One day special lecture progamme on "Processing Technologies, March, 2010, organized by Department of Food Science, Periyar University, Salem.
18.	**Co-Convener** for **International Conference on Stress: Health, Society and Technology (ICONS-HST)**, 21-22nd April, 2011, Organized by International Institute of Stress Management and Allied Sciences (IISMAAS), New Delhi, India.
19.	**Convener** for one day workshop on HACCP and Quality assessment, 20th August, 2011, organized by Department of Food Science, Periyar University, Salem-11
20.	**Convener** for one day National Symposium on Food and Nutrition Prospects in Human Health, 21st October, 2011**,** organized by Department of Food Science, Periyar University, Salem-11
21.	**Convener & Organizing Secretary for one day ICMR sponsored International symposium on Functional Foods and Health (ISFAH - 2011)** on 19th November, 2011, organized by Department of Food Science, Periyar University, Salem-11, Tamilnadu, India
22.	**Convener for International Conference on Stress: Paradigm Shifts in Technology and Allied Sciences** (ICONS-PSTAS 2011), 27-28th December, 2011, Organized by International Institute of Stress Management and Allied Sciences (IISMAAS), at IIHMR, New Delhi, India.
23.	**Convener** for UGC sponsored National level symposium on Recent trends in perishable food processing and its quality control techniques, 27th February, 2012, organized by Department of Food Science, Periyar University, Salem-11

24.	**Chairman for DST, DBT & ICMR sponsored National conference on Food technological Interventions for Health and Nutrition Security, 15-16th March, 2012,** organized by Department of Food Science, Periyar University, Salem-11.
25.	**Convener & Organizing Secretary for ICMR & DST sponsored International Conference on Food and Nutrition Technology for Public Health care, 4&5th May, 2012,** Organized by International Institute of Stress Management and Allied Sciences (IISMAAS), at Jawaharlal Nehru University, New Delhi, India.
26.	**Coordinator** for Food science in a three days 12th Tamil Science congress from 23-25th August, 2012 organized by Periyar University, salem-11, Tamilnadu.
27.	**Convener & Organizing Secretary for ICMR, DBT & DST sponsored International Conference on Food Technology for Health Promotion, 27-28th December, 2012,** Organized by International Institute of Food and Nutritional Sciences (IIFANS), at Jawaharlal Nehru University, New Delhi, India
28.	**Convener & Organizing Secretary for ICMR, DBT, UGC & DST sponsored National Conference on Food Processing Technology for Health Progression, 9-10th January, 2013,** Organized by organized by Department of Food Science& Nutrition, Periyar University, Salem-11, Tamilnadu, India
29.	**Convener** for one day special lecture programme on **Dietary interventions for stress management, 19th February, 2013** organized by organized by Department of Food Science& Nutrition, Periyar University, Salem-11, Tamilnadu, India
30.	**Chairperson for Inauguration of Nutrition and Health club and special lecture series on 27th February, 2013** organized by organized by Department of Food Science & Nutrition, Periyar University, Salem-11, Tamilnadu, India.
31.	**Convener for ICMR, DST and DBT sponsored "International Conference on Technological Advances in Super Foods for Health Care (ICTASH-2013), 3-4 May, 2013** organized by International Institute of Food and Nutritional Sciences (IIFANS) at Pudhucherry.
32.	**Convener & Organizing Secretary for ICMR, DST "*"International Conference on Food Technology: Impact on Nutrition and Health (ICFIN-2013)"*** on **23-24th December, 2013** at Jawaharlal Nehru University, New Delhi.
33.	**Convener & Organizing Secretary for ICMR, DST "*"International Conference on Updating Food Technology: Impact on Nutrition and Health (ICUFT-2013)"*** on **7-8th May, 2014** at Jawaharlal Nehru University, New Delhi.
34.	**Organizing member for the Visiting Faculty Expert's Scheme (Funded by Govt. of Tamil Nadu)** Short term course from 21.7.14 to 25.7.14 on Carbohydrates in Food organized by Department of Food Science & Nutrition, Periyar University, Salem-11, Tamilnadu, India.
35.	**Convener & Organizing Secretary for ICMR, DST and DBT sponsored "5th International Conference on Advances in Food Technology and Health Sciences" (ICFTHS-2014)" on 15-16th October, 2014** at Jawaharlal Nehru University, New Delhi.
36.	**Convener & Organizing Secretary for ICMR sponsored International Seminar on Qualitative and Quantitative Methods in Nutrition and Health Research (ISQM-2014)** on 24th December, 2014 organized by Department of Food Science & Nutrition, Periyar University, Salem-11, Tamilnadu, India
37.	**Convener for one day special lecture programme on "Applications of statistics on Clinical Nutrition and Dietetics"** on 20.01.2016 organized by Department of Food Science & Nutrition, Periyar University, Salem-11, Tamilnadu, India
38.	**Convener & Organizing Secretary for** ICMR and DST sponsored 7th International Conference on Growing Trends in Food Technology and Nutrition for Public Health Care (ICGIFP-2016) on 26-27th May, 2016 organized by International Institute of Food and Nutritional sciences, New Delhi

13.	Details of books/manuals/Popular articles published			
	Books			
S. No	**Title**	**Publisher**	**Year**	**ISBN**
1.	Multiple choice questions in Food and Nutrition Science	Meghana Publications, Hyderabad-500 039	2016	ISBN 978-93-80516-08-0
2.	Multiple choice questions in HOME SCIENCE	Astral International Pvt.Ltd New Delhi-110 002	2013	ISBN 978-93-5124-278-9
3.	Bio-Processing of foods (Chapter 20- Nanotechnological Applications in Food Processing and Packaging, Pp-282)	ASIATECH Publishers, New Delhi-92, India	2012	ISBN-81-87680-26-1
4.	Value added wine making Process using different fruits	LAMBERT Academic Publishing , Germany	2012	ISBN- 978-3-8443-9802-1
5.	Nutraceuticals Potential of Spices-Processing, Chemistry and Medicinal uses	LAMBERT Academic Publishing , Germany	2012	ISBN- 978-3-659-26246-3
6.	Developing Designer Foods of Beta Vulgaris	LAMBERT Academic Publishing , Germany	2012	ISBN- 978-3-659-28597-4
7.	Benefits of Yoga on Academic Achievement	LAMBERT Academic Publishing , Germany	2012	ISBN-978-3659379284
8.	Food Safety Management in Dairy and Agro based food products - Editor – Dr.M.Seethalaskhmi (chapter)	Excel India Publishers, New Delhi	2010	ISBN: 978-93-80043-91-3
	Manuals			
1.	Diet and Diabetic	A Manual released on World Food Day, in Periyar university.		
2.	Good food for the child	A manual in Tamil released by the Vice Chancellor of Periyar University in the Iyyamperumampatty village		
	Popular articles	**Published in a weekly News Paper "CITIZEN TALK" Reg.No:TN/WR/SLM (E) /23/2015-2017**		
1	Fruits For Summer			
2	Hydrate Yourself This Summer			
3	Healthy Tips For Staying Healthy During Summer			
4	Nourishing Your Brain			
5	Tips On Healthy Breakfast			

6	Health Benefits Of Tea
7	Ways To Boost Fibre In Your Diet
8	The Most Important Meal Of The Day
9	Heart - Healthy Diet Tips
10	Benefits Of Eating Healthy Snacks
11	Are We Getting Enough Calcium And Vitamin-D
12	Beating Stress Using Better Nutrition
13	How To Mitigate Stress Through Nutrition & Supplementation
14	Is Raw Milk Safe For Health?
15	Food Cravings A Sign Of Nutritional Deficiencies
16	Way To Boost Your Mood With Food
17	Weight Gain: Can We Blame It On The Environment
18	Food Waste - The Real Facts
19	Build A Better Body With Broccoli
20	Ways To Include Fruits And Vegetables In Your Diet
21	Ways To Include Fruits And Vegetables In Your Diet
22	Facts About Good And Bad Fats-1
23	Ways To Increase The Consumption Of Fruits And Vegetables
24	Foods Which Boost A Healthy Immune Response
25	The Role Of Calcium In Bone Health
26	The Role Of Vitamin-D In Bone Health

a. Research projects/Scheme

S. No	Title	Funding Agency	Value in (Rs)	Role	Period in Years
1.	In Vitro and In vivo Glycaemic Responses of various Medicinal plants among south Indian Type II Diabetic Population	RSSDI	4,70,000	Principle Investigator	Two years **(2009-2011) Completed**
2.	Breakfast and Yoga patterns and its impact on nutritional status, academic performanceand personality traits of South Indian adolescents (13-18 Years)	UGC	10,56,800	Principle Investigator	Three Years **(2009-2012) Completed**
3.	Nutri ball supplementation and its impact on Nutritional, Affective and Health among South Indian Senior Citizens	DST	7,92,500	Principle Investigator	Three Years **(2010-2013) Completed**
4.	Effect of a Green Vegetable (HIBISCUS Sabdariffi calyces) on Mildly Hypertensive Adults	ICMR	6, 26,320	Principle Investigator	One Year **(2012-13) Completed**
5.	Evaluation of Physiochemical, Nutritional Pasting and Textural Characteristics of processed millets based foods	DST-SERB	40, 15,000	Principle Investigator	Three years **(2014 -2017) On going**
6.	Nutritional Assessment and Nutrition Education to the Mothers of Autistic	ICMR	21, 19,830	Principle Investigator	Two years **(2014-2016)**

	Children				**On going**
7.	Technological and biochemical evaluation of barnyard millet bran for the production of high nutritive and low glycemic bakery products	UGC	13, 28,880	Principle Investigator	Three years **(2014-2017) On going**
8.	Formulation and quality evaluation of traditional food items based on complementary feeding mixes for infants	ICMR	12, 07,160	Principle Investigator	Two years **(2014-2016) On going**
9.	Efficacy of nutraceuticals on blood glucose and lipid profile on South Indian Type II Diabetic population (SUPS)	RSSDI	40,000	Principle Investigator	One year (2006-2007) **Completed**
10.	Formulation and effective demonstration of high nutrient density foods to adhidravidar mother to combat malnutrition	TNSCST	5,000	Co-Investigator / Guide	One Year (2006-2007) **Completed**
11.	Impact of casein and gluten free dietary intervention on selected autistic children	TNSCST	5,000	Co-Investigator / Guide	One Year (2006-2007) **Completed**
12.	Glycemic index of potato based preparations by different cooking methods in healthy and NIDDM subjects	Malcom Elizabeth and Adiseshiah Trust, Chennai	10,000	Co-Investigator / Guide	One Year (2007-2008) **Completed**
13.	Extraction and assessment of glycemic index of dietary and herbal based mucilage's on the selected type II diabetic subjects	TNSCST	5,000	Co-Investigator / Guide	One Year (2007-2008) **Completed**
14.	Nutritional assessment and impact of casein and gluten free dietary intervention on behavioral pattern of the selected autistic children	Malcom Elizabeth and Adiseshiah Trust, Chennai	14,750	Principle Investigator	One Year (2008-2009) **Completed**
15.	Supplementary effect of potato based amylase rich foods (ARF) on the cognitive development in children and impact of IEC on the nutritional knowledge and practice of adhidravidar mothers to combat malnutrition in rural homes of Salem district	Malcom Elizabeth and Adiseshiah Trust, Chennai	49,500	Principle Investigator	One Year (2008-2009) **Completed**
16.	Preparation, nutritional evaluation and consumer attitudes towards acceptability of enhanced duck meat products	TNSCST	5,000	Co-Investigator / Guide	One Year (2008-2009) **Completed**
17.	Effect of Yogic Exercise on Mental Health and Academic Achievement of School Children	TNSCST	6,000	Co-Investigator / Guide	One Year (2009-2010) **Completed**

18.	Anti diabetic and anti lipidemic effect of *Cardiosporum Halicacabum Linn* leaf extract on STZ-induced Type 2 diabetic model rats	TNSCST	6,000	Co-Investigator / Guide	One Year (2010-2011) **Completed**

b. List of Funds Received for the conduct of Conferences/ Seminars / Workshop /Awards

S.No	Funding Sources	Amount in rupees	Funding purpose
1.	DBT, New Delhi	1,00,000	To organize International conference on food and nutraceuticals for nutrition and health : technology delivery (ICFAN – 2011), 20 to 22, January, 2011
	DST, New Delhi	75,000	
	TNSCST, Tamilnadu	20,000	
	ICMR, New Delhi	1,00,000	
	NRDC, New Delhi	1,32,990	
	DRDO, New Delhi	40,000	
	TANSCHE, Tamilnadu	20, 000	
	NABARD, Tamilnadu(RO)	50,000	
9.	ICMR, New Delhi	1,50,000	To organize International Symposium on Functional Foods and Health (ISFAH, 2011), 19th November, 2011
10.	ICMR, New Delhi	40, 000	To organize National Conference on Food processing and Technology for Health Progression (NCFPTH-2013), 9-10 January, 2013
	DST, New Delhi	60, 000	
12.	ICMR, New Delhi	50,000	To organize International Seminar on Qualitative and Quantitative Methods in Nutrition and Health Research (ISQM-2014) *24th December, 2014*
13.	International Diabetes Federation, Belgium (Young Scientist- Travel grant)	1,00,000	To Present The Research Paper In The 19th World Diabetes Congress, International Diabetic Federation (IDF), **Cape Town, South Africa**
14.	Tamil Nadu State Council For Science And Technology (Young Scientist- Travel grant)	29,800	To Present Two Research Papers In The World Congress On Oils And Fats, **Sydney, Australia**
15.	International Diabetes Federation, Belgium (Young Scientist- Travel grant)	1,00,000	To Present The Research Paper In The 20th World Diabetes Congress, International Diabetic Federation (IDF) **Montreal, Canada**
16.	DST, New Delhi (Young Scientist- Travel grant Award)	65,000	To Present The Research Paper In The 10th International Nutrition And Diagnostics Conference (INDC-2010),
17.	ICMR, New Delhi (Young Scientist- Travel grant Award)	1,00,000	To Present the Research Papers in the 5th International Congress of Child and Adolescent Psychiatry, Tehran, Iran

15 Faculty Improvement Training undertaken

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1.	Interns Internship training in dietary department of K.G. Hospital, Coimbatore for one Month in 1997.
2.	Hotel internship training in Castle Hotel, Salem for one month in May 1997
3.	Practical training in Community Nutrition at Veppampalayam for one week in January 1998 organized by Foods and Nutrition Department of Vellalar College for women, Erode.
4.	Practical Training in Fruits and Vegetable Preservation and Nutrition (Govt. of India) at Maharaja College for women, Perundurai, for a period of one week from 17.1.2005 – 21.01.2005.
5.	Workshop on Application of SPSS in social sciences Research, at Department of commerce, Periyar university for a period of two days from July 27-28, 2007.
6.	Participated in 55th Orientation Course from 02.05.2008 to 29.05.2008 in U.G.C.Academic College, Barathidasan University, Thiruchirapalli.
7.	Workshop on Application of SPSS in Social Sciences in Research, at Department of Food Science, Periyar university for two days from July 6th and 7th , March,2009.
8.	National Workshop on Antidiabetic Medicinal Herbs: Screening and Assessment organized by Department of Biochemistry & Biotechnology for two days from 27th and 28th March, 2009.
9.	Participated in the TNSCST sponsored orientation programme on Research activities in science for college teachers for two days from 26-27th March, 2012, organized by Periyar University, Salem-11
10	Participated in the Short course on Sample size calculation on for two days from 2-3rd June, 2014, organized by Department of Biostatistics, Christian Medical College, Vellore, India.

16.	**Membership in Professional Bodies**
a)	Indian Dietetic Association **(IDA) (Life Member)**
b)	Indian Academy of Social Sciences **(Life Member)**
c)	Nutrition society of India **(NSI) (Life member-Reg.No 125/1966)**
d)	Food Security Community **(Life Member)**
e)	Research Society for the Study of Diabetes in India **(RSSDI) (Life Member)**
f)	Association of Food scientists and Technologists in India **(AFSTI) (Full Member)**
g)	Global Forum on Food security and Nutrition-Food and Agriculture organization of the United Nations **(Life Member)**
h)	Home Science Association of India **(Life Member No.11/N-18/LF)**

17. Other Countries Visited

S.No.	Name of the country	Purpose of visit	Period
1.	**Cape Town, South Africa**	To Present The Research Paper In The 19th World Diabetes Congress, International Diabetic Federation (IDF)	3-7, December, 2006
2.	**Sydney, Australia**	To Present Two Research Papers In The World Congress On Oils And Fats	27-30, September, 2009
3.	**Montreal, Canada**	To Present The Research Paper In The 20th World Diabetes Congress, International Diabetic Federation (IDF)	18-22, October, 2009
4.	**Prague, Czech Republic**	To Present The Research Paper In The 10th International Nutrition And Diagnostics Conferecne (INDC-2010)	4-7, September, 2010
5.	**Khon Kaen, Thailand**	To deliver Invited Talk On International Symposium On Integrative Physiology, Medicine, Food & Technology: Building A Healthy Future	2-4, May,2011
6.	**Tehran, Iran**	To Present the Research Papers in the 5th International Congress of Child and Adolescent Psychiatry	8-11, October, 2012
7.	**Dubai, UAE**	To deliver Invited Talk On 6th middle east pediatric conference	28-30, January,2013
8.	**Abhudhabi, UAE**	To deliver invited talk on 5th International conference Vitamin D deficiency and Human Health	24-25th March, 2016

18. Details of Patents

S.No	Title	Inventor(s)	Patent No. & Date	Publication
1.	Formulation of Casein and Gluten Free Cookies	Nazni Peerkhan and Shiny Ravi	201611020407	Under process
2.	Modified Foxtail Millet Based Cookies for Diabetes	Dr.P.Nazni	201641028124 Dt.18.08.16	Journal Issue No.: 37/2016 Publication Date: 02/09/2016
3.	Process and formulation of Finger millet cookies for Diabetes	Dr.P.Nazni	201641040153 Dt.24.11.16	Under process

19. Papers published in International and National Journals

Journals		
International	**National**	**Total**

61	26	87

Journals

Papers Published in International journals

S. No	Author/ Co-author	Title of the Paper	Name of the journal Vol.no, issue, year, page No,s with ISSN Publisher	Impact factor
1.	**Nazni P** and Karuna TD	Development and Quality Evaluation of Barnyard Millet Bran Incorporated Rusk and Muffin	International Journal of Food & Industrial Microbiology, Volume 2, Issue 2, 2016; 1-6; OMICS	-
2.	**Nazni P** and Shiny Ravi	Impact of nutrition education on Nutritional Knowledge, Attitude and Practices of Mothers of Autistic children	International Journal of Agricultural and Food Science 2016; 6(2): 61-65; Universal Research Publications	5.349
3.	**P.Nazni** and J.Bhuvaneswari	Functional, pasting and thermal characteristics of finger millet and little starch	International Journal of Food and Nutritional Sciences, Vol.5, Iss.3, July-Sep, 2016, pp-91-98; IIFANS	1.021
4.	**P.Nazni** and R.Shobana Devi	Sensory characteristics, total polypehol content and in-vitro antioxidant activity of value added processed barnyard millet incorporated chappati	International journal of Food processing and technology; Vol 7 Issue 6; pp -1-8, 2016; OMICS	-
5.	S. Parameshwari **P. Nazni**	Optimization of Roasted Linseed Powder (RLSP) Incorporated omapodi snacks using response surface methodology	International Journal of Home Science, Vol 2(1) 2016vol 2(1) page85-91, 2016; IJHS	-
6.	S. Parameshwari **P. Nazni**	Optimization of Roasted Linseed Powder (RLSP) Incorporated Chidwa Laddu Food using response surface methodology	International journal of Pharma and Bio Sciences, Vol.7 (3) pp512-524. 2016; IJHS	-
7.	**Nazni P** and Shiny Ravi	Assessment of Autism Severity Among Children Under 5-15 Years Using ISAA Scale	International Journal Of Food and Nutritional Sciences, vol.5, iss.2, April, 2016, pp-87-92; IIFANS	1.021
8.	**Nazni.P** and R.Shobanadevi	Effect of Processing on the Characteristics Changes in Barnyard and Foxtail Millet	J Food Process Technol 2016, 7:3, pp-1-8; ISSN: 2157-7110; OMICS	4.87
9.	**P.Nazni** and S.Deepa	Minerals and heavy metal present in the selected red seaweeds of south coast region of Tamilnadu	International Journal of Research in Biological Sciences 2015; 5(4): 45-49; Universal Research Publications	5.349

10.	**P.Nazni** and S.Deepa	Evaluation of proximate and pigment compositions of red seaweed present in south coastal regions of tamilnadu	International Journal of research in marine sciences 2015; 4(2): 38-41; Universal Research Publications	5.349
11.	S. Parameshwari **P. Nazni**	Physicochemical and Nutrient Analysis of Linseed (Linum Usitatissimum) Powder	International of Journal of Multidisciplinary Research and Development, Vol: 2 Issue: 10 Page.392-395. e-2349-4182 p-2349-5979	-
12.	S. Parameshwari **P. Nazni**	Effect of different consumer parameters on sensory attributes of the developed linseed (Linum Usitatissium) products	International Journal of Applied Research, Vol:1(11) Page 762-766, e-2394-5869 p-2394-7500	-
13.	S.Parameshwari and **P.Nazni**	Optimization of roasted linseed powder (RLSP) incorporated chappathi food using response surface methodology,	International Journal of Current Research; Vol. 7, Issue, 09, pp.20488-20492, September, 2015, ISSN: 0975-833X; Universal Research Publications	5.349
14.	S. Parameshwari **P. Nazni**	Analysis of Bioactive Compounds in Raw, Dried, Autoclaving, Boiling and Roasted *Linum usitatissimum* seed using Gas Chromatography and Mass Spectroscopy	Indian Journal of Applied Research (www.ijar.in), Vol : 5 Issue : 8 Page. 33 – 36, 2249 – 555 X	-
15.	S. Parameshwari, **P. Nazni**	Optimization of Roasted Linseed Powder (RLSP) Incorporated Dalia Porridge Food Using Response Surface Methodology	International Journal of Science and Research (IJSR), Volume 4 Issue 8, August 2015, 1772-1782 ISSN (Online): 2319-7064; Creative Commons Attribution	4.438
16.	**P.Nazni** and S.Gomathi	Optimization of fiber rich foxtail millet bran chappatis using response surface methodology	International journal of food and nutritional sciences ,Vol.4, Iss.3, pp-147-151, Apr-Jun, 2015, e-ISSN 2320 –7876; IIFANS	1.021
17.	**P.Nazni** and J.Bhuvaneswari	Analysis of physiochemical and functional characteristics of finger millet and little millet,	International journal of food and nutritional sciences, Vol.4, Iss.3, pp-109-114, Apr-Jun, 2015, e-ISSN 2320 –7876; IIFANS	1.021
18.	**P. Nazni** and Renuga	Minerals composition of the selected brown seaweed from Mandapam, Gulf of Mannar region, Tamilnadu	International Journal of Research in Marine Sciences 2015; 4(1): 1-5; Universal Research Publications	>1
19.	**P. Nazni** and Renuga	Nutrient Composition of the Selected Brown Seaweeds from Mandapam Coastal Regions; Southeast Coast of India	International Journal of Agricultural and Food Science 2015; 5(2): 38-42; Universal Research Publications	>1

20.	**Nazni.P.** and S.Parameshwari	Formulation of omega 3 enriched biscuits using response surface methodology	International Journal of Agricultural and Food Science 2014; 5(1): 13-20; Universal Research Publications	>1
21.	**Nazni.P** and Ravinder Singh	Meta analysis study of glycemic index of various food groups	International Journal of Food And Nutritional Sciences, Vol.3, Iss.4, Jul-Sep 2014, pp 179-184; IIFANS	1.021
22.	**Nazni. P** and Gracia.J	Application of Response Surface Methodology in the Development of Barnyard Millet Bran Incorporated Bread	International Journal of Innovative Research in Science, Engineering and Technology, Vol. 3, Issue 9, September 2014, PP-16041-16048	1.682
23.	**Nazni. P** and Gracia. J	Optimization of Fiber Rich Barnyard Millet Bran Cookies Using Response Surface methodology ***Citation Index -3***	International Journal of Agricultural and Food Science August, 2014; Vol.4, Issue (3): 100-105, ISSN 2249-8516; Universal Research Publications	>1
24.	**Nazni. P** and Jaganathan. A	Standardization and Proximate Analysis of Street Foods Sold In Salem District ***Citation Index -2**	International Journal of Agricultural and Food Science , August, 2014; Vol.4, Issue (3): 94-99 ISSN 2249-8516;Universal Research Publications	>1
25.	**Nazni. P** and Jaganathan. A	Study on Microbial Analysis of Street-Vended Food Samples Sold In Salem District	International Journal of Research in Biological Sciences, , August, 2014;Vol. 4 Issue (3): 75-78, ISSN 2249–9687; Universal Research Publications	>1
26.	**P. Nazni** and K. Komathi	Quality evaluation of the fruit pulp added yoghurt	International Journal of Nutrition and Agriculture Research, January – June, 1(1), 2014, 48 – 54; Up to date research publication	-
27.	**P.Nazni** and K.Gomathi	Nutritional, physiological and organoleptical characteristics of fruit pulp added yoghurt	International Journal Of Food And Nutritional Sciences, Vol 3 Iss 3, Apr-Jun, 2014, pp-158-162; IIFANS	1.021
28.	**P.Nazni** and R.Durgadevi	Formulation and quality evaluation of amaranth gain flour incorporated idli using response surface methodology	International Journal Of Food And Nutritional Sciences, Vol 3 Iss 3, Apr-Jun, 2014, pp -49-60; IIFANS	1.021
29.	**P.Nazni** and P.Vigneshwar	Study On Extraction And Organoleptic Evaluation of Okra And Hybiscus Mucilage Incorporated Products	International Journal of Food And Nutritional Sciences, Vol.3, Iss.1, (Jan-March) pp.99-103, e-ISSN 2320 –7876 (2014); IIFANS	1.021
30.	**Dr. P. Nazni** and R. Dharmaligam	Isolation And Separation of Phenolic Compound From Coriander Flowers ***Citation Index -5**	International Journal of Agricultural and Food Science, Vol.4, Iss.1, pp. 13-21, 2013 ISSN 2249-8516; Universal Research Publications	-

31.	R.Dharmalingam And **P.Nazni**	Phytochemical Evaluation of *Coriandrum* L Flowers ***Citation Index -6**	International Journal of Food And Nutritional Sciences, Vol.2, Iss.4, (Oct-Dec) pp.35-39, e-ISSN 2320 – 7876 (2013); IIFANS	1.021
32.	**P.Nazni** and J.Gracia	Optimization of oven-dried Moringa Olifera flower powder incorporated chappathi using response surface methodology	International Journal of Food And Nutritional Sciences, Vol.2, Iss.3, , (July-Sep) pp.66-73, e-ISSN 2320 – 7876 (2013); IIFANS	1.021
33.	**P.Nazni** and J.Bhuvaneswari	Effect of yogic practice on nutritional and academic performance of the selected adolescents	International Journal of Food And Nutritional Sciences, Vol.2, Iss.3, (July-Sep) pp.116-119, e-ISSN 2320 –7876 (2013); IIFANS	1.021
34.	**P.Nazni** and A.Mythili	Formulation And Optimization of Vitamin-C Rich Beverage Prepared From Ziziphus Jujube,	International Journal of Food And Nutritional Sciences, Vol.2, Iss.2,April-june pp.54-61, e-ISSN 2320 –7876 (2013); IIFANS	1.021
35.	**P.Nazni** and S.Vimala	Supplementary effect of roselle tea on hypertensive subjects	International Journal of Food And Nutritional Sciences, Volume 02, Issue 01, Jan-Mar 2013, pp.138-141, ISSN 2320 – 7876, (2013); IIFANS	1.021
36.	**P.Nazni** and S.Vimala	Formulation and Optimization of Herbal Tea	International Journal of Food And Nutritional Sciences, Volume 01, Issue 01, pp.178-182, ISSN 2319 – 1775 (2012); IIFANS	1.021
37.	Parameshwari.Sa nd **Nazni.P**	Application of Response Surface Methodology in the development of Omega 3 rich snack food	International Journal of Current Research, International Journal of Current Research Vol. 4, Issue, 11, pp.240-246, November, 2012, ISSN: 0975-833X; http://www.journalcra.com/	5.349
38.	Durgadevi R. and **Nazni P**	Optimization of Processed Amaranth Grain Flour Chapatti Using Response Surface Methodology	International Journal of Current Research, International Journal of Current Research Vol. 4, Issue, 11, pp.231-239, November, 2012, ISSN: 0975-833X http://www.journalcra.com/	5.349
39.	S.Parameshwari and **P. Nazni**	Fatty acid composition and hypolipidemic effect of Roasted Flaxseed Powder ***Citation Index -2**	International Journal of Pharma Medicine and Biological Sciences, Vol. 1, No. 2, October 2012, pp:150-158, ISSN 2278 – 5221 www.ijpmbs.com International Journal of Pharma Medicine and Biological Sciences, India	0.47
40.	R Durgadevi and **P Nazni**	Comparative study of processed Amaranth grains on glycemic indices in NIDDM subjects	International Journal of Pharma Medicine and Biological Sciences, Vol. 1, No. 2, October 2012, pp:194-205, ISSN 2278 – 5221 www.ijpmbs.com	0.47

			International Journal of Pharma Medicine and Biological Sciences, India	
41.	Shemi George and **P.Nazni**	Anti-depressive Activity of Processed Pumpkin (Cucurbita Maxima) Seeds on Rats	International Journal of Pharma Medicine and Biological Sciences, Vol. 1, No. 2, October 2012, pp:225-231, ISSN 2278 – 5221	0.47
42.	Shemi George and **Nazni, P**	Formulation and Optimization of Functional Bread by employing Response Surface Methodology	International Journal of Current Research Vol. 4, Issue, 06, pp.008-014, June, 2012, pp:8-14, ISSN: 0975-833X http://www.journalcra.com/	5.349
43.	**P.Nazni** and Shemi George	Optimization of autoclave pumpkin seed bread using response surface methodology	Food Science, Elixir Food Science 45 (2012) 7774-7780, April,2012, ISSN-2229-712X http://www.journalcra.com/	5.349
44.	**Nazni, P** and Anbu Malar, M	Air Drying Kinetics on the variety of Capsicum	International Journal of Recent Scientific Research, Vol. 3, Issue, 3, pp.141 -144, March, 2012, (ISSN: 0976-3031); International Journal of Recent Scientific Research, India	5.349
45.	**Dr.P.Nazni** and D. Karuna Thara,	Optimization of beetroot peel osmotic dehydration process using response Surface methodology ***Citation Index -5**	International Journal of Current Research Vol. 3, Issue, 8, pp.027-032, August, 2011, ISSN: 0975-833X; ANSInet.	5.349
46.	**P.Nazni**	Yoga and Holistic Health	Journal of Physiological and Biomedical Sciences, (The official Journal of the Physiological Society of Thailand), Vol, 24, (1), April-September, 2011, pp.59-62, ISSN-0857-5754; http://www.journalcra.com/	0.9
47.	Bhuvaneswari, J. and **Nazni, P.**	Impact of Breakfast Bar Supplementation on Nutritional And Academic Performance of Adolescence ***Citation Index -1**	International Journal of Development Research Vol. 1, Issue, 3, pp.018-021, June, 2011 ISSN: 2230-9926;Tehran University of Medical Sciences, Iran	1.0
48.	G. Velraj, R. Ramya and **P. Nazni**	Fourier Transform Infrared Spectroscopic Study on Glycoalkaloid Concentration in Varieties of Solanum tuberosum ***Citation Index -1**	Journal of Experimental Sciences 2011,Vol 2(2): 68-71, ISSN: 2218-1768; www.scholarjournals.org http://www.journalcra.com/	0.184
49.	**Nazni.P.** and Bhuvaneswari, J	Optimization of mixture flakes and nuts to formulate ready to eat breakfast bar using Response Surface Methodology ***Citation Index -1**	International Journal of Current Research, Vol. 33, Issue, 3, pp.029-038, March, 2011, ISSN: 0975-833X http://www.journalcra.com/	5.349
50	**Nazni, P,** and Garcia, J,	Optimization Of Sun-Dried Moringa Olifera Flower Powder	International Journal of Current Research, Vol. 9, pp.050-057,	5.349

		Incorporated Chappathi Using Response Surface Methodology	October, 2010. ISSN: 0975-833X http://www.journalcra.com/	
51.	**Nazni, P,** and Shalini, S	Physical and Nutritional evaluation of idli prepared from sorghum (sorghum bicolor l. moench) ***Citation Index -3**	Asian Journal of Science and Technology; Vol. 2, pp.044-048, June, 2010. ISSN: 0976-3376; ANSInet.	5.349
52.	**Nazni, P,** and Shalini, S	Standardization and Quality Evaluation of Idli Prepared From Pearl Millet (Pennisetum glaucum) ***Citation Index -8**	International Journal of Current Research Vol. 5, pp.084-087. ISSN: 0975-833X www.journalcra.com/	5.349
53.	**Peerkhan Nazni** and Srinivasan Vimala	Nutrition Knowledge, Attitude and Practice of College Sportsmen ***Citation Index -2**	Asian Journal of Sports Medicine, Vol 1 (No 2): 93-100.ISSN: 2008-000X (2010); Tehran University of Medical Sciences, Iran	0.9
54.	**Nazni, P** and Pradheepa,S	Physico-Chemical analysis and organoleptic evaluation of papads prepared from Jowar millet flour	International Journal of Current Research Vol. 3, pp. 033-037. ISSN: 0975-833X (2010) International Journal of Current Research, India	5.349
55.	Peerkhan Nazni, Subramanian Pradheepa and Abul Hasan	Effects of weaning biscuits on the nutritional profile and the cognitive development in preschool children ***Citation Index -5**	Italian Journal of Pediatrics, 36:18(2010), ISSN: 1824-7288 Bio Med Central, United Kingdom	0.79
56.	**Peerkhan Nazni,** Subramaniam Andal and Subramanian Pradeepa	Comparative Study on Supplementation of Potato Flour Biscuits on the Nutritional and Cognitive Profile of the Selected Children ***Citation Index -5**	Iranian Journal of Pediatrics, Sep 2009 Vol.19 (No.3):277-284 Tehran University of Medical Sciences, Iran	1.0
57.	**Peerkhan Nazni,** Edward Gnanaraj Wesely, Veerappan Nishadevi	Impact of Casein and Gluten Free Dietary Intervention on Selected Autistic Children ***Citation Index -6**	Iranian Journal of Pediatrics,Vol.18 (No.3):244-250 (2008) Tehran University of Medical Sciences, Iran	0.1
58.	T.Poongodi Vijayakumar, **P. Nazni,** and Jaganmohan	Nutritive Indices and PER study of Mushroom varieties using Wistar strain male Albino rats	Mushroom Research- an International Journal, 16(1):23-26. (2007); Solan :Mushroom Society of India	0.89
59.	T.Poongodi Vijayakumar, **P.Nazni** and T. Palvannan	Therapeutic effect of formulated dietary supplement RENAC on selected chronic renal failure subjects.	Asian Journal of Bio Science (An International Journal) Vol.2 (1&2), 39-46. (2007); Society of Applied Sciences	0.1
60.	**P. Nazni,** T. Poongodi Vijayakumar,	Hypoglycemic and Hypolipidemic effect of Cyanara Scolymus among selected Type	Pakistan Journal of Nutrition, 5 (2), 147-151. ISSN: 1680-5194 Pakistan Journal of Nutrition	0.5

	P.Alagianambi and M.Amirthaveni	2 diabetic individuals ***Citation Index -27**		
61.	**P. Nazni**	Nutritional Support to Trauma Patients,	International Journal of Trauma Anesthesia and Critical Care Study, Vol. 6, No. 3, 414-417; International Journal of Trauma Anesthesia and Critical Care Study	1

Papers Published in National journals

S. No	Author/ Co-author	Title of the Paper	Name of the journal Vol.no, issue, year, page No, Publisher	Impact factor
1.	S.Parameshwari and **P.Nazni**	Analysis of Bioactive Compounds Inraw (Dried), Autoclaving, Boiling and Roasted Linum Usitatissimumseed Using Gas Chromatography and Mass Spectroscopy	Indian Journal of Applied Research, Volume :5, Issue : 8, August 2015, pp-168-171; ISSN - 2249-555X;The Global Journals	3.624
2.	**P. Nazni**	Association of western diet & lifestyle with decreased fertility ***Citation Index -5**	Indian J Med Res 140 (Supplement), November 2014, pp 78-81; Indian council of Medical Research, New Delhi	1.446
3.	**P. Nazni** and J. Gracia	Enrichment of Chappathi with Shade Dried Moringa olifera Flower Powder using Response Surface Methodology (RSM)	Indian Journal of Research in Food Science and Nutrition, Vol 1(1), 32–39, January-June 2014, ISSN (Print) : 2349-8897;ISSN (Online) : 2350-1006	-
4.	**P.Nazni** and K.Ramya	Determination of Glycemic Index of potatoes using different Food Processing methods,	Journal of Food, Nutrition of Dietetics, Vol.9, (2), PP.49 – 56, TNENG:2003 /1400 (2011) Journal of Food, Nutrition of Dietetics	1.0
5.	**P.Nazni** and C.Sureshkumar	Formulation and Demonstration of High Nutrient Density Foods to Adhidravidar Mothers,	Journal of Studies on Home and Community Science, Vol.5, (1), PP.45-50, *ISSN 0973-7189, 2011* International Journal of Current Research, India	1.0
6.	**P.Nazni,** Ravinder Singh and M.Ramya	The Efficiency of dietary supplements for improving endurance performance among selected athletes	Proceedings of the National Conference on Emerging Trends in Physical Education and Sports Sciences, PP. 479-484, *ISBN .978-81-908078-6-9, 2011;* International Journal of Current Research, India	1.0
7.	**Dr. P.Nazni** and S.Pradeepa	Organoleptic evaluation of Biscuits prepared from Potato Flour	Beverage and Food World, Vol.37, (9):31-35, 2010; ANSInet.	1.0

8.	**Dr. P. Nazni** , A. Nawabjan and R. Gomathi	Processing and Value Addition of Developed Sapota Powder in Selected Sweet Based Recipes,	Journal of Food, Nutrition of Dietetics, Vol.6, (1), PP.47 – 19, TNENG:2003/1400, 2009 International Journal of Current Research, India	1.0
9.	**Nazni P.** and Suresh kumar, C.,	Assessment of nutritional knowledge, attitude and practices of weaning foods among the selected mothers in Salem district	Research Highlights, Vol.19 (1), 10-15, 2009	1.0
10.	**Dr. P.Nazni** , S. Vimala and C.Rathanavel	Quality characteristics of developed natural sports drinks using levulose,	Beverage and Food World, Vol.35, (12):15-18, ISSN:0970-6194, 2008 International Journal of Current Research, India	1.0
11.	T.Poongodi Vijayakumar, Dr.Jemima Beryl Mohankumar, A.Janaki and **P..Nazni**	Effect of various treatments on characteristics of kodo millet (*paspalum scrobiculatum*)	Journal of Food, Nutrition and Dietetics, Vol. 5 (1), 21-34, NENG:2003/1400, 2008;International Journal of Current Research, India	1.0
12.	T.Poongodi Vijayakumar and P.Nazni, P.Sathya Priya and Jemimaberyal mohan kumar	Food and nutrition security profile of Adidravidar women,	Indian Journal of Nutrition and Dietetics, Vol.44, 496, ISSN:0022-3174, 2007 International Journal of Current Research, India	1.0
13.	T.Poongodi Vijayakumar , **P.Nazni** and M. Vakkil	Identification and Development of Remediation Module for Dyscalculia in Primary School Children	Disabilities and impairments, Vol. 21 (2), 113-122, 2007'ANSInet.	1.0
14.	A. Jahitha Begum, Poongodi Vijayakumar and **P. Nazni**	Impact of Nutrients and Food habits on Attention Deficit Hyperactivity Disorder (ADHD) of children	Disabilities and impairments, Vol.21(1), 56-62, 2007; International Journal of Current Research, India	0.9
15.	A. Jahitha Begum, **P. Nazni** and T. Poongodi vijayakumar	The role of nutrients on enhancing the cognitive functions in brain	Recent researches in Education and Psychology, Vol.13, III-IV, 59-62, REG.No.69788 /96. 2007;Tehran University of Medical Sciences, Iran	1.0
16.	T.Poongodi Vijayakumar and **P.Nazni**	Glycemic index of curry leaves *(Murraya koenigii)* powder incorporated convenience foods	Beverage and Food World, Vol.34, (1):68-70, ISSN: 0970-6194. 2007 International Journal of Current Research, India	1.0
17.	T.Poongodi Vijayakumar and **P.Nazni** and V.K.Swathi	Nutritional and hormonal determinants of early menarche among pre adolescent girls	Indian Journal of Human Science, Vol.002, (1), 133-138 (2006); Indian Journal of Human Science	0.9

18.	**Nazni P**. and Poongodi Vijayakumar,T.,J.Bhuvaneswari	Product development and impact study of anemia related computerized visual aid among the post-adolescent girls	Indian Journal of Human Science, Vol.002, (1), 100-106 (2006); Indian Journal of Human Science	1.0
19.	T.Poongodi Vijayakumar and **P.Nazni**	Income based feeding and weaning practices and nutritional status of infants,	Journal of community guidance and research, Vol.23 (2):217-227, ISSN: 0970-1346. (2006); Journal of community guidance and research	1.0
20.	**Nazni P.,** Poongodi Vijayakumar, T and Angamuthu, K.	Effect of exercise on BMI and biochemical profile of selected obese diabetic women	Journal of exercise science and physiotherapy, Vol.2:66-70, ISSN: 0973-2020. (2006); Journal of exercise science and physiotherapy	0.9
21.	**Nazni P.** and Poongodi Vijayakumar,T.	Impact of supplementation of Papaya Powder on Serum Vitamin levels and Impact of Nutrition Education among the selected School Children	Research Highlights, Vol.16 (2), 75-78. (2006) Research Highlights	1.0
22.	**Nazni.P.,** Amirthaveni, M. and Poongodi Vijayakumar, T.	Impact of flaxseed based therapeutic food on selected Type II Diabetic patients ***Citation Index -5**	The Indian journal of Nutrition and Dietetics, Vol.43, No.4, pp.141-145, ISSN: 0022-3174.The Indian journal of Nutrition and Dietetics	1.0
23.	Poongodi VijayaKumar,T., **Nazni, P.,** Nirmaladevi,K., and Jemima Beryl Mohankumar	Prevalence of thyroid disorders and iodine status among adult women in thindal area of Erode district	The Indian journal of Nutrition and Dietetics, Vol.43, No.2, pp.116-124, ISSN: 0022-3174.The Indian journal of Nutrition and Dietetics	0.9
24.	T. Poongodi VijayaKumar, **P. Nazni** and K. Vidhya	Vitamin A, Ascorbic Acid and total Cholesterol level of Smokers and non smokers	Journal of Food, Nutrition of Dietetics, 2, No.3, PP.10 – 19, TNENG: 2003/1400.Journal of Food, Nutrition of Dietetics,	1.0
25.	**P.Nazni,** T.Poongodi Vijayakumar and M. Amirthaveni,	Hypoglycemic & Hypolipidemic effect of various doses of cinnamon powder in Diabetic individuals	Journal of Food, Nutrition of Dietetics, 2, No. 3, PP. 41 – 47, TNENG: 2003/1400. (2005), Journal of Food, Nutrition of Dietetics	1.0
26.	**Nazni, P.** and Manu Anna Mathews	Supplementation effect of banana powder in hypertensive patients	Journal of Food, Nutrition of Dietetics, 3, No.2, PP. 28 – 31, TNENG: 2003/1400. (2005); Journal of Food, Nutrition of Dietetics	0.89

20. Fellowships/ awards by any learned body

1.	Recipient of **Outstanding Scientist Award-2016,** sponsored by Venus International Foundation,Chennai-600088, India.
2.	Recipient of **Dr.APJ Abdul Kalam award for teaching/scientific excellence -2015**, sponsored by Marina labs, Chennai.
3.	Recipient of **Young Women Scientist Awards–2011**, Sponsored by Science City, Department of Higher Education, Government of India, Gandhimandapam road, Chennai-600 025

4.	Recipient of **Young Investigator Award, 2011**, sponsored by International college of Nutrition, Canada
5.	Recipient of **Fellow Award 2010**, Sponsored by Society for Applied Biotechnology, Krishnagiri, Tamilnadu, India 2010
6.	Recipient of **Young Scientist Fellowship Award (YSFA),** Sponsored by Tamilnadu State Council for Science and Technology (TNSCST), Chennai, Tamilnadu, India for 2007-2008.
7.	Received **Second prize for best oral presentation** in National seminar on Recent trends in Microbial Technology with reference to extremophiles held on 21 & 22nd October 2010.
8.	Chosen **as a candidate** for 10th Anniversary Edition of Who's who in Science and Engineering, (Biographical sketch) New Providence, NJ 07974 U.S.A. published in December 2007.
9.	Received **cash prize for best poster presentation** in National conference on Nutraceuticals and the future of medical science held on 22 & 23rd Feb 2007.
10.	Received **cash prize for best poster presentation** in State Level Seminar on Emerging trends in food processing and quality control held on 06.03.2007.
11.	Received **first prize for Best Exhibit presentation** in student projects seminar cum exhibition held in K.S.R College, Trichengode on August 24-25, 2007.
12.	Received **kellog's corn flakes award** in XXXIVth Annual National conference of Indian Dietetic Association for Best Poster presentation November 2001.

21. Seminars / Conferences / Workshops attended with Publications

a. International Seminars / Conferences / Workshops attended with Publications

S. No	Name of the seminar / Conference /Organizing agency/Duration/ Participation /Presentation- Title of the Paper & Type of Presentation
1.	Participated and presented paper on International workshop on life skills education for youth development, Department of Adult and continuing education, Madras University, Chennai on 16-18 Feb 2006 **Abstract published** 1. Nutritional and hormonal determinants of early menarche among preadolescent girls (Oral) 2. Development & impact study of anemia related computerized visual aid among the post-adolescent girls (Oral)
2.	Participated and presented paper on International Conference on Globalization of Traditional, Complementary and alternative systems of Medicine, Horticultural college and Research Institute, TNAU, Coimbatore on 16-18th March 2006. **Abstract published** 1. Therapeutic effect of Stevioside *(Stevia rebaudiana)* in type 2 Diabetes and hyperlipidemia (Poster) 2. Therapeutic use of Cynarin *(Cynara Scolymus)* in type 2 diabetics & Hypercholesterolemic subjects (Poster)
3.	Participated and presented paper on American diabetes association- 66th scientific sessions, Washington D.C, on June 9-13 2006 **Abstract published** 1. Evaluate the hypoglycemic and hypolipidimic effect of methyl hydroxychalcone polymers (cinnamon) and cuminaldehyde (cumin seeds) in south Indian type II Diabetic patients. (Poster)

4.	Participated and presented paper on 19 TH World Diabetes Congress (IDF),Cape Town, South Africa on 3-7th December, 2006 **Abstract published** 1. Hypoglycemic and hypolipidemic effect of Neutraceuticals (okara) among people with type II Diabetes (Poster) 2. Product development and hypoglycemic effect of (*laures nobilis)* bay leaves among type II diabetic patients (Poster)
5.	Participated and presented paper on International Symposium On Emerging and Novel Food Processing Technologies-2007, DFRL, Mysore on 19-20th December 2007 **Abstract published** 1. Processing physio-chemical attributes and value added products from Archas Sapota. (Poster)
6.	Participated and presented paper on International Conference On Food Technology (INFOTECH 2009), IICPT, Thanjavur on 28 & 29th August 2009 **Abstract published** 1. Formulation and physio-chemical analysis of corn silk powder incorporated idlis (Poster) 2. Development and physio- chemical analysis of value added millet based foods (Poster)
7.	Participated and presented paper on World Congress On Oils And Fats and 28th ISF Congress, Sydney Convention And Exhibition, Sydney, Australia on 27-30TH September 2009 **Abstract published** 1. Efficacy of nutraceuticals on blood glucose and lipid profile among south Indian type 2 diabetic population (Oral) 2. Effect of diet and exercise on anthropometric and biochemical profile of the selected obese diabetic women (Poster)
8.	Participated and presented paper on 20th World Diabetes Congress (IDF), Montreal Convention Centre, Canada on 18-22nd October 2009 **Abstract published** 1. Assessment of Glycaemic Index of Dietary and Herbal Based Mucilage's on The Selected Type 2 Diabetic Subjects (Poster)
9.	Participated and presented paper on 10th INDC – International Nutrition & Diagnostics Conference, Institute of Molecular Genetics of Academy of Sciences , Prague , Czech republic on 4-7th September, 2010 **Abstract published** 1. Efficacy of High Carbohydrate diets for improving Endurance Performance among selected athletes (Oral) 2. Standardization and Quality evaluation of value added Probiotic Yogurt (Oral) 3. Clinical trial to evaluate the impact of cereal based Oral Rehydration Solution on the infants with acute diarrhea (Poster)
10.	Participated and presented paper on International conference on Food technology-Edition-II, IICPT, Thanjavur on 30-31st October, 2010 **Abstract published** 1. Optimization of *Moringa Oleifera* flower powder incorporated chappathi using response surface methodology (Oral) 2. Optimization and Quality Evaluation of Value Added Horse Gram Based Papads (Poster) 3. Development of value added chapattis from corn-silk powder (Poster) 4. Formulation and quality evaluation of drumstick flower powder incorporated chappathi (Poster)
11.	Participated and presented paper on International Conference on Food and Nutraceuticals for Nutrition and Health: Technology and Delivery (ICFAN – 2011), Department of Food Science, Periyar University, Salem-11, Tamilnadu, India on 20-22nd ,January, 2011 **Abstract published** 1. Study on change in clinical aspects of fasting (Poster)

	2. Phytochemical evaluation of *cissus quadrangularis* for its incorporate effects (Poster) 3. Health benefits of *gracilaria* and its phytochemical Analysis (Poster) 4. Therapeutic effects of selected medicinal plants in alloxan induced diabetic rats (Poster) 5. Optimization of incorporated flakes and nuts to formulate ready to eat breakfast bar using Response surface methodology (Poster) 6. Physicochemical properties of pumpkin seed flour (Poster) 7. Quantitative analysis of glycoalkaloid Concentration in varieties of potato tuber using FT-IR spectroscopy (Poster) 8. Optimization of shade-dried *moringa olifera* Flower powder for chappathi using Response Surface Methodology (Poster) 9. Process optimization for formulation of *moringa olifera* incorporated kara sev (Poster) 10. Formulation and quality analysis of composite flour based foods to the senior citizens (Poster) 11.Proximate composition of raw and popped amaranth seed (Poster) 12. Effect of yoga on academic performance of the selected school children (Poster) 13. Role of yoga on intelligence quotient of mentally challenged children (Poster) 14. Formulation and quality analysis of composite flour based foods (Poster) 15. Value added wine from wood apple (Poster)
12.	Participated and presented paper on International Conference on Stress: Health, Society and Technology (ICONS-HST), International Institute of Stress Management and Allied Sciences (IISMAAS), New Delhi, India on 21-22nd April, 2011, **Abstract published** 1. The Role of Nutrition in Stress Management (Invited talk)
13.	Participated and presented paper on International Symposium On Integrative Physiology, Medicine, Food & Technology: Building A Healthy Future, Department of Medicine, Khon Kaen University, Thailand on 2-4, May, 2011 **Abstract published** 1. Yoga and Health (Invited talk)
14.	Participated and presented paper on International conference on Impact of Physical sciences on Biology, Post graduate and Research Department of Botany, Queen Mary's college, Chennai, Tamilnadu, India on 7-9, July, 2011 **Abstract published** 1. Nanotechnology and Food science (Invited talk)
15	Participated and presented paper on 16th World Congress on Clinical Nutrition, International Clinical Nutrition Society, In India Habitat Center, New Delhi on 12-14, September 2011 **Abstract published** 1. Functional foods and Nutraceuticals (Invited talk) 2. Therapeutic effect of Selected Nutraceuticals on Type II Diabetics (Invited talk)
16.	Participated and presented paper on International symposium on Functional foods and Health (ISFAH-2011), Department of Food Science, Periyar University, Salem-11, Tamilnadu, India on 19th November, 2011 **Abstract published** 1. Effect of Optimized Breakfast Bar On Nutritional And Academic Performance Of Adolescents (Poster) 2. Essential Fatty Acids as A Supplementary Feed From Brown Algae (Poster) 3. Essential Amino Acids as Food Constituent From Red Algae (Poster) 4. Application of Response Surface Methodology In The Optimization Of Dehydrated Drumstick Flower For The Preparation of Chappathi (Poster) 5. Optimization of Autoclave Pumpkin Seed Bread Using Response Surface Methodology (Poster) 6. Beneficial Effects of Vitamin P (Poster)

	7. Optimization of Raw Amaranth Seed Flour Chappathi Using Response Surface Methodology (Poster)
17.	Participated and presented paper on International Symposium on Recent Trends In Processing & Safety of Specialty and Operational Foods, Defence Food Research Laboratory (DFRL), Siddarthanagar, Mysore on 23-25 November, 2011 **Abstract published** 1. Potential Applications of Nanotechnology in Development of Functional Foods (Invited Talk)
18.	Participated and presented paper on International Conference on Stress: Paradigm Shifts in Technology and Allied Sciences (ICONS-PSTAS 2011), International Institute of Health Management Research (IIHMR), New Delhi on 27-28, December, 2011 **Abstract published** 1. Nutriball supplementation and its impact on affective health among senior citizens (Invited talk)
19.	Participated and presented paper on International Conference on Food and Nutrition Technology for Public Health care, International Institute of Stress Management and Allied Science (IISMAAS), 4-5th May, 2012 **Abstracts published** 1. Formulation and quality evaluation on value added probiotic yogurt (Poster) 2. Chemical characterization of porphyra SP (Poster) 3. Determination of Amylose and Amylopectin content in processed amaranths cruentus seed flour (Poster) 4. Optimization of oven dried moringa olifera flower incorporated chappathi using Response Surface Methodology (Poster) 5. Optimization of boiled pumpkin seed bread using Response Surface Methodology (Poster) 6. Hypoglycemic and hypolipidemic effect of selected medicinal plants in alloxan induced diabetic rats (Poster) 7. Basic nutritional parameters of *Sargassum Ilicifolium* (Poster)
20	Participated and presented paper on International Conference on Bioactive Natural Compounds from Plant Food in Nutrition and Health, Department of Home Science, CMS college, Kottayam, Kerala, Tamilnadu on 20-22, September 2012 **Abstract published** 1. Formulation of designer food supplements for therapeutic applications (Invited talk)
21.	Participated and presented paper on 5th International Congress of Child and Adolescent Psychiatry, Tehran University of Medical Sciences, Tehran, Iran on 8-11th October, 2012 **Abstract published** 1. Assessing Improvement in Nutritional and Psychological (Personality Trait) pattern after Breakfast Bar supplementation among the Adolescents (Oral) 2. Supplementary effect of weaning biscuits on the Nutritional and Cognitive profile in Preschool Children (Poster)
22.	Participated and presented paper on International Conference on Food Technology for Health Promotion (ICFTHP-2012), International Institute of Food And Nutritional Sciences (IIFANS) on 27-28 December, 2012 **Abstract published** 1. Optimization of roasted linseed powder incorporated habitual food using Response Surface Methodology (Poster) 2. Utilization of Amaranth grain to improve the nutritive quality of baked products (Poster) 3. Food Encapsulation (Poster) 4. Effect of Optimized breakfast bar on nutritional and academic performance of adolescents (Poster)
23.	Participated and presented paper on International Conference on Food Technology, Indian institute of

	Crop Processing Technology (IICPT) on 4-5, January, 2013 **Abstract published** 1. Nutritional composition of Edible seaweed *Porphyranecnamessis* (Poster) 2. Formulation and Phytochemical evaluation of optimized herb tea using Response Surface Methodology (Poster) 3. Optimization of cereal-pulse mix ladoo ingredients using Response Surface Methodology (Poster) 4. Optimization of *Allium-Cepa* flower fortified savoury snack using Response Surface Methodology (Poster)
24.	Participated and presented paper on 6th Middle East Pediatrics Conference, World Trade Centre Tower. Dubai, UAE on 28-30th January 2013 **Abstract published** 1. The global malnutrition crisis over nutrition vs under nutrition (Invited talk)
25.	Participated and presented paper on International Conference on Biological Inorganic Chemistry (ICBIC-2013), Department of Chemistry, Periyar University, Salem, Tamilnadu on 20-22nd February 2013 **Abstract published** 1. Food formulation and glycemic indices of processed amaranth grain for NIDDM subjects (Poster)
26.	Participated and presented paper on International Conference on Technological Advances in Super Foods for Health Care (ICTASH-2013), International Institute of Food and Nutritional Sciences (IIFANS), New Delhi on 3-4th May 2013 **Abstract published** 1. Optimization of *allium cepa* flower fortified habitual food using response surface methodology (Poster) 2. Optimization of flax seed fortified noval food using response surface methodology. (Poster) 3. Taro and its health benefits (Poster) 4. Impact of nutrition education among selected diabetic subject. (Poster)
27	Participated and presented paper on World congress of Gerontology & Geriatrics-2nd International conference on Healthy ageing I the changing world-2013, Bio Genesis Health Cluster in association with Federation of Asian Biotech Associations and OMICS group on 30-.9.13& 01.10.13 **Abstract published** 1. Nutrition for elderly (Lead paper)
28.	Participated and presented paper on International Conference on Food Technology: Impact on Nutrition and Health (ICFIN-2013), International Institute of Food and Nutritional Sciences (IIFANS), New Delhi on 23-34th December, 2013 **Abstract published** 1. Barnyard Millet - Poor Man's Cereal (Poster) 2. Formulation and optimization of vitamin-C rich beverage prepared from ziziphus jujube (Poster) 3. Isolation and separation of phenolic compound from coriander flowers. (Poster) 4. Effect of Sweet Potato Flour on The Physical Properties of Fried Extruded Fish Crackers (Invited talk)
29.	Participated and presented paper on International Conference on Updating Food Technology: A Challenge towards Public Health Nutrition (ICUFT-2014), International Institute of Food and Nutritional Sciences (IIFANS), New Delhi on 7-8th May, 2014. **Abstract published** 1. Food safety knowledge, and hygiene practices among the street food vendors in Namakkal city, Tamilnadu (Poster) 2. Anti-nutritional analysis of processed Barnyard millet bran (Poster) 3. Nutritional importance in autistic children (Poster)
30.	Participated and presented paper on International conference on "Modern Progress in Biotechnology

	(ICMPB-2014) organized by Department of Biotechnology, BIT Campus, Anna University, Tiruchirappalli 620 024, Tamilnadu on 9-10th October, 2014 **Abstract published** 1. Applications of Nanotechnology in the Agro-Food Sector and Food products (Invited talk)
31.	Participated and presented paper on ICMR, DST and DBT sponsored "5th International Conference on Advances in Food Technology and Health Sciences" (ICFTHS-2014), International Institute of Food and Nutritional Sciences (IIFANS), New Delhi on 15-16th October, 2014 **Abstract published** 1. Updated technology in food production (Invited talk) 2. Prevalence of autism among selected children (Oral) 3. Evaluation study on mid day meal programme in Baramulla District (Oral) 4. Studies on sensory evaluation of juice and jelly supplemented with hydrocolloids using response surface methodology (Poster) 5. The efficacy of tea polyphenol on selected women hyperlipidemic subjects (Poster)
32.	Participated and presented paper on International conference on Physiology and Medicine –ICPM-2014, Department of Zoology, Periyar University, Salem on 15-17th October, 2014 **Abstract published** 1. Comparative study of bran incorporated foods on glycemic indices (Poster)
32.	Participated and presented paper on 3rd International Conference on HEALTHY AGEING IN THE CHANGING WORLD 2014 World Congress of Gerontology and Geriatrics CME Accreditation by Karnataka Medical Council (KMC), J. N. Tata Auditorium, Indian Institute of Science, Bengaluru, India on 17,18,19 November, 2014 **Abstract published** 1. Nutritional Disorders in Older Adults (Invited talk)
33.	Participated on ICMR sponsored International Seminar on Qualitative and Quantitative Methods in Nutrition and Health Research (ISQM-2014), Department of Food Science and Nutrition, Periyar University, Salem on 24th December, 2014 **Participation**
34.	Participated on International Seminar on Emerging contaminants and environmental remediation (ECER-2015), Department of Environmental Science, School of life Science, Periyar University, Salem on 27th January, 2015 **Participation**
35.	Participated and presented paper on International Conference on Advances in Home Science Studies, Department of Home Science, Sri Padmavati Mahila Visvavidyalayam, Tirupati, Andhra Praseh, India on 20-21 February, 2015 **Abstract published** 1. Fortification: moving from knowledge-to-action for reducing micronutrient malnutrition (Invited talk)
36.	Participated and presented paper on 6th International Conference on Emerging Technologies in Food and Nutrition for Health Management (ICETF-2015), Jointly organized by International Institute of Food and Nutritional Sciences (IIFANS), New Delhi and Southern Regional Station (SRS), ICAR-NDRI, Adugodi, Bangalore on 14-15, May, 2015 **Abstract published** 1. Characterization of starches isolated from barnyard and foxtail millet (Oral)
37.	Participated and presented paper on Two days International conference on Recent Advances in applied Sciences (ICRAAS 2016), Science and Humanities Association, St.Peter's University and Indian spectro Physics Association, Avadi, chennai on 11-13, February, 2016 **Abstract published** 1. Characterization of processed millets and its fractions on health Promotion (Invited talk)
38.	Participated and presented paper on Two days 5th international conference on vitamin D deficiency

	and human health Jumeirah Etihad Towers, Abu Dhabi, UAE on March, 24-26, 2016 **Abstract published** 1. Nutritional impact of vitamin D and calcium on women's health (Invited talk)
39.	Participated and presented paper on ICMR and DST sponsored 7th International Conference on Growing Trends in Food Technology and Nutrition for Public Health Care (ICGIFP-2016), Jawaharlal Nehru University, New Delhi on 26-27th May, 2016 **Abstract published** 1. Recent trends in food nanotechnology (Invited talk) 2. Benefits of cereal based ors over glucose based ors (Poster) 3. Sensory characteristics, total polyphenol content and in vitro antioxidant activity of value added processed barnyard millet flour incorporated chapattis (Poster) 4. Development of pearl millet milk powder using spray drying technology (Oral) 5. The Relation between Demographic Features and Severity of Autism Among the Selected Districts (Poster)
40.	Participated and presented paper on International Conference on Food, Nutrition and Health (ICFNH-2016), Fortune Pandiyan Hotel, Madurai on 6th- 8th June, 2016 **Abstract published** 1. Role of nutraceuticals in human health (Invited Talk)

b. National Seminars / Conferences / Workshops attended with Publications

S. No	Name of the seminar / Conference /Organizing agency/Duration/ Participation /Presentation- Title of the Paper & Type of Presentation
1	Participated on National workshop on Diet and Diabetes, St. John's Medical College, Bangalore on 26th Feb 2000 **Participated**
2	Participated and presented paper on XXXIVth Annual National conference of the Indian Dietetic Association organized by Avinashilingam Deemed University, Coimbatore on 26th – 27th 2001 **Abstract published** 1. Research paper on Anemia (Poster)
3	Participated on Women Beckon Health with Soya-State Level Seminar organized by Department of Food Service Management and Dietetics, Avinashilingam Deemed University, Coimbatore on 13th March 2003 **Participated**
4.	Participated and presented paper on Science in Health Promotion – Recent Concepts – State Level Seminar, organized by Department of Biochemistry, Department of Foods & Nutrition, Vellalar College for Women, Erode on 9th Jan – 2004 **Abstract published** 1. Impact of Supplementation of Banana Powder on Blood pressure and serum Sodium levels on the hypertensive patients (Poster)
5	Participated on Food Security – A Global Challenge to Nutritional – State Level Seminar organized by Department of Nutrition and Dietetics, Vellalar College for Women, Erode on 5th Feb 2004 **Participated**
6	Participated On Management Of Diabetes Mellitus – State Level Seminar Organized By Department Of Food Service Management And Dietetics, Avinashilingam Deemed University, Coimbatore On 21st Sep 2004 **Participated**

7	Participated on National Seminar on Post production system and Strategies to the issues and challenges of Food Safety and Security supported by Ministry of Food Processing Industries, New Delhi, Post harvest Technology center and Department of Food and Agricultural Process Engineering Tamilnadu Agricultural University Coimbatore on 22nd & 23rd Sep 2005 **Participated**
8	Participated and presented paper on Indian Social Science Congress, Luknow, organized by Indian Academy of Social Sciences on 2005 **Abstract published** 1. Neutraceuticals – A challenge to Modern Civilization 2. Facing Challenges of fast food in Modern Civilization
9	Participated on Entrepreneurship Awareness, Department of Managements Studies, Periyar University on 21st & 22nd Oct 2005 **Participated**
10	Participated and presented paper on State level Seminar on Human rights and Civil Society, organized by Thiruvalluval Govt. Arts College, Rasipuram on 10th Dec 2005 **Abstract published** 1. Women and their Human rights (Oral)
11	Participated and presented paper on National Seminar on Impact of New Economic Policy on the Indian Economy, Department of Economics, Periyar University, Salem – 11 on 6 to 7th Feb 2006 **Abstract published** 1. Dynamics of New Economic policy on women and childcare support (Oral) 2. Impact of New Economic policy on growth of Food processing Industries (Oral)
12	Participated and presented paper on National seminar on Human perspectives of Biotechnology, organized by School of Biosciences, Mahendra Arts & Science College, Kalipatti – 01 Namakkal District on 11th & 12th Feb 2006 **Abstract published** 1. Processing and nutritional quality of Cynara Scolymus based biscuits and its storage quality (oral) 2. Valve addition to biscuits using Linum Usitatissimum and its storage stability (Oral) 3. Crude Mucilage from fenugreek seeds – A substitute for commercial stabilizer (Oral) 4. Post harvest process of Pisum Sativum (Green peas) and its nutritional quality (Oral)
13..	Participated and presented paper on National seminar on Recent trends in Biosciences, organized by Department of Microbiology, Biochemistry, Botany and zoology, Vivekananda College of Arts and Science for Women, Thiruchengode on 23-24th Feb 2006 **Abstract published** 1. Hypoglycemic effect of selected Nutraceuticals among type 2 Diabetic Individuals (Oral) 2. Nutritive Indices of Milky mushroom (*Calocybe Indica*) and its supplementary effect on pregnancy outcome (Oral)
14.	Participated and presented paper on National seminar on Integrated Global Business management – The Indian Experience, organized by Periyar Institute of Management Studies, Periyar University, Salem on 24-25th Feb 2006 **Abstract published** 1. Global Trends in Food Packaging and Package waste Management (Oral) 2. Trade Opportunities in growing Indian Processed food Market (Oral)
15.	Participated and presented paper on National seminar on women entrepreneurship, organized by Department of Commerce, Vivekananda College of Arts and Science for women, Thiruchengode on25th Feb 2006 **Abstract published** 1. Problems of women Entrepreneur (Oral)

16.	Participated and presented paper on UGC Sponsored National seminar in New Horizons in processing of value added Convenience food, organized by Department of Home Science, V.V. Vanniaperumal College for Women, Virudhunagar on 28th Feb 2006 **Abstract published** 1. Rice bran incorporated convenience food and its Glycemic Index (Poster) 2. Formulation and Glycemic index of high fiber convenience food using curry leaves powder (Poster)
17.	Participated and presented paper on National seminar on Recent trends in Nutritional sciences, organized by Department of Food science and Nutritional and Department of Adult, Continuing Education, Extension and Field outreach, Avinashilingam Deemed University, Coimbatore on 15-16th March 2006 **Abstract published** 1. The New Millennium's packaging materials a plastic raw material suppliers perspective (Poster) 2. Antioxidant rich food supplementation on lipid profile of selected subjects (Poster) 3. Impact of Nutrition Education on the Nutritional knowledge of selected diabetics in Erode (Poster) 4. Therapeutic effect of Green Tea polyphenols on selected cardiovascular subjects (Poster)
18.	Participated and presented paper on State Level Seminar on New thrust in Biosciences, organized by Vivekanandha College of Arts & Sciences for Women, Tiruchengode on 18th August 2006 **Abstract published** 1. Physico-chemical and functional properties of crude mucilage from mustard seeds (Oral) 2. Glycemic index of wheat bran incorporated convenience foods (Oral) 3. Identification of corn flour as a vehicle for iron and Vitamin C fortification (Oral)
19.	Participated and presented paper on National conference on Food biotechnology, organized by Karpagam arts and science college , Coimbatore on28-29 th September, 2006 **Abstract published** 1. Antidiabetic and antilipidimic effect of allium cepa among type 2 diabetic subjects (Oral) 2. Cynara Scotymus- A Functional Food In The Management Of Type II Diabetes. (Oral) 3. Processing and therapeutic effect of selected Nutraceutical among non-insulin dependent Diabetic subjects (Oral) 4. Effect Of PUFA, MUFA And Antioxidant Rich Food Supplementation on Blood Glucose and Blood Lipid Profile of Selected Type 2 Diabetic Patients (Oral)
20.	Participated and presented paper on National Symposium on Traditional medicine, human Health and biotechnology, organized by Mahendra arts and science college, Kalipatti on 15-16th December, 2006 **Abstract published** 1. Therapeutic effect of Cynarin (*Cynara Scolymus*) in type II diabetic subjects (Oral) 2. Processing and therapeutic use of stevia rebaudina in type II diabetic subjects (Oral)
21.	Participated and presented paper on National level 6th Biological Congress on Biotechnology: past, present and future, organized by Muthayammal College of Arts & Science, Namakkal on 5-6thJanuary, 2007 **Abstract published** 1. Effect of various treatments on chemical, functional and milling characteristics of barnyard millet grown in southern part of India.(Oral) 2. Processing and therapeutic effect of glycin max mer among non-insulin dependent diabetic subjects. (oral) 3. Value Addition and hypoglycemic effect of CYNARA SCOLYMUS based biscuits among type 2 diabetes (Oral) 4. Nutritional quality and therapeutic effect of *linum ustatissimum* based products among type 2 diabetic subjects.(Oral)

	5. Physico-chemical, functional and milling characteristics of raw and processed (*Paspalum Scrobiculatum*) kodo millet. (Poster)
22.	Participated and presented paper on National level seminar Health Sciences in current scenario, organized by Vellalar college for women , Erode on 10-11th January, 2007 **Abstract published** 1. Characterization and milling quality of raw and treated Echinochloa Colona (Barnyard Millet). (Oral) 2. Anti diabetic Effect of caminum cyminum in type 2 subjects.(Oral) 3. Nutritional and health factors influence on pregnancy outcome of selected pregnant women. (Poster) 4. Development and impact study of jackfruit seed supplementary food on the nutritional status of the school children. (Poster)
23.	Participated and presented paper on National conference on nutraceuticals and the future of medical science, organized by Kongunadu arts and science and college, Coimbatore on 22-23 th February 2007 **Abstract published** 1. Effect of nutraceutical (CARICA PAPAYA) supplementation on serum vitamin a and haemoglobin level among the rural school children. (Oral) 2. A study on *in vivo* hypolipidemic property of lycopene from tomato product.(Oral) 3. Prevalence of juvenile obesity among 10-12 year old children in schools at thindal area of erode district (Oral) 4. Nutritional assessment of selected female adolescent (13-18) agricultural labourers in Dharmapuri district. (Oral) 5. Risk assessment and sound and sustained nutrition education programme on natural prescriptions as a preventive measure of breast cancer among the selected obese females. (Poster) 6. Hypoglycemic and hypolipidemic effect of neutraceuticals (okara) in type-2 diabetic patients. **Poster (Best Poster cash Award**)
24.	Participated and presented paper on National Seminar on Emerging Trends in Biochemistry Health & Diseases (NSHD-2007), organized by Periyar university, salem-11 on 26 – 27th February 2007 **Abstract published** 1. The influence of age on antioxidant vitamins and lipid profile of selected male subjects.(Oral) 2. Assessment of cardiovascular risk among different oil consumer (Oral)
25.	Participated and presented paper on State level seminar on Emerging trends in food processing and quality control, organized by VVV. Vanniyaperumal college, Virudhu nagar on 6th March 2007 **Abstract published** 1. Processing and value addition of papaya powder in the selected sweet based recipes.(Oral) 2. Characterization of raw and treated kodomillet (PASPALUM SCROBICULATUM) (Oral) 3. Formulation and effective demonstration of high nutrient density food to Adhidravidar mothers to combat malnutrition. Poster **(**Best Poster cash Award) 4. Processing and evaluation of value added products from sapota powder (Poster) 5. Impact of casein and gluten free dietary intervention on selected Autistic children (Poster)
26.	Participated on Work shop on Sericulture sustainability and Entrepreneurship in Tamil Nadu, Periyar university on 29th March 2007 **Participated**
27.	Participated and presented paper on National level Seminar on Current technology Developments in Biosciences, organized by Vivekanandha College of Arts & Sciences for Women, Tiruchengode on 12-14th September 2007 **Abstract published** 1. Characterization and in-vivo glycemic load of millet flour blend incorporated noodles.(Oral)

	2. Processing and development of value added products from sapota powder. (Oral) 3. Development and organoleptic evaluation of low cost weaning foods to combat malnutrition. (Poster) 4. Extraction of mucilage from avena Sativa.L and its suitability of incorporation.(Poster)
28.	Participated and presented paper on 39th National Conference, Nutrition Society of India, organized by National Institute of Nutrition, Hyderabad on 15-17 November,2007 **Abstract published** 1. Value addition for minor millets and its glycemic load among normal and type 2 diabetic subjects. (Oral) 2. Assessing the link between nutritional status, mental health and academic performance of Adidravidar and Tribal adolescent girls.(Poster) 3. Formulation and organoleptic evaluation of Kodomillet based high nutrient density foods to combat malnutrition.(Poster) 4. Effect of food processing methods with temperature variations on the glycemic indices of potato based preparations in healthy and type 2 diabetic subjects.(Poster)
29.	Participated and presented paper on 35th Annual Conference of RSSDI, organized by Science City, Kolkata on 23-25 November 2007 **Abstract published** 1. Efficacy of Neutraceutical on blood glucose and lipid profile among south Indian type 2 diabetic population- The Salem Urban Population Study (SUPS) (Oral)
30.	Participated and presented paper on XL Annual National Convention of Indian Dietetic Association, organized by Mammen Mapilla Hall, Kottayam on 8-9th December 2007 **Abstract published** 1. Formulation and effective demonstration of high nutrient density foods to Adhidravidar mothers to combat malnutrition. (Ora)l
31.	Participated and presented paper on Proceedings UGC sponsored National Seminar on Home Science A Promising Future Ahead, organized by Fatima College, Madurai on 14-15th December 2007 **Abstract published** 1. Effect of Potato Podimas on the glycemic response of the selected healthy and diabetic subjects. (Oral) 2. Processing and evaluation of value added products from sapota powder (Poster) 3. Effect of casein and gluten free dietary intervention on Behavioural changes of selected autistic children.(Poster) 4. Development of weaning food from potato flour supplemented with legumes. (Poster) 5. Standardisation of idli prepared from finger millet (Elusions Corocanal) for rural and urban people. (Poster) 6. Preparation and acceptability of cereal based oral rehydration solution.(Poster) 7. Study on Medical aspects of Islamic fasting.(Poster) 8. Isolation of Okra mucilage and yield recovery under different extraction conditions. (Poster)
32.	Participated and presented paper on National conference on Facts & Myths of Obesity, organized by PSG College of Arts & Science , Coimbatore on 19-20th December 2007 **Abstract published** 1. Effect on exercise on BMI, body fat percentage and biochemical profile of the selected obese diabetic women.(Oral) 2. Effects of exercise with very-low-energy-diet (VLED) on weight loss in selected obese women. (Poster) 3. Coriandersativum – A dietary remedial measure for hyperlipidemic subjects.(Poster) 4. Glycemic indices of garnished potatoes in healthy and diabetic subjects.(Poster)
33.	Participated and presented paper on National seminar on Empowering Grain Processing Sector through Recent technological interventions, organized by Ministry of food processing industries Govt

	of India & PPRC Thanjavur on 25-26th January 2008 **Abstract published** 1. Technology of value added wine making from Robusta (Poster)
34.	Participated and presented paper on National Seminar on current concepts in Food processing Technology, organized by R.V.S College of Arts & Science, Coimbatore on 27th Feburary,2008 **Abstract published** 1. Processing, Physiochemical Attributes and Value Addition Using Archas Sapota (Poster) 2. Technology of Value Added Wine Making From Rasthali (Poster) 3. Processing and preparation of Low Cost Biscuits using Unmarketable Potatoes (Poster) 4. Development and Standardization of idli from Sorghum millet (Poster) 5. Processing and acceptability of oral rehydration solution using cereals and legumes (Poster) 6. Processing and development of low cost sorghum based Weaning food (Poster) 7. Isolation, Extraction and yield recovery of Hibiscus Mucilage under different Extraction Conditions (Poster)
35.	Participated and presented paper on National Seminar on Emerging Trends in Management, organized by PRIMS Department, Periyar University, Salem -11 on 28-29th Feb 2008 **Abstract published** 1. Assessment of Variability In Glycemic Indices of Potato Chips Using Duncan's Multiple Range Test. (Oral)
36.	Participated and presented paper on National Seminar on Food Processing and Nutritional Scenario in India, organized by Department of Food Science, Periyar University, Salem on 11-12th March, 2008 **Abstract published** 1. Assessment of glycemic indces of potato soup with temperature variations on healthy and diabetic subjects. (Oral)
37.	Participated and presented paper on National Seminar on Global Perspectives in Biological Sciences (GPBS-08), organized by Department of Biochemistry, Periyar University, Salem on 27th March, 2008 **Abstract published** 1. Assessment of glycemic indces of potato based recipes with temperature variations on selected subjects. (poster) 2. Effect of Ramadan fasting on medical parameters of selected healthy subjects. (Poster) 3. Impact of Aervalanata powder on selected calcium oxalate stone subjects. (Poster)
38.	Participated on One day Workshop on Recent Development in Nanomaterials Research, Department of Physics, Periyar University, Salem on 31st March, 2008 **Participated**
39.	Participated and presented paper on National Seminar on Boundless prospects in Grain processing and By-product utilization, organized by Ministry of Food Processing Industries Govt of India & IICPT Thanjavur on 30-31stJuly, 2008 **Abstract published** 1. Standardization and physio-chemical analysis of value added foods using millets. (Poster) 2. Formulation and physio-chemical analysis of kodomillet based idlies. (Poster)
40.	Participated and presented paper on UGC sponsored National Seminar on Animal Food Processing, organized by department of Food Processing and Quality Control on 7-8th August, 2008 **Abstract published** 1. Study and development and organoleptic evaluation of Whey Protein Concentrate based Sweet Pongal (Poster)

41.	Participated and presented paper on National Symposium of Algae in Agriculture and Food Industry, organized by PG and Research, Department of Plant Biology and Plant Biotechnology, Pachaiyappa's College, Chennai-30 on 20th – 21st September, 2008 **Abstract published** 1. Effect of Spirulina supplementation 2. on Anaemic women. (Poster) 3. Antidiabetic effect of spirulina in Type II diabetic subjects (Poster)
42.	Participated and presented paper on UGC sponsored National Seminar on Management of Diabetes-A global concern organized by Department of Home science, Sree Narayana college for women, Kollam, Kerala on 24h September, 2008 **Abstract published** 1. Effect of modified diet and Exercise on Nutritional and Biochemical profile of the selected diabetic Women.(Psoter) 2. Role of Nutraceuticals- A home to manage diabetes (Poster)
43.	Participated and presented paper on National seminar on Food Security through innovations in food processing and entrepreneurship development, organized by Ministry of Food Processing Industries Govt of India & IICPT Thanjavur & kelappaji college of agricultural Engg. & Technology, Kerala Agricultural university, Vellanikkara, Thrissur on 29th – 30th September, 2008 **Abstract published** 1. Development and quality evaluation of potato flour fortified Ragi based biscuits. (Poster) 2. Development and acceptability of cereal based oral rehydration solution (Poster) 3. Analysis of antioxidant content of the chillis used by Kerala population (Poster)
44.	Participated and presented paper on 8th National level biological congress on Biotechnology: Glimpses of Future Prospects, organized by Departments of Biological science, Muthayammal college of arts and science, Rasipuram on 9th and 10th January, 2009 **Abstract published** 1. Development and quality evaluation of potato flour fortified maize based biscuits (Best Poster-II place) 2. Development and quality evaluation of value added papads (Poster) 3. Development of value added chapattis from corn-silk powder (Poster) 4. Development of composite flour based foods to the elderly people (Poster)
45.	Participated and presented paper on National conference on Role of sports sciences and technology in enhancing sports performance, organized by Department of Physical education, Bharathidasan University, Tiruchirappalli on 21st March, 2009 **Abstract published** 1. Assessment of nutritional knowledge, attitude and practices among selected athletes (Oral)
46.	Participated and presented paper on National Seminar on Nutritional challenges-Past, present and future, organized by Department of Food Science, Periyar University, Salem on 27th March, 2009 **Abstract published** 1. Whey protein concentrate and its value addition in rava dosai (Poster) 2. Nutritional status of the pregnant mother belonging to various income levels residing in Karur district (Poster) 3. Effect of Dietary intervention on behavioral changes of selected autistic children. (Poster)
47.	Participated and presented paper on UGC Sponsored National conference on Yoga and Holistic Health, organized by Department of Physical education, Nabira Mahavidyalaya, Katol on 5th April, 2009 **Abstract published** 1. Effect of yoga traning on Intellengence Quotient of Mentally Challenged children. (Oral) 2. Effect of yoga traning on concentration of Mentally Challenged children. (Oral)
48.	Participated and presented paper on National conference on prospects and challenges in food

	processing, organized by Department of food Process Engineering, SRM University, Chennai on 15-16th April, 2009 **Abstract published** 1. Determination of glycemic index of potatoes using different food processing methods (Poster) 2. Determination of glycemic response of okra mucilage on type II diabetic subjects (Poster)
49.	Participated and presented paper on National seminar on A Road Map to Emerging Trends in Food Processing and Marketing, IICPT, Thanjavur and Pandit Jawaharlal Nehru college of Agriculture and Research Institute, Karaikal on 17th & 18th September 2009 **Abstract published** 1. Formulation and physio-chemical analysis of value added papads (Poster) 2. Formulation and yield recovery of okra mucilage under different extraction conditions (Poster)
50.	Participated on National seminar on Contemporary technicalities in Food Processing, organized by Dr.N.G.P.Arts and Science college, Coimbatore on 9th October, 2009 **Participated**
51.	Participated and presented paper on 37th Annual meeting of RSSDI, organized by Gujarat University, Ahemadabad on 5th -8th November, 2009 **Abstract published** 1. Hypoglycemic and Hypolipidemic efficacy of aqueous extracts of medicinal plants-Allium cepa and coccinia Indica (Oral)
52.	Participated and presented paper on 9th National level biological congress on Biotechnology: Great Expectations & Achievements, organized by Centre for Biotechnology, Muthayammal college of Arts and Science, Rasipuram on 8th and 9th January, 2010 **Abstract published** 1. Formulation and Physiochemical analysis of value added wine from Robusta (Poster) 2. Hypoglycemic effect of selected Functional Foods on the Animal Model (Poster)
53.	Participated and presented paper on UGC sponsored national seminar on Food safety issues and management, organized by Department of Agriculture and Animal Husbandry, Gandhigram Rural University, Gandhigram on 22nd & 23rd January, 2010 **Abstract published** 1. Nutrient composition and sensory evaluation of whey protein concentrate based Chapatthi & Idiyappam (Poster) 2. Formulation and organoleptic evaluation of whey protein concentrate based sweet pongal (Poster)
54.	Participated and presented paper on National conference on Emerging trends and opportunities in food processing sector, Organized by IICPT, Thanjavur, NIFTEM and M.O.P. Vaishnav college for women, Chennai on 29th&30th January, 2010 **Abstract published** 1. Formulation and physio-chemical analysis of kodomillet based dosa (Poster) 2. Formulation and physio-chemical analysis of sorghum based dosa (Poster) 3. Processing and preparation of Rice sevai using processed potato flour (Poster) 4. Processing and preparation of Rice sevai using processed cabbage flour (Poster) 5. Formulation and quality assessment of wine from rasthali (Poster) 6. Formulation and quality evaluation of composite flour based foods to the elderly (Poster) 7. Glycemic response of selected functional foods on the Animal model (Poster)
55.	Participated and presented paper on National Seminar on Food and nutritional challenges and prospects in Human Health organized by Department of Food Science, Periyar University, Salem on 24th &25th February, 2010 **Abstract published** 1. Development and quality evaluation of kodomillet based fermented food (Poster)

	2. Development and quality evaluation of sorghum based paniyaram (Poster) 3. Preparation and quality assessment of papads using cabbage flour. (Poster) 4. Formulation and quality assessment of wine from pomegranate (Poster) 5. Preparation of arisi vadam and sensory evaluation using processed potato flour (Poster) 6. Hypoglycemic efficacy of selected medicinal plants (Poster) 7. Glycemic response of dietary mucilage on Type II diabetic subjects (Poster) 8. Nutritional status of the expectant mothers belonging to the various income levels residing in paramathivelur, Namakkal District. (Poster)
56.	Participated and presented paper on National Seminar on New Frontiers in Biotechnology organized by Department of school of sciences, SPMVV University for women, Tirupathi on 27&28th March, 2010 **Abstract published** 1. Development and Quality analysis of value added wine from Pomegranate (Oral)
57.	Participated and presented paper on Seminar on Role of Periyar University in Social welfare and Higher Education, organized by Periyar University, Salem on 15th July, 2010 **Abstract published** 1. Indian Higher Education system in the field of Food Science and Human Nutrition (Oral)
58.	Participated and presented paper on National Symposium on Pediatric Nutrition and Health, Centre for Nutrition-counseling, Research and Extension Activities organized by Department of Home science, WCC, Chennai on 4th September,2010 **Abstract published** 1. Clinical trial to evaluate the Impact of cereal based oral rehydration solution on the evaluation of infants with acute Diarrhea (Poster)
59.	Participated and presented paper on National Seminar On "Recent Trends in Microbial Technology with Reference to Extremophiles" organized by Department of Microbiology, Periyar University, Salem – 636 011, Tamilnadu on 21&22, October, 2010 **Abstract published** 1. Formulation and Quality Evaluation of Sapota Pulp Added Probiotic Yogurt (Oral) 2. Changes in physiochemical properties of Wine from Pomegranate under various temperature conditions (Poster) 3. Influences on Physiochemical Properties of Watermelon Wine under various temperature conditions (Poster)
60.	Participated and presented paper on 38th Annual Meeting of Research Society for the Study of Diabetes in India (RSSDI) 2010 organized by Hotel Le Meridian, Kochi, Kerala, India on 18,19 & 20th November 2010 **Abstract published** 1. Antidiabetic and Antihyperlipidemic effect of two Indian medicinal plants in Alloxan Induced Diabetic rats. (Oral)
61.	Participated and presented paper on National conference on Biotechnology, Bioinformatics and Bioengineering organized by Society of Applied Biotechnology association with Cropgene Technologies on 17-18 December,2010 **Abstract published** 1. Optimizing the cereal breakfast bar by using Response Surface Methodology (Poster) 2. Utilization of watermelon wine under various temperature conditions (Poster) 3. Study on pumpkin seed powder incorporated biscuit (Poster) 4. Phytochemical evaluation of *Amaranthus caudatus* (amaranth seed) for its therapeutic effects (Poster) 5. Phytochemical evaluation of *Gracilaria* for its therapeutic effects (Poster) 6. Optimization of shade dried *Moringa Oleifera* flower powder incorporated chappati using Response Surface Methodology (Poster)

	7. Process optimization for formulation of chappathi using Response Surface Methodology (Poster)
62.	Participated and presented paper on National Seminar on Frontiers in organic synthesis and medicinal chemistry organized by Department of Chemistry, Periyar University, Salem-11, Tamilnadu, India on February, 17&18, 2011 **Abstract published** 1. Phytochemical and Pharmacological evaluation of cassia angustifolia (Poster)
63.	Participated and presented paper on National Conference on New Horizons in Bioprocessing of Foods organized by Department of Food engineering and Technilogy, S.L.I.E.T, Longowal, Punjab, India on 25-26th February, 2011 **Abstract published** 1. Nano-Technological applications in Food Processing and packaging (Invited talk)
64.	Participated and presented paper on National Conference on Emerging trends in physical sciences organized by Department of Physical Education, Bharathidasan University, Tiruchirappalli, Tamilnadu, India. 12th March, 2011 **Abstract published** 1. The Efficiency of dietary supplements for improving endurance performance among selected athletes (Invited talk)
65.	Participated and presented paper on National Conference on Prognosis of Food Processing sector in Health Promotion organized by Department of Nutrition & Dietetics, Dr.N.G.P Arts & Science college, Coimbatore, Tamilnadu on 29th August, 2011 **Abstract published** 1. Emerging trends and opportunities In Indian food processing sector (Invited talk) 2. Medicinal and health benefits of plantain stem blended squashes. (Poster) 3. Functional properties of raw and popped Amaranth (Poster) 4. Comparison of physical and chemical properties of raw dried and autoclave pumpkin seed powder (Poster) 5. Optimization of osmotic dehydration of beetroot peel in sugar solution (Poster) 6. Development and organoleptic evaluation of low cost cereals to combat malnutrition (Poster) 7. Importance of pulses and its uses (Poster) 8. Medicinal plants and its importance (Poster) 9. Medicinal herbs and its uses (Poster)
66.	Participated and presented paper on National conference on “Global Trends in Food Security 2020- Scope for the present and prospects for the future” – GTFS-2011 organized by Department of Biotechnology, School of Biotechnology and Health Sciences, Karunya University, Coimbatore-641 114, Tamil Nadu on 12th & 13th October, 2011 **Abstract published** 1. Food Security and Nutrition (Invited talk)
67.	Participated and presented paper on National Conference on Perspectives on Health Benefits of Therapeutic organized by Molecules Centre for Bioscience and Innovation, & Center for Bio-Information, Tumkur University, Tumkur on 6th January, 2012 **Abstract published** 1. Carbohydrate: Molecular Mechanisms and Therapeutic Potentials (Invited talk)
68.	Participated and presented paper on National conference on Advanced nanomaterials (ANM - 2012), Organized by Centre for nanoscience and nano technology, Periyar University, Salem on 6-7th February 2012 **Abstract published** 1. Nanomaterials and its application in food (Poster)

69.	Participated and presented paper on National seminar on Current status and future prospects of plant therapeutics and phytomedicine (PTPM-2012) organized by Department of Biochemistry, Periyar University, Salem on 13-14th February 2012 **Abstract published** 1. Effect of pumpkin seed extract on hypercholestrolemic rats (Poster) 2. Studies on functional foods from a macroalgae sargassum vulgare (Poster) 3. Screening of phytomedicinal and nutritional properties from padina tetrastomatica (Poster)
70.	Participated and presented paper on National Symposium on Recent trends in Perishable food processing and its quality control techniques organized by Department of Food Science, Periyar University, Salem on 27th February, 2012 **Abstract published** 1. Preparation, nutritional evaluation and consumer attitudes Towards acceptability of enhanced duck meat products (Poster) 2. Proximate composition of two different group of seaweeds from Mandapam coastal waters: southeast coast of India (Poster)
71.	Participated and presented paper on National Conference on Food Technology Interventions for Health and Nutrition Security – Nutrifood – 2012 organized by Department of Food Science, Periyar University, Salem on 15 – 16th March, 2012 **Abstract published** 1. Nutritional assessment of processed *amaranth cruentus* seed flour (Poster) 2. Optimization of germinated pumpkin seed bread by employing response surface methodology (Poster)
72.	Participated and presented paper on Two days workshop on Eternal and Parental Nutrition-An Elixir of Life organized by Kovai Medical Cnter and Hospital, Coimbatore on 19-20th , July, 2012 **Participated**
73.	Participated and presented paper on Tamil Science Congress - 12th National conference on natural resource, green technology and concervation organized by Periyar University, Periyar Palkalai Nagar, Periyar University, Salem, Tamilnadu on 23-25th August, 2012 **Abstract published** 1. Drumstick flower chappathi (Oral) 2. Phytochemicals in the pumpkin seed (Oral) 3. Tasty wine prepared from wood apple (Oral) 4. Health benefits of flavonoids in flowers (Oral) 5. Review nutrient content content of amaranth seed (Oral) 6. Preparation and evaluation of products developed by cereals and pulses (Oral) 7. Health and natural foods (oral)
74.	Participated and presented paper on Two days National conference on Technology Development of Traditional foods Organized by Department of Food Processing and Engineering, Karunya University, Coimbatore-114 on 3-4th September, 2012 **Abstract published** 1. Challenges facing technology development for traditional products (Invited talk)
75.	Participated and presented paper on National Symposium on Application of Nanotechnology in Human Welfare, Organized by Department of Biotechnology, Vinayaka missions university, Salem on 28-29, September, 2012 **Abstract published** 1. Analysis of amino acid profile in processed pumpkin seeds for its therapeutic application (Oral) 2. Determinations of starch structure in processed *Amaranthus Cruentus* seed by SEM (Poster)
76.	Participated and presented paper on National Conference on Food Processing and Technology for Health progression (NCFTHP) organized by Department of Food Science & Nutrition, Periyar

	University, Salem on 9-10, January , 2013 **Abstract published** 1. Functional properties of raw, roasted and popped amaranth grains flour (Poster) 2. Optimization of Roselle herbal drink tea and its acceptability (Poster) 3. Health benefits and encapsulation of cumin seed (Poster) 4. Chemical profile of the various processed linseed (Poster)
77.	Participated and presented paper on National conference on Implications and intervention of phytomedicine in disease management (IIPDM-2013) organized by Department of Biochemistry, Periyar University, Salem on 18-19th February 2013 **Abstract published** 1. Determinations of starch structure in raw and popped *Amaranths Cruentus* grain by SEM (Oral) 2. Optimization of Herbal (Roselle) Tea and its therapeutic benefits (Poster) 3. Effective utilization of processing techniques and its pharmacological activities of pumpkin seeds (Poster) 4. Applications of nanotechnology in the food industry (Poster) 5. Fatty acids compositions of processed linseed powder (Poster)
78.	Participated and presented paper on National conference on Emerging avenues in Food Technology for Better Health and Safety organized by Department of Food Technology in association with AFST(i), Kollam chapter in TKM Institute of technology, Kollam, on 8-9 March,2013 **Abstract published** 1. Bioactive compounds in Foods with preventive health benefits (Invited Talk)
79.	Participated and presented paper on National seminar on current trends in biology and bionanotechnology (CTBBN- 2013) organized by Department of Biotechnology and Department of Botony, Periyar University, Salem on 11th March 2013 **Abstract published** 1. Formulation and quality evaluation of papaya added probiotic yogurt (Poster)
80.	Participated and presented paper on National conference on Advances in Spice and Plantation Crops Processing" organized by Department of Food Processing and Engineering, Karunya University, CBE-114 on 22nd & 23 October, 2013 **Abstract published** 1. Therapeutic benefits of Spices (Invited Talk)
81	Participated on National Seminar on "**Trends in Protein Engineering**", Department of zoology, Periyar University, Salem on 21st November 2013 **Participation**
82.	Participated and presented paper on National seminar on "**Therapeutics of Marine Bioactive Compounds**", organized by Department of Home Science, Gandhigram Rural Institute – Deemed University, Gandhigram, Dindigul District on 9th and 10th December 2013 **Abstract published** 1. Nutraceuticals aspects of marine nanofoods (Lead paper)
83	Participated and presented paper on National level Conference on Future prospects in Food Processing and quality assurance" on organized by Department of Food Processing Engineering, SRM University, Chennai on 20th -21st March, 2014 **Abstract published** 1. Functional foods and its prospects- relevance to indian scenario (lead paper)
84	Participated and presented paper on UGC sponsored national seminar on Traditional Foods-A key to Comprehensive Health and Longevity organized by Department of Home Science, Morning Star Home Science College, Angamalay, Ernakulam District, Kerala on7-8th August, 2014 **Abstract published** 1. Traditional Foods versus Modern Foods (Invited talk ,Key note speaker)

85	Participated on National workshop on Green Initiatives in Energy and Environment (GIEE- 2014) organized by Dept of Environmental Science, Periyar University, Salem-11 on 11th September, 2014 **Participation**
86.	Participated and presented paper on National Seminar on "Advancements in Packaging, Food and Social Impact organized by Bhaskaracharaya College of Applied Sciences, Univ. of Delhi, New Delhi on 3rd Nov. 2014 **Abstract published** 1. Nutraceuticals and Its Potential Health Benefits (Invited talk)
87.	Participated and presented paper on 67th annual national conference of Indian psychiatric society organized by Hyderabad International convention centre, Hyderabad on 8-11, January, 2015 **Participated**
88.	Participated and presented paper on 48th Annual National Seminar on "Nutrition in transition-A global challenge – IDACON-2015 organized by IDA, Bangalore chapter on 19-21st Nov, 2015 **Abstract published** 1. Effect of processing on essential nutritional aspects of foxtail millet (Poster)
89.	Participated on One workshop on Dietary assessment and diet plan using Diet call organized by Department of Food Science and Nutrition, Periyar University, Salem -11 on 21st Nov, 2015 **Participation**
90.	Participated and presented paper on Two days UGC sponsored National conference on New Horizon of Nanotechnology in Bioscience -2016 (NHNBS-2016) organized by Department of Biochemistry, Periyar University, Salem -11 on 7 & 8th January, 2016 **Abstract published** 1. Antioxidant and antimicrobial activities of *coriandrum sativum* flowers (Poster)
91.	Participated and presented paper on Two days National conference on Public Health and Hygiene (NICPPH-2016) organized by PG & Research Department of Zoology, Periyar Government arts college, Cuddalore – 607001, Tamilnadu, India on 4-5the February, 2016 **Abstract published** 1. Food safety and Hygiene (invited talk) 2. Nutrition and dietetics polyphenols and inflammatory markers of CVD in obesity (Poster) 3. Amylase rich foods as our for diarrhoeal treatments (Poster) 4. Nutritional enhancement in sports drinks (Poster)
92.	Participated on Seminar on World wild life day organized by Internal Quality Assurance cell (IQAC), Periyar University, Salem, Tamilnadu on 3rd March, 2016 **Participated**
93.	Participated on Two days workshop on curriculam enhancement in higher education organized by Internal Quality Assurance cell (IQAC), Periyar University, Salem, Tamilnadu on 28-29 March, 2016 **Participated**

21. a. Other professional activities

a.	General
1.	Visiting Professor in Department of Medicine, Khon Kaen University, Thailand
2.	Deputy Chairman, Institutional Human Ethics Committee, GMKMC&H, Salem
3.	Participated in the Puratchi Thalaivar M.G.R. Noon meal scheme (Evaluation study) meeting as a Chairman in Salem District collector office on 16.2.2012.
4.	Nominated as President of International Institute of Food and Nutritional Sciences (IIFANS), New Delhi from 2012-2016 under Self-Actualization Society
5.	Appointed as Chief Superintendent to conduct the University Department Examination during

	May/June-2010.
6.	Nominated as Selection committee member for the Tamilnadu Scientific Innovation Award, In Science City, Chennai on 25.03.2013
7.	Appointed as Convener to conduct Academic Audit in Jamal Mohamad college, Trichy
8.	Member of an Internal Quality Assurance Cell (IQAC), Periyar University from 2013-2016
9.	Chairman and Member in Board of studies • Department of Clinical Nutrition and Dietetics, Periyar University (Chairman) • Department of Food Science and Nutrition, Periyar University (Member till 2016) • Department of Home science, Srivenkateshwara University, Thirupati (Member) • Department of Home science, University of Madras, Chennai (Member) • Department of Food Science and Nutrition, University of Mysore, Mysore (Member)
10.	Member to carry out UGC related funding works, Periyar University
11.	Member in committee to formulate policy decisions about anti-plagiarism for Ph.D students
12.	Convener and Member of various Inspection committees for affiliated colleges for fresh induction of both UG and PG courses and PRIDE study centers and UICP centers approval
13.	Member in Enquiry committee, Purchase committee, canteen Inspection committee, admission committee, budget allotment to CNRES, University nominee for JRF selection in department of microbiology , Zoology and Interview committee in Periyar University

b. In house Magazines / Newsletters / Journals

S.No	Position	Name
1.	**Managing Editor**	**International Journal of Food and Nutritional Sciences (ISSN 2319 – 1775)** Published by International Institute of Food & Nutritional Sciences, New Delhi-75
2.	**Member**	1. International Journal of Cereals and Oil seeds
		2. International Journal of Life Science and Pharma Reviews (IJLPR)
		3. Food Science and Technology Letters
		4. International Journal of Current research

c. External Examiner for Ph.D Public viva voce

S.No	Position	Name of the candidate	Title of the thesis	Venue	Date
1.	External examiner	P. Indumathi	Studies on impact of soya bean supplementation and nutrition education to selected dyslipidemic diabetes impaired glucose tolerance and glycemic index of soy foods	PSG college of Arts and Science, Coimbatore, India	07.12.2010
2.	External	S.Nithiyanantham	Biochemical Evaluation	Dept of	20.06.2014

	examiner		bio-functional prospecting, assessment of genetic variability and characterization of diverse *Jatropha curcas germplasm*	Environmental Studies, Bharathiyar University, Coimbatore	