

CURRICULUM VITAE

NAME : **K.N. JAYAKUMAR M.A., M.Phil. PGD PM & IR**

DESIGNATION : **Assistant Professor,**
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Gender : Male

Marital Status : Married

ACADEMIC QUALIFICATIONS:

Examinations And year	Subject	Division /Class	Percentage of Marks obtained	School / College attended	Name of the board / University
S.S.L.C. April, 1992	Maths, Science and Social science	FIRST	68.8%	Private Candidate	State Board, Tamil Nadu
H.S.C. March, 1995	Maths, Economics, Commerce and Accounts	FIRST	68.6%	Private Candidate	State Board, Tamil Nadu
BA April, 1998	Psychology	FIRST	68.9%	Government Arts College, Coimbatore. Tamil Nadu	Bharathiar University, Coimbatore, Tamil Nadu
M.A. May, 2000	Applied Psychology (Industrial / organizational Psychology)	FIRST	69.01%	P.S.G. College of Arts and Science, Coimbatore	Bharathiar University, Coimbatore, Tamil Nadu
P.G. Diploma May, 2000 (Distance Mode)	Personnel Management and Industrial Relations	SECOND	50.05%	Annamalai University, Directorate of Distance Education, Annamalai Nagar, Tamil Nadu	

PROFESSIONAL QUALIFICATION EXAMINATIONS

SLET May 2000	Psychology	Pass	Bharathidasan University, Trichy, Tamil Nadu
UGC - NET December, 2000.	Psychology	Pass	University Grants Commission, New Delhi
M.Phil April 2004	Psychology	Pass	P.S.G. College of Arts and Science, Coimbatore Bharathiar University, Coimbatore, Tamil Nadu
Ph. D	Organizational Psychology	Area of research: OCB and SRB among employees	Thesis Submitted to Periyar University, Salem.

TEACHING EXPERIENCE AT UNIVERSITIES AND RECOGNIZED COLLEGES OF HIGHER EDUCATION.

Name of Institution	University	Designation	Classes taught /teaching	Period	Tenure
Department of Psychology	Periyar University, Salem, TN	Assistant Professor	PG and Research Scholars	05 / 02 / 2010	From 5 Feb'10 till date
Department of Psychology, Christ University, Bangalore	Christ University, Bangalore	Lecturer	PG and UG	23/07 /2004 To 03/02/2010	7 academic years
MBA twinning Programme Pondicherry University – Christ university		Resource person	MBA and MHRM		
Department of Psychology, P.S.G. College of Arts and Science, Coimbatore	Bharathiar University, Coimbatore, Tamil Nadu	Lecturer	PG and UG	24/06/2002 to 08/07/ 2004	2 academic years
Department of Psychology, Bharathiar University, Coimbatore, Tamil Nadu		Lecturer	PG	05/08/2001 to 31/05/ 2002	One Academic year

M.Phil Research Guided:

2009-10	Organizational Role Stress in BPO and Validation of ORS Scale	Christ University, Bangalore
2010-11	Organizational Citizenship Behaviour of University Teachers in relation to their Personal Effectiveness and Self Regulated Behaviour	Periyar University, Salem
2011-12	Social Networking and Subjective well-being across adulthood	Periyar University, Salem
2012-13	Brain Dominance, Test Anxiety, Self regulated Learning Strategies of Secondary and Higher Secondary Students	Periyar University, Salem
2012-13	An attempt to understand Learning Disability: Screening and Diagnosis	Periyar University, Salem
2013-14	Using Qualitative Action Research to Effect Change: Implications on Students' Enrolment.	Periyar University, Salem

EDITORIAL BOARD:

Co-Editor	In the inaugural edition of the Periyar University Journal of Psychology – An International Journal. January, 2013 ISSN: 2319-9601
Faculty Editor	Perspective: A Psychology Magazine from the Department of Psychology, Christ University, Bangalore. Vol.3, Issue No.1, 2008.

PUBLICATIONS:

Sl.No.	Title, year and Journal name
1	Jayakumar, K.N. , Velayudhan, A. and Selvaraj, K. (2010). Childhood ADHD: A retrospective vulnerability to later substance. Indian Journal of Health and Wellbeing , 1(1-2), 70-74.
2	Jayakumar, K.N. and Kadhiraavan, S.(2011). Impact of global economic crisis: IT organizations retain and walk with good soldiers. Indian Journal of Positive Psychology , 2(1), 125-127.
3	Jayakumar, K.N. (2011) Experiences of adult children of alcoholics in love relationship: Are they re-living the past?. Indian Journal of Health and Wellbeing ,2(2),322-325.
4	Jayakumar, K.N. and Kadhiraavan, S.(2011). Organizational citizenship and self-regulated behaviour among software executives in the context of job-insecurity. International Journal of Education and Management Studies . 1(1), 92-96.
5	Jayakumar, K.N. and Deepa Francis, M. (2011). Understanding Citizenship behaviour among Small Town School teachers in a Globalized Education Scenario. A Research Book on Global Business Environment and its impact on Management Education . Himalaya Publishing House, Mumbai.
6	Visalakshi Sridhar and Jayakumar, K. N (2011). Organizational Role Stress: Impact on gender and marital status. Global Journal of Business Management . 5(2), 1-7.
7	Jayakumar, K. N. , Velayudhan, A. and Selvaraj, K (2012). History of Childhood Attention Deficit Hyperactivity Disorder: Constraint in the Treatment of Substance Abuse. Journal of Indian Health Psychology , Vol. 6, No. 2, March 2012.
8	Jayakumar, K. N (2012). <i>From the Organizational Perspective: Employees and Soldiers. Proceedings of the 12th Tamil Science Congress held at Periyar University, Salem. ISBN 13-978-81-910508-5-1, August 2012.</i>
9	Jayakumar, K.N. and Kadhiraavan, S. (2013). Measuring the Citizenship Behaviour of IT Professionals in India: Development of a Scale. International Journal of Education and Management Studies , Vol.3, No.4, December 2013.
10	Jayakumar, K. N. (2014). Relationship patterns among girls of alcoholic and non-alcoholic parents. ICSSR Seminar Conference Proceedings. Women Education and Women empowerment. ISBN: 978-93-313-2343-9
11	Jayakumar, K. N. (2014). Correlates of rumination and role stress among call centre employees. Conference Proceedings. Emerging Management Trends and Strategies. ISBN:978-93-80686-16-5

FACULTY DEVELOPMENT PROGRAMME / REFRESHER COURSES ATTENDED

Year	Details	Place
Dec 03-23, 2014	UGC sponsored 21 days Refresher Course at Academic Staff College, Hyderabad Central University, Hyderabad	Hyderabad Central University, Hyderabad
May – June 2010	UGC sponsored 28 days Orientation Course at Academic Staff College- Bharathiar University, Coimbatore	Academic Staff College, Bharathiar University, Coimbatore
Dec	UGC sponsored , 20 Days Residential Orientation course on An Integrated Approach to Knowledge and	National Institute of Advanced Studies (NIAS)

2006	Information for University and College Teachers	Bangalore.
Feb 2005	FDP on Industrial Relations and Labor laws for Management Educators	Christ College, Bangalore

RESEARCH ACTIVITIES:

Year	Title of the Guided Dissertation	Programme / Institution
2006-07	A Study on Effectiveness of Training and Personality correlate, at HSPNL, Bangalore	MBA - twinning Programme Pondicherry University – Christ College, Bangalore
2006-07	A Study on Personality and Perception of Quality of Life among voluntary retired workers	Same as above
2006-07	Effectiveness of Training at Electrex India Ltd, Bangalore	Same as above
2007-08	The Effect of Personality and Role Satisfaction on Team Effectiveness at ALP Management Consultants Pvt. Ltd, Bangalore	Same as above
2007-08	A Study on impact of Personality, Emotional Intelligence on Job Satisfaction among HR professionals in IT Recruitment at Blues Integrated solutions, Bangalore	Same as above
2007-08	Influence of Personality and Emotional Intelligence on Training Effectiveness at Tata Teleservices Ltd., Bangalore	Same as above
2008-09	Job Satisfaction, Personal Effectiveness And Attributes Of Success And Failure Among School Teachers	Personal Interest
2008-09	A Study on the Effect of Stress on Job Satisfaction among Software Engineers	Personal Interest
2008-09	Personality Type and Sales Styles among Salespeople of Shopping Malls	Personal Interest
2008-09	Gender Differences in Role Efficacy, Role Stress and Conflict Management among Bank Employees	Personal Interest
2008-09	Team Effectiveness, Emotional Intelligence and Role Satisfaction among Employees in banking Operations	Personal Interest
2008-09	Gender Differences in Role Efficacy, Role Stress and Conflict Management among Software Employees	Personal Interest
2008-09	The Impact of Role Stress on Rumination and Flow among Call Centre Employees	Personal Interest
2008-09	Coping Strategies in Long Distance Relationships	PG Clinical Psychology Project
2009-10	Scope of E - Therapy	PG Clinical Psychology Project
2009-10	Relationship Patterns among Children of Alcoholic and Non- Alcoholic Parents	PG Clinical Psychology Project

RESEARCH PAPERS PRESENTED IN VARIOUS NATIONAL AND INTERNATIONAL CONFERENCES/ SEMINARS

Sl. No.	Year	Title	Details of Conference / Seminars
1.	Jan 2003	Influence of Mental Illness on Family Stress	30 th National annual conference of the Indian Association of Clinical Psychologists (IACP), Thrissur, Kerela
2.	Feb 2004	Team Effectiveness and Emotional Competence among women working in Software Project teams	International Seminar on Emerging trends in Global Business: Challenges and Opportunities for Developing Countries, Thanjavur, Tamil Nadu
3.	Jan 2007	A History Of Childhood ADHD Among Substance Abusers And Their Personality Correlates	33 rd National annual conference of the Indian Association of Clinical Psychologists (IACP), Salem and Yercaud, Tamilnadu
4.	July 2007	ADHD: A Risk Factor for Substance Abuse (poster)	International Conference on Psychology in Mental Health. NIMHANS, Bangalore
5.	Jan 2010	Treatment outcomes of patients with substance abuse with and without a history of ADHD: A Comparative Study	National Annual Conference of the Indian Association of Clinical Psychologist, NMHANS, Bangalore
6.	Dec 2010	Adults of Alcoholic Parents and their Experiences in Adult Love Relationship	International Conference on mind and Human Activities, JNU, New Delhi.
7.	Feb 2011	Global Economic Crisis: IT organizations walk with good soldiers	International Conference on Globalization and its impact on Management Education, PRIMS, Periyar University, Salem-11.
8.	Feb 2012	Attachment Styles, Coping Strategies and Relationship satisfaction among Adult couple in Long distance Romantic Relationships	UGC sponsored National Conference on Counselling and Mental Health, held at Periyar University, Salem.
9.	August 2012	From the Organizational Perspective: Employees and Soldiers.	12 th Tamil Science Congress held at Periyar University, Salem.
10.	Jan 23-24, 2014	Relationship Patterns among girls of Alcoholic and non-alcoholic parents.	ICSSR sponsored National Seminar on Development and Social Issues, Periyar University, Salem.
11.	March, 6-7, 2014	Correlates of Rumination and Role Stress among Call-centre Employees	National Seminar on Emerging Management Trends and Strategies, PRIMS, Periyar University, Salem.
12.	March, 21-22, 2014	Relationship of OCB and Job Satisfaction with Career Development Perception in the IT Sector	UGC- Sponsored National Seminar on Psychology for Shaping Society, Annamalai University, Chidambaram.
13.	Jan, 22-23,	The Paradox Of Social-Class Achievement Disparity:	ICSSR National Seminar on Marginality. Department of Sociology, Periyar

	2015	A Study On Self-Regulation And Perceived Social Support Among First And Second Generation University Students	University, Salem.
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National / International Seminars/ Workshops/ Conferences Attended

Year	Details	Place
March 2004	National Workshop on Progressive Initiatives of Autonomous Colleges towards Excellence in Global Education	P.S.G. College of Arts and Science, Coimbatore, Tamil Nadu
October 2005	Training Programme on Management of Adolescent Problems	Christ College, Bangalore
Sep 2006	Workshop on OB – A Practical Approach	Mysore University, Mysore
for 4 yrs 2006 -08	An International conference of Consortium of Students in Management Research (COSMOR 2006 / 07/08/09)	I.I.Sc., – Indian Institute of Science, Bangalore
Jan 2007	Workshop on Application of Qualitative Methodology To Research in Psychology	Christ College, Bangalore
Feb 2007	National Conference on Women Psychology	Christ College, Bangalore
Feb 2007	National Workshop on Applications of Behaviour Technology	Bharathiar University, Coimbatore, Tamil Nadu
Feb 2008	National Conference on Psychology and Cinema	Christ College, Bangalore
July 2008	Workshop on Application of SPSS for Data Analysis	Everonn Systems India Limted, Chennai
Jan 2009	A National Workshop on Cognitive Behaviour Therapy	NIMHANS, Bangalore
Jan 2009	International Conference on Innovations and Strategies	Christ University, Bangalore
February 2009	National Workshop on Psychological research: Questionnaire development & Application of Statistical Tools	Sri Ramachandra Medical University, Porur, Chennai
February 2010	National Annual Conference of the Indian Association of Clinical Psychologist	NIMHANS, Bangalore
Feb 2010	National Conference on Peace and Conflict Resolution	Christ University, Bangalore
Oct 2010	National Workshop on Executive Coaching	Christ University, Bangalore
October 2011	UGC sponsored National Workshop on Applications of Projective Assessment	Department of Psychology, Periyar University, Salem.
December 2011	UGC sponsored National Workshop on Transactional Analysis and Neuro-Linguistic Programming	Department of Psychology, Periyar University, Salem.
October 2012	UGC sponsored National Workshop on Psychodiagnostics.	Department of Psychology, Periyar University, Salem.
November 2012	UGC sponsored National Workshop on Hypnotherapy	Department of Psychology, Periyar University, Salem.
31 July	National Workshop on SEM through AMOS	Department of Psychology,

to 2 nd Aug'14		Periyar University, Salem.
20-22 nd Aug'14	National Workshop on Premarital, marital and Family Counselling.	Department of Psychology, Periyar University, Salem.
2-8, Jan, 2015	Faculty Development Programme on Counselling Skills	Department of Psychology, Periyar University, Salem.

CONFERENCES / WORKSHOPS / SEMINARS ORGANIZED

1. **National Conference on Women Psychology**, at Christ University, Bangalore
2. **National Conference on Psychology and Cinema**, at Christ University, Bangalore
3. **National Workshop on Qualitative Research Methodology**, at Christ University, Bangalore
4. **National Workshop for Teachers on Dealing with Adolescent Students**, at Christ University, Bangalore
5. **Seminar on “Observational Studies and Child Psychotherapy”** and Workshop on Client's perspective in Mental Health, at Christ University, Bangalore
6. **National Conference on Changing Fabrics of Intimate Relations**, at Christ University, Bangalore
7. **National Conference on Peace and Conflict Resolution** at Christ University, Bangalore
8. **National Workshop on Competency Mapping**, sponsored by the UGC at Periyar University, Salem.
9. **National Workshop on Cognitive Behaviour Therapy** at Periyar University, Salem.
10. **National Workshop on Specific Learning Disabilities: Assessment and Intervention** at Periyar University, Salem.

OTHER EVENTS ORGANIZED

1. **Mega Book Exhibition, 2-6, August, 2011** at Periyar Main Auditorium in collaboration with University Library, Periyar University, Salem.

MEMBERSHIP:

- Associated **Life Member of Indian Association of Clinical Psychologist**
- **Life Member Indian Academy of Applied Psychology**

AREA OF ACADEMIC SPECIALIZATION:

Organizational Behaviour, Social and Clinical Psychology

EXTRA CURRICULAR ACHIEVEMENTS:

- Won the State **Level Gold Medal** in NCC Airwing, Representing Coimbatore Air Squadron.
- Won the **ALL INDIA Gold Medal** in NCC Air wing for Aero modeling competition, representing Tamil Nadu and Pondicherry Contingent at All India Vayu Sena Camp, held at Nadirgul, Hyderabad, Andhra Pradesh between 13th and 24th October, 1997

CLINICAL EXPERIENCE AS A CLINICAL PSYCHOLOGIST

- Worked as a Part – time Clinical Psychologist at VazhiKatti Mental Health Centre and Research Institute, Coimbatore, Tamil Nadu, under the Director Psychiatrist Dr. K. Selvaraj. MBBS, MD, DPM, DNB. From May 2000 to July 2004 for four years. Work Profile involved Assessment, Psychotherapy and Psychological Counselling and group therapy.

Training Programmes conducted

- Behavioural skills Trainer for Corporate / IT companies on Leadership / Capacity Building/ Employee Motivation and Team Building Skills
- Conducted several Training Programmes for School Teachers and College Teachers on Leadership / Dealing with students
- Conducted several programmes for School students and College students on Motivation / self awareness and Effective learning skills.
- Trained Christ University Teachers on Holistic Education at Christ University, Bangalore.
- Several Training programme conducted for Security staff of Christ University.
- Orientation Programmes conducted to Student Welfare Officers at Christ University, Bangalore.

Other information

- Participated and lead a team of NSS Volunteers in **planting of 200 tree saplings across the Periyar University** during 14-16th July, 2010 as a part of Campus Green.
- Participated in the **FDP on Management and Social Sciences Research** at Sona College of Management, Salem.
- Served as **Resource Person** for the 2 days workshop on Study skills organized by the Centre for Women's Studies, Periyar University on 12th January, 2012.
- Served as a **Resource Person** in the Two Days Trainers Training Workshop organized by the Centre for Women's Studies, Periyar University.
- Gave **special talk** on "Psychology for You" at the Lions Club, Salem Chapter on 25th April, 2012.
- Completed the **Basic Course in Integrated Clinical Hypnotherapy** from California Hypnosis Institute of India, Mumbai. 4th Nov, 2012.

- vii. Served as **judge for oratorical competition** conducted by the women's studies centre (ugc funded) on the occasion of women's day celebration on 08-03-2013.
- viii. Served as **Resource Person** for the Workshop on Human Resource: Promote optimum Health in workplace, organized by Shanmuga College of Nursing, Salem on 10th April, 2013.
- ix. Delivered a lecture on the topic **Introduction to Philosophy** in the lecture series organized by the Department of Sociology, Periyar University, Salem.