

# **Reports of the Life Skill Programmes**

## **Health Awareness Program on Novel Corona Virus (COVID 19)**

**12.03.2020**

One day health awareness program on '**Novel corona Virus (COVID 19)**' has been jointly organized by the Department of Biotechnology and Periyar University Biotechnology Association (PUBA) to the biotechnology students and a lecture has been delivered by Dr. Ravishankar Palanisamy, Saint James School of Medicine, Chicago, USA. Dr. P. Venkatachalam, Professor and Head, from the department welcomed the august gathering and discussed about an overview of corona virus outbreak. The guest speaker has pointed out the basics, life cycle and disease transmission mechanism of viruses and prevention measures for the spreading of corona viral disease. He addressed molecular aspects of the corona virus and also discussed the importance of life style of individual for fighting against the diseases in humans. During this program, Coronavirus awareness video clips (developed by Govt. of Tamilnadu) have been viewed by the students. Finally, Dr. D. Natarajan, Assistant Professor has proposed the vote of thanks to the audience. A total of 49 students have been benefited from this awareness event.

(Dr. D. NATARAJAN)

Faculty In-charge

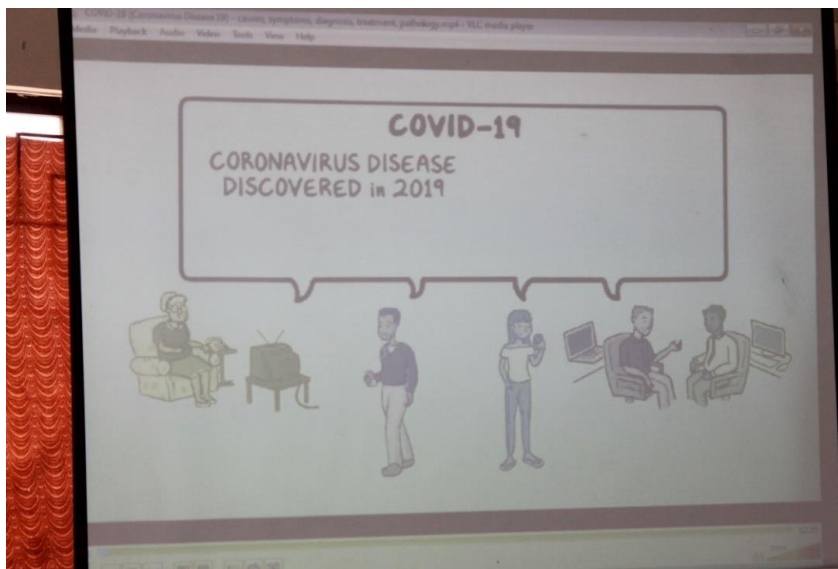


Professor and Head  
Department of Biotechnology  
Periyar University  
Salem 636011. TN, India

## Health Awareness Program on Novel Corona Virus (COVID 19) 12.03.2020



**Head of the Department introduce the resource person**



**Slides of the Presentation**

**(Latitude: 11°43'04.0"N, Longitude: 78°04'41.0"E)**

## Health Awareness Program on Novel Corona Virus (COVID 19)

12.03.2020



**Professor and Head introduce the resource person**



**Mr. Ravishankar interact with students**

**(Latitude: 11°43'04.0"N, Longitude: 78°04'41.0"E)**

## **Life Skill Training for SC/ST Students**

**22-01-2020 to 24-01-2020**

The ICSSR sponsored life skill training programme was conducted by the Department of Sociology with the motto of enriching the skills of marginalized group of students. The programme was felicitated by Dr. Murugan, Vice-Chairman, National commission for SC/ST. The programme was having more skill related training as well as lecture from eminent personalities. The topics of problem solving and decision making skills, critical thinking and creative thinking, Art of conversation/interpersonal skills were covered by the experts as well as teachers from reputed institutions. Not only academic related also it was having the lectures on Employability skills, Self awareness/legal rights which is the needed one apart from the academic knowledge. Regarding work environment the topic of Team work and leadership skills were handled by resource person. The three days programme was very excellently executed with the assistance of resource persons. One hundred and seventy six students were benefited through this academic event. Regarding psychosocial well being of the students, the technical session of Psycho-social competencies and interpersonal skills was handled by the experts. Additionally the topic of phenomenal life skills was presented towards the students. Eventually the topic of self management skills was covered by eminent psychologist from the Salem city.

The marginalized group of students they have had lot of intellectual knowledge as well as management knowledge through this training programme. About 176 students have attended and many of the students may have the chance to hike their existing behaviour and also their practices too through this programme.

  
**Dr. C. GOBALAKRISHNAN, Ph.D.,**  
Assistant Professor & Head i/c  
Department of Sociology  
Periyar University  
Salem - 636 011, TN, India.

  
**REGISTRAR**  
PERIYAR UNIVERSITY  
SALEM-636 011.

## **LIFE SKILL TRAINING FOR SC/ST STUDENTS**

**22-01-2020 to 24-01-2020**



**Welcome address by Dr. Gopolkrishnan**



**Inauguration by Hon'ble Vice Chancellor**



**Honoring the Resource Person**



**Participants of the workshop**

**(Latitude: 11°43'10.1"N, Longitude: 78°04'33.6"E)**

## **Awareness Programme on Rainwater Harvesting and Dengue**

**26-07-2019**

The Department of English, Periyar University, Salem in association with Salem City Municipal Corporation organized an awareness programme on 'Rainwater Harvesting and Dengue' for the students and scholars of the Department of English, Periyar University on August 26, 2019. 60 students from Department of English, 200 General Public and 25 municipal workers attended the programme. The programme was held on Opposite to the Old Bus stand, Salem. Dr.K.Sindhu was the Organising Secretary of the awareness programme. The workshop commenced with the inauguration by Prof. P. Kolandaivel, Vice Chancellor, Periyar University and the inaugural address by Mr.Satheesh Kumar, Municipality Commissioner, Salem. Students from Department of English, Periyar University actively participated in the awareness programme. This created awareness among general public to know more about dengue and rain water harvesting. The Department of English was appreciated by the Municipality Commissioner for organizing the awareness programme and it ended with the formal vote of thanks.



**Dr. V. SANGEETHA, Ph.D.**  
Professor & Head  
Department of English  
Periyar University  
Salem 636 011. T.N. India

**Awareness Programme on Rainwater Harvesting and Dengue**

**26-07-2019**



**Inauguration by Vice Chancellor**



**Mr. Satheesh Kumar, Municipality Commissioner, Salem**



**Mr. Satheesh Kumar deliver the lecture**



**Awareness activity by students**

**Lecture cum Workshop on Nanotechnology in Antioxidants Research for  
Health and Human Wellness - 24.7.2019 – 26.7.2019**



**PERIYAR UNIVERSITY**

Salem – 636 011, Tamilnadu, India  
NAAC 'A' Grade - State University - NIRF Rank 68

Department of Nutrition and Dietetics  
(School of Life Science)



*Organizing*

Three Day Lecture cum workshop  
on

**Nanotechnology in Antioxidants  
Research for Health and Human Wellness**

**24-26<sup>th</sup> July, 2019**

**Inaugural Function**

Date: 24.07.2019 | Time: 10.30 am  
Venue: Senate Hall, Periyar University, Salem-11

*Sponsored by*

Higher Education Department  
Government of Tamilnadu

## **Lecture cum Workshop on Nanotechnology in Antioxidants Research for Health and Human Wellness - 24.7.2019 – 26.7.2019**

Lecture cum Workshop on Nanotechnology in Antioxidants Research for Health and Human Wellness

The Department of Nutrition and Dietetics, Periyar University, Salem organized three days Lecture cum Workshop on "Nanotechnology in Antioxidants Research for Health and Human Wellness" sponsored by Higher Education Department, Government of Tamilnadu from 24.7.2019 to 26.7.2019 at Senate Hall, Periyar University, Salem-II. A total of 77 participants' including I M.Sc., II M.Sc and Ph.D scholars of the Dept. of Nutrition and Dietetics were involved in the programme. The Convener and Organizing secretary Dr.P.Nazni, Professor and Head of the Department welcomed the audience of the day stating the prerequisite for organizing this lecture cum workshop. She expressed her interest in bringing the resource persons who are expertise in more than one fields like nano-antioxidant technology, diabetes, molecular nutrition, nanomedicine and food technology. She conveyed that the significance of organizing this program is to create an awareness and inquisitiveness among students on the innovative research methods and technologies emerging in nanotechnology, food and nutrition related disciplines across the globe. The Inaugural address was delivered by the Vice-Chancellor of Periyar University, Dr.P.Kolandaivel. The Vice-Chancellor cited that the nanotechnology was first identified in 1959 by Richard Feynman. He thanked the Chief guests for their presence and sharing their proficient knowledge with the participants and applauded the Head of the department for choosing the highly valued theme for the programme. Dr. Pasupuleti Visweswara Rao, Associate Professor & Head, Non Communicable Diseases Niche Area Research, Dept. of Biomedical Sciences and Therapeutics, Universiti Malaysia Sabha Kota Kinabulu, Malaysia was the resource person. He pointed out Nanotechnology is helping to considerably improve and revolutionize, many technology and industry sectors namely, information technology, homeland security, medicine, transportation, energy, food safety, and environmental science. He stressed the impact of nano-anti oxidant technology in the improvement of the performance of dietary antioxidants, as protective agents in oxidative- stress events, specifically through the use of drug delivery systems and their importance in treatment of neurodegenerative diseases. The vote of thanks was proposed by Mrs.R.Arivuchudar, Assistant Professor, Dept. of Nutrition and Dietetics, Periyar University, Salem. The technical sessions followed, which were handled by Dr. Visweswara Rao and Dr. Maharishi Bashwant, Scientist, Molecular and Nano Medicine Research Unit, Satyabama Research Institute, Chennai.

**Prof Dr. P. NAZNI, M.Sc., M.Phil., Ph.D**  
Professor & Head  
Department of Nutrition & Dietetics  
Periyar University  
Salem - 636 011. Tamil Nadu.

**Lecture cum Workshop on Nanotechnology in Antioxidants Research for Health and Human Wellness - 24.7.2019 – 26.7.2019**



**Inauguration by Hon'ble Vice Chancellor**




**Participants of the workshop**

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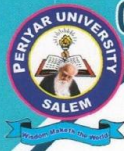
## **International Day of Yoga – 21.06.2019**

International Yoga Day was celebrated on 21.6.2019 with participation of 64 students. Participants were guided to do aerobic body exercises and followed by many Ashanas as given in the guideline. Climate Action theme was the focus for the year 2019. Yoga can help us to solve the problem of climate change and also it brings lot more benefits into the lives of people. This programme was designed to give a feel to every participant that it can be done every day in the home on their own pace.



**DIRECTOR (i/c)**  
**Centre for Swami Vivekananda Studies**  
**Periyar University,**  
**Salem-636 011.**

INTERNATIONAL DAY OF YOGA – 21.06.2019

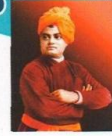


CENTRE FOR SWAMI VIVEKANANDA STUDIES

**PERIYAR UNIVERSITY**

(NAAC 'A' Grade - State University - NIRF 68)

Salem – 636 011, Tamilnadu



**INTERNATIONAL DAY OF YOGA**

**June 21, 2019**

Time: 7.30 - 9.30 am

Venue: Food Court

## PROGRAMME

- Welcome Address : **Dr. A. Murugan**  
Coordinator  
Centre for Swami Vivekananda Studies  
Periyar University
- Presidential Address : **Prof. P. Kolandaivel**  
Vice Chancellor  
Periyar University
- Inaugural Address : **Smt. V.S. Arutchelvi**  
Arivuthirukovil  
Aliyar
- Special Address : **Prof. K. Kumarasamy**  
Syndicate Member  
Periyar University
- Demonstration of Yogic practices : **Thiru. Mothilal Nehru**  
Yoga Master  
Periyar University

Heartfulness Meditation with Yogic Transmission



*All are Welcome*

**INTERNATIONAL DAY OF YOGA – 21.06.2019**



**Demonstration of Yoga Practice to Students**



**Demonstration of Yoga Practice to Students**

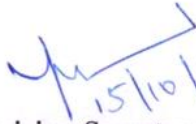
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## NATIONAL WORKSHOP ON ADVANCED COUNSELLING SKILLS

(11<sup>th</sup> & 12<sup>th</sup> OCTOBER 2018)

### REPORT

Department of Psychology, Periyar University organised a two-day National level workshop on "Advanced Counselling Skills" on 11<sup>th</sup> and 12<sup>th</sup> October 2018. Fr. S.S. Sahayaraj, Director of Anugraha, Dindugal was the resource person. 86 participants including professionals, scholars and students attended the programme. Participants gained practical experience on establishing rapport with the client, exploring into the client's problem, administering gestalt techniques to help client workout his/ her issues and how to end the session. They were also taught the ethical principles to be followed in any psychological counselling sessions. In between the sessions participants were taught the strategies to boost their mental health, emotions, concentration and also physical health.

  
15/10/18

Organising Secretary

  
15/10/2018

Convener  
**Professor and Head**  
Department of Psychology  
Periyar University  
Salem - 636 011 Tamil Nadu

**National Workshop on Advanced Counseling Skills – Oct. 11 & 12, 2018**



**Inauguration by Prof. Thangavel, Registrar i/c**



**Fr. S. S. Sahayaraj, resource person interacting with participants**

# ONE DAY SEMINAR ON DIABETICS AND ITS COMPLICATION

16.08.2018



**PERIYAR UNIVERSITY**  
Salem – 636 011, Tamilnadu, India  
NAAC 'A' Grade - State University - NIRF Rank 90

**INVITATION**

*One Day Seminar On*  
**Diabetes and Its Complications**


**Date : 16.8.2018 | Time : 10.00 a.m | Venue : Senate Hall**

*Organized By*  
**DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS**  
**School of Life Sciences**  
Periyar University  
Salem-636 011

CS Scanned with CamScanner

## Seminar on Diabetes and its Complications

The Department of Clinical Nutrition and Dietetics, Periyar University, Salem organized a one day seminar on "Diabetes and its complications" on 10.8.2018 at Senate Hall, Periyar University, Salem-11. A total of 71 participants' including 1 M.Sc., 11 M.Sc and Ph.D scholars of the Dept. of Clinical Nutrition and Dietetics were involved in the programme. Dr.P.Nazni, Professor and Head of the Department welcomed the participants of the day, the Vice Chancellor of Periyar University Dr.P.Kolandaivel delivered inaugural address. He stated that India is the Diabetes capital of the world, where approximately 50 million people are diabetic. He also pointed the WHO estimate that 80 per cent of diabetes deaths occur in low and middle-income countries and projects that such deaths will double between 2016 and 2030. The chief guest of the day, Dr. P. Muthukumar, Principal Scientist & Associate Professor (AcSIR), CFTRI, Mysuru gave the keynote address, where he emphasized that even though Diabetes is the world's major disease which has affected 143 million people worldwide, it can be kept under control by proper lifestyle modification which includes healthy dietary practices, vigorous physical activity and stress management. He concluded by highlighting the significant role of students of Clinical Nutrition and Dietetics in building a healthy community by spreading the awareness on causes of Diabetes and its control measures. The session came to an end by the vote of thanks proposed by Dr.S.Parameshwari, Associate Professor, Department of Clinical Nutrition and Dietetics, Periyar University, Salem.



**Prof Dr. P. NAZNI, M.Sc., M.Phil., Ph.D**  
Professor & Head  
Department of Nutrition & Dietetics  
Periyar University  
Salem - 636 011. Tamil Nadu.

# ONE DAY SEMINAR ON DIABETICS AND ITS COMPLICATION

16.08.2018



(Latitude: 11°43'10.1"N, Longitude: 78°04'33.6"E)

## **International Day of Yoga – 21.06.2018**

About 98 students were given aerobic body stretching exercises on **21.06.2018**. It was planned to offer exercise to physical, mental as well as to soul. Heartfulness meditation enabled the participants to integrate the heart with mind when they go deep in the meditation. This programme was designed to give a feel to every participant that it can be done every day in the home on their own pace. Participants were given training on the basic of **yoga and meditation by the discourse on Ashtanga Yoga, followed by heartfulness Meditation** for about 30 minutes under the instruction of **Dr. Mothilal Nehru, University Yoga Master. Dr. M. Manivannan**, Registrar, Periyar University participated in the programme and spoke about importance of yoga.



**DIRECTOR (i/c)**  
**Centre for Swami Vivekananda Studies**  
**Periyar University,**  
**Salem-636 011**

**INTERNATIONAL DAY OF YOGA -21.06.2018**

 **CENTRE FOR SWAMI VIVEKANANDHA STUDIES**  
**PERIYAR UNIVERSITY**  
(NAAC 'A' Grade - State University - NIRF Rank 90)  
Salem – 636 011, Tamilnadu



*Cordially invites for the Celebration of*  
**INTERNATIONAL DAY OF YOGA**  
on June 21, 2018 at 10.00 am  
**Venue: New Food Court**

**PROGRAMME**

Prayer

Welcome Address : **Dr. A. Murugan**  
Coordinator  
Centre for Swami Vivekanandha Studies  
Periyar University

Presidential Address : **Prof. M. Manivannan**  
Registrar  
Periyar University

Inaugural Address : **Thiru. S. Senthil Kumar**  
Director  
Centre for Cultural Training and  
Research, Coimbatore.  
**“Sound body and Mind for  
Holistic life”**

Benefits of Yoga : **Shri. Kamlesh D. Patel**  
Global Guide  
Heartfulness Meditation

Demonstration of yogic practices : **Thiru. Mothilal Nehru**  
Yoga Master  
Periyar University

Heartfulness Meditation with Yogic Transmission



*Yoga H Karmasu Kaushalam (Yoga is Excellence in Action)*

**INTERNATIONAL DAY OF YOGA -21.06.2018**



**Glimpse of the Yoga Practice given to students**



Reaccredited with 'A' Grade by the NAAC

(Ranked 85<sup>th</sup> among, Indian Universities by MHRD NIRF 2017)

SALEM – 636 011

DEPARTMENT OF ENGLISH

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**Dr. V. Sangeetha**  
Professor and Head

26.03.2018

**Circular**

Yoga and Self Development Course 2017-18

This is to inform that the Department of English, Periyar University is organising three day 'Yoga and Self Development Course' for the holistic development of the students of the Department, from 04.04.2018 to 06.04.2018 at Seminar Hall, Arts Block, Periyar University. The students of I M.A., II M.A., M.Phil. and Ph.D. are directed to attend the three day course on Yoga and Self Development and get benefited.

*Sangeetha*  
26.03.18  
(V.SANGEETHA)

**Dr. V. SANGEETHA, Ph.D.**  
Professor & Head  
Department of English  
Periyar University  
Salem 636 011, T.N. India

| <b>Academic Year</b> | <b>Name of the Activity</b>             | <b>Date(s) of the Activity</b>  | <b>No. of Students Participated</b> |
|----------------------|---|---------------------------------|-------------------------------------|
| <b>2017-18</b>       | <b>Yoga and Self-Development Course</b> | <b>04.04.2018 to 06.04.2018</b> | <b>79</b>                           |



**Photographs of few students undergone yoga training**

**(Latitude: 11°43'10.1"N, Longitude: 78°04'35.5"E)**

Minutes of Yoga and Self Development Course conducted on 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> April 2018

Venue: Seminar Hall, Arts Block organised by Department of English

Dr. V. Sangeetha, Professor and Head welcomed the gathering. The 3 day "Yoga and Self Development Course" began with a prayer. Prof. Subramanian started the course with an introduction about yoga and its significance. The yoga steps, asanas were taught for both girls and boys. The volunteers from World Community Seva Centre helped the students. Later girls and boys (students) - PG, MPhil and Ph.D. were given training separately. All the members of the staff took turn to be with the students during the three days. The students enthusiastically learnt the different asanas, basic breathing exercises, pranayama and clarified their doubts. Detailed demonstration were given. Different instructors taught different techniques to the students. On the third day certificates were distributed to all the participants during validation. A few students spoke about their experiences. They felt very relaxed, calm because of the practice. They said the three day programme had a tremendous impact on their life style and thinking ability. The students on the whole assured that they would continue performing yoga regularly. Ms. S. Sneha Sri, Assistant Professor proposed the vote of Thanks.

| S.No. | Participants' Name | Designation                  | Signature        |                  |                  |
|-------|--------------------|------------------------------|------------------|------------------|------------------|
|       |                    |                              | 4 <sup>th</sup>  | 5 <sup>th</sup>  | 6 <sup>th</sup>  |
| 1     | Dr. V. Sangeetha   | Prof + Head, Dept of English | [Signature]      | [Signature]      | [Signature]      |
| 2     | S. Vaitha          | "                            | S. Vaitha        | S. Vaitha        | S. Vaitha        |
| 3     | R. Gowrie          | "                            | R. Gowrie        | R. Gowrie        | R. Gowrie        |
| 4     | N. [Name]          | "                            | [Signature]      | -                | [Signature]      |
| 5     | K. P. Prithvathi   | "                            | K. P. Prithvathi | K. P. Prithvathi | K. P. Prithvathi |
| 6     | E. Mohanaveli      | "                            | E. Mohanaveli    | E. Mohanaveli    | E. Mohanaveli    |
| 7     | S. Palaniyandy     | "                            | [Signature]      | [Signature]      | [Signature]      |
| 8     | Dr. V. SANGEETHA   | Prof + Head, Dept of English | [Signature]      | [Signature]      | [Signature]      |
| 9     | Dr. B. J. Geetha   | Asst Prof of English         | [Signature]      | [Signature]      | [Signature]      |
| 10    | Ms. S. Sneha Sri   | Asst Prof of English         | [Signature]      | [Signature]      | [Signature]      |
| 11    | Dr. S. Boopathy    | "                            | [Signature]      | [Signature]      | [Signature]      |

| S. Nos. | Participants' Name     | Designation        | Signature        |                  |
|---------|------------------------|--------------------|------------------|------------------|
|         |                        |                    | 4 <sup>th</sup>  | 5 <sup>th</sup>  |
| 1.      | S. Gangai Amaran       | Ph.D. Scholar      | S. Cuthy         | S. Cuthy         |
| 2.      | R. SURJITH             | II. M.A. ENGLISH   | R. Sujith        | R. Sujith        |
| 3.      | G. JAVID               | M.Phil ENGLISH     | G. J             | G. J             |
| 4.      | S. SASIKALA            | M. Phil ENGLISH    | S. Sany          | S. Sany          |
| 5.      | P. CHITRA              | M. Phil ENGLISH    | Chitra P.        | chitra P.        |
| 6.      | S. DIVYA BHARATHI      | II. M.A. ENGLISH   | S. Divy          | S. Divy          |
| 7.      | M. ANUSUYA DEVI        | II. M.A. ENGLISH   | M. Anus          | M. Anus          |
| 8.      | A. DIVYA               | II. M.A. ENGLISH   | A. Divy          | A. Divy          |
| 9.      | A. GRAYATHRI           | II. M.A. ENGLISH   | A. Grayathri     | A. Grayathri     |
| 10.     | SK. HEMAGOWRI          | II. MA. ENGLISH    | SK. H. G.        | SK. H. G.        |
| 11.     | R. Steffi              | Ph.D. English      | R. Steffi        | R. Steffi        |
| 12.     | G. Hemanatchaba        | Ph.D. English (FT) | G. Hema          | G. Hema          |
| 13.     | U. Maria Liny Jennifer | Ph.D. English (FT) | U. Maria         | U. Maria         |
| 14.     | J. Subhiksha           | Ph.D. English (FT) | J. Subhiksha     | J. Subhiksha     |
| 15.     | A.T. Princy            | Ph.D. English (FT) | A.T. Princy      | A.T. Princy      |
| 16.     | A. Priyanka            | II. M.A. English   | A. Priyanka      | A. Priyanka      |
| 17.     | R. Savitri Delphine    | II. M.A. English   | R. Savitri       | R. Savitri       |
| 18.     | P.S. KAVIN MOLHY       | I-M.A ENGLISH      | P.S. Kavin Molhy | P.S. Kavin Molhy |
| 19.     | S. DHIVYA              | I. M.A. ENGLISH    | S. Dhivya        | S. Dhivya        |
| 20.     | V.C. REVATHI           | I. M.A. ENGLISH    | V.C. Revathi     | V.C. Revathi     |
| 21.     | D. BHARATHI            | I. MA. ENGLISH     | D. Bharathi      | D. Bharathi      |
| 22.     | P. MONIKA              | I-M.A ENGLISH      | P. Monika        | ab               |
| 23.     | S. POOMBANI            | I. M.A ENGLISH     | S. Poombani      | ab               |
| 24.     | A. SOUNDARYA           | I-M.A ENGLISH      | A. Soundarya     | A. Soundarya     |
| 25.     | V. KOWSALYA            | I-M.A ENGLISH      | V. Kowsalya      | ab               |
| 26.     | P. REKHA               | I-M.A ENGLISH      | P. Rekha         | P. Rekha         |
| 27.     | R. PATHMAPRIYA         | I. MA ENGLISH      | R. Pathmapriya   | R. Pathmapriya   |
| 28.     | J. MYNA                | II. MA ENGLISH     | J. Myna          | ab               |
| 29.     | P. ESWARI              | II MA ENGLISH      | P. Eswari        | P. Eswari        |
| 30.     | S. GRACEJULIET         | II MA ENGLISH      | S. Gracejuliet   | S. Gracejuliet   |
| 31.     | M. SIVARANTANI         | II- M.A- ENGLISH   | M. Sivaramani    | M. Sivaramani    |

| S.No | Participants' Name   | Designation      | Signature            |                      |                      |
|------|----------------------|------------------|----------------------|----------------------|----------------------|
|      |                      |                  | 4 <sup>th</sup>      | 5 <sup>th</sup>      | 6 <sup>th</sup>      |
| 32.  | Gokula Pringik       | I MA English     | K. G. f.             | K. G. f.             | K. G. f.             |
| 33.  | PAVITHRA .T          | I NT. A. English | Pavithra             | Pavithra             | Pavithra             |
| 34.  | A. HARIPRIYADHARSINI | I MA English     | A. Haripriyadharsini | A. Haripriyadharsini | A. Haripriyadharsini |
| 35.  | P. JARUNYA DEVI      | I MA English     | P. Jarunya Devi      | P. Jarunya Devi      | P. Jarunya Devi      |
| 36.  | Z. HUSNA ALYA        | I MA ENGLISH     | Z. Husna Alya        | Z. Husna Alya        | Z. Husna Alya        |
| 37.  | S. MANJULADEVI       | I MA ENGLISH     | S. Manjula           | S. Manjula           | S. Manjula           |
| 38.  | S. PRIYADHARSHINI    | I MA ENGLISH     | S. Priyadharsini     | S. Priyadharsini     | S. Priyadharsini     |
| 39.  | S. PRIYADHARSHINI    | I M.A ENGLISH    | S. Priyadharsini     | S. Priyadharsini     | S. Priyadharsini     |
| 40.  | M. Madhumathi        | I-M.A English    | M. Madhuri           | M. Madhuri           | M. Madhuri           |
| 41.  | P. Kalai selvi       | I-M.A English    | P. Kalaiselvi        | P. Kalaiselvi        | P. Kalaiselvi        |
| 42.  | V. Poovitha          | I-M.A-English    | V. Poo               | V. Poo               | V. Poo               |
| 43.  | S. KIRUTHIKA         | I M.A. ENGLISH   | Kirthi.s             | Kirthi.s             | Kirthi.s             |
| 44.  | M. NANDHINI          | I M.A ENGLISH    | Nandy.M              | Nandy.M              | Nandy.M              |
| 45.  | SUBHASHINI.G         | I. MA ENGLISH    | Subhashini.G         | Subhashini.G         | Subhashini.G         |
| 46.  | SIVAJOTHI.S          | I-M.A ENGLISH    | S. Vijothi           | S. Vijothi           | S. Vijothi           |
| 47.  | LYDIA.K              | I.M.A. ENGLISH   | Lydia.k              | Lydia.k              | Lydia.k              |
| 48.  | C. NATHIYA           | I.M.A. ENGLISH   | C. Nattiy            | C. Nattiy            | C. Nattiy            |
| 49.  | R. SARANYA           | I MA . ENGLISH   | R. Saranya           | R. Saranya           | R. Saranya           |
| 50.  | E. DIVYA             | II M.A ENGLISH   | E. Divya             | E. Divya             | E. Divya             |
| 51.  | S. KALAIYARASI       | II M.A ENGLISH   | S. Kalaiy            | S. Kalaiy            | S. Kalaiy            |
| 52.  | K. DEEPIKA           | II M.A ENGLISH   | K. Deepika           | K. Deepika           | ab                   |
| 53.  | M. JANANI            | M.Phil. English  | M. Janani            | M. Janani            | M. Janani            |
| 54.  | M. KALPANA           | M. phil. English | M. Kalpana           | M. Kalpana           | M. Kalpana           |
| 55.  | JOSHUA GIMANA RAT P  | Ph.D English     | Joshua Raj           | Joshua Raj           | Joshua Raj           |
| 56.  | T. ABINAYA.          | I-M.A. ENGLISH   | T. Abinaya           | ab                   | ab                   |
| 57.  | A. MURUGESAN         | OFFICE STAFF     | A. Murugesan         | A. Murugesan         | A. Murugesan         |
| 58.  | K. SINDHU            | Asst Prof (CoD)  | OD                   | K. Sindhu            | K. Sindhu            |
| 59.  | P. REVATHI           | I HA ENGLISH     | ab                   | P. Revathi           | P. Revathi           |
| 60.  | S. MEENAKSHI         | ASST (P)         | ab                   | S. Meenakshi         | S. Meenakshi         |
| 61.  | V. DHARANI PRIYA     | II MA English    | ab                   | V. Dhara             | V. Dhara             |
| 62.  | M. AUGUSTINA CHINNY  | M.Phil English   | ab                   | ab                   | M. Augustina         |

## **One Day Workshop on Life Skills Training for NSS Volunteers**

**28.09.2017**

A one-day training programme on "Life Skills" was attended by a large number of students including NSS volunteers, conducted by the IQAC (Internal Quality Assurance Cell) at Periyar University, Salem. Dr. Sundara Raj, organizing secretary, NSS Programme officer & Assistant Professor, Department of Sociology, Periyar University welcomed the gathering and explained the purpose of the event. He mentioned that the event aims to bring about a positive change in the behaviour and attitude of the students. United Nations International Youth Council member Mr. P. Justin Antony, in his special address highlighted several living examples of social realities that would help students to develop the capacity to face challenges in their academic and career life. He called upon the youth to develop the skills such as self-confidence, self-esteem, communication, leadership, problem solving, decision making, and to play a vital role to eradicate the social evils and thus to be the agents of social change. Prof. C. Venakatachalam, Head, Department of Sociology felicitated the event. Different sessions were held as part of the training. Dr. M. R. Keerthana, Asst. Professor, Central Law College Salem handled a session on "Life Skills: A Tool for Empowerment"; Dr. R. Subramani, Asst. Professor, Department of JMC, Periyar University on "Effective Communication for Employability"; and Ajith R. Pillai, Life Skill Trainer from Kerala on "Activity Oriented Training for Life Skills". Sel. Samyukata, NSS volunteer won the prize in 'on the spot contest' held as part of the seminar. Dr. K. Murgesan, Coordinator, IQAC and Head, Department of Environmental Science proposed vote of thanks. About **140** students attended and benefited through the workshop.

  
**Dr. P. PRAKASH**  
NSS Co-ordinator  
Periyar University  
Salem-636 011



## **International Day of Yoga – 21.06.2017**

About 54 participants including PG students and research scholars were given aerobic body stretching exercises on **21.06.2017**. It was planned to offer exercise to physical, mental as well as to soul. Heartfulness meditation enabled the participants to integrate the heart with mind when they go deep in the meditation. This programme was designed to give a feel to every participant that it can be done every day in the home on their own pace. Participants were given training on the basic of **yoga and meditation by the discourse on Ashtanga Yoga, followed by heartfulness Meditation** for about 30 minutes under the instruction of **Dr. Mothilal Nehru, University Yoga Master.**



**DIRECTOR (i/c)**  
**Centre for Swami Vivekananda Studies**  
**Periyar University,**  
**Salem-636 011.**

## INTERNATIONAL DAY OF YOGA – 21.06.2017



Inauguration of the IDY-2017



Dr. A. Murugan, Welcoming the participants



Presidential Address by The Registrar



Brahma Kumaris Sister Maheshwari



Dr. Franklin Azad Gandhi



Dr. Mothilal Nehru, University Yoga Master

(Latitude: 11°43'08.7"N, Longitude: 78°04'37.1"E)

**INTERNATIONAL DAY OF YOGA DAY – 21.06.2017**



**Yoga training given to students**



**Yoga Training given to students**

**(Latitude: 11°43'08.7"N, Longitude: 78°04'37.1"E)**



PERIYAR UNIVERSITY

Reaccredited with 'A' Grade by the NAAC

SALEM – 636 011

DEPARTMENT OF ENGLISH

**Dr. V. Sangeetha**  
Professor and Head

27.03.2017

**Circular**

Yoga and Self Development Course 2016-17

This is to inform that the Department of English, Periyar University is organising three day 'Yoga and Self Development Course' for the holistic development of the students of the Department, from 05.04.2017 to 07.04.2017 at Seminar Hall, Arts Block, Periyar University. The students of I M.A., II M.A., M.Phil. and Ph.D. are directed to attend the three day course on Yoga and Self Development and get benefited.

  
(V.SANGEETHA) 27.03.17

**Dr. V. SANGEETHA, Ph.D.**  
Professor & Head  
Department of English  
Periyar University  
Salem 636 011. T.N. India

| <b>Academic Year</b> | <b>Name of the Activity</b>             | <b>Date(s) of the Activity</b>  | <b>No. of Students Participated</b> |
|----------------------|---|---------------------------------|-------------------------------------|
| <b>2016-17</b>       | <b>Yoga and Self-development Course</b> | <b>05.04.2017 to 07.04.2017</b> | <b>79</b>                           |



**Students taking the Kayakalpa Training**



**Few Participants of the Kayakalpa Training Group**

**(Latitude: 11°43'10.1"N, Longitude: 78°04'35.5"E)**



| S.No | Participants' Name   | Designation                     | Signature |     |
|------|----------------------|---------------------------------|-----------|-----|
|      |                      |                                 | 5th       | 6th |
| 12.  | Dr. K. Sundhu        | Assistant Professor             |           |     |
| 13.  | S. Boopathi          | Asst. Professor                 |           |     |
| 14.  | JOSHUA GNANA RAT P   | Full Time Ph.D Research Scholar |           |     |
| 15.  | T. IYANAR            | Ph.D Research Scholar           |           |     |
| 16.  | S. Kannan            | Ph.D Research scholar           |           |     |
| 17.  | V. SIVA              | M. Phil                         |           |     |
| 18.  | M. Hemachandra       | Ph.D Research Scholar           |           |     |
| 19.  | C. Priyadarshini     | I. M. A English                 |           |     |
| 20.  | C. S. Pavithra       | D. M. A. English                |           |     |
| 21.  | M. Usha              | I. M. A.                        |           |     |
| 22.  | N. Manimala          | I. M. A.                        |           |     |
| 23.  | A. Sowndarya         | I. M. A English                 |           |     |
| 24.  | M. Bhuvaneshwari     | I. M. A English                 |           |     |
| 25.  | C. Nathiya           | I. M. A English                 |           |     |
| 26.  | A. PREMIYA           | I. M. A English                 |           |     |
| 27.  | S. V. SOUNSHARYA     | I. M. A ENGLISH                 |           |     |
| 28.  | C. Rangya            | I. M. A English                 |           |     |
| 29.  | A. T. Princy         | Ph.D Research Scholar           |           |     |
| 30.  | J. Subhiksha         | Ph.D English.                   |           |     |
| 31.  | R. SAROJINIDEVI      | D. M. A English                 |           |     |
| 32.  | B. Savitha           | I. M. A English                 |           |     |
| 33.  | A. Anjali            | I. M. A English                 |           |     |
| 34.  | M. Augustina chinnay | I. M. A. English                |           |     |
| 35.  | V. NANDHINI          | I. M. A. English.               |           |     |
| 36.  | V. Gowri Peri        | I. M. A. English                |           |     |
| 37.  | SK. HEMA GOWRI       | I. M. A. ENGLISH                |           |     |
| 38.  | Y. DHARANI PRIYA     | I. M. A. ENGLISH                |           |     |
| 39.  | M. SIVARANTANI       | I. M. A. ENGLISH                |           |     |
| 40.  | R. SURJITH           | I. M. A. ENGLISH                |           |     |
| 41.  | D. DEEPIKA           | I. M. A ENGLISH                 |           |     |
| 42.  | R. PATHMAPRIYA       | I. M. A ENGLISH                 |           |     |
| 43.  | R. SAUJITHA DELPHINE | I. M. A ENGLISH                 |           |     |


| S.No. | Participant's Name     | Designation       | Signature             |                       |                       |
|-------|------------------------|-------------------|-----------------------|-----------------------|-----------------------|
|       |                        |                   | 5 <sup>th</sup>       | 6 <sup>th</sup>       | 7 <sup>th</sup>       |
| 44.   | REKHA . K . A .        | II M.A. ENGLISH   | R.K.A.                | R.K.A.                | R.K.A.                |
| 45.   | V. KIRUBA              | II MA English     | V.Kiruba              | V.Kiruba              | V.Kiruba              |
| 46.   | S. PRIYADHARSHINI      | II MA English     | S.Priyadharsini       | S.Priyadharsini       | S.Priyadharsini       |
| 47.   | M. INDUMATHI           | II M.A English    | M.Indumathi           | M.Indumathi           | M.Indumathi           |
| 48.   | S. SHAHEEN BANU        | II M.A ENGLISH    | S.Shahen Banu         | S.Shahen Banu         | S.Shahen Banu         |
| 49.   | M. SARASWATHI          | II M.A ENGLISH    | M.Saraswathi          | M.Saraswathi          | M.Saraswathi          |
| 50.   | J. MYNA                | II MA ENGLISH     | J.Myna                | J.Myna                | J.Myna                |
| 51.   | P. CHITRA              | II M.A. ENGLISH   | P.Chitra              | P.Chitra              | P.Chitra              |
| 52.   | M. JANANI              | II M.A. English   | M.Janani              | M.Janani              | M.Janani              |
| 53.   | E. SIVARUPINI          | M. PHIL - ENGLISH | E.Sivarupini          | E.Sivarupini          | E.Sivarupini          |
| 54.   | K. ABINAYA.            | M. PHIL - ENGLISH | K.Abinaya             | K.Abinaya             | K.Abinaya             |
| 55.   | N. PRAVEENA            | M. PHIL - ENGLISH | N.Praveena            | N.Praveena            | N.Praveena            |
| 56.   | P. NANDHINI            | M. PHIL - ENGLISH | P.Nandhini            | P.Nandhini            | P.Nandhini            |
| 57.   | D. REVATHI             | II MA English     | D.Revathi             | D.Revathi             | D.Revathi             |
| 58.   | R. SADARVA             | I MA English      | R.Sadarva             | R.Sadarva             | R.Sadarva             |
| 59.   | P. ESWART              | I MA English      | P.Eswart              | P.Eswart              | P.Eswart              |
| 60.   | E. DIVYA               | I M.A English     | E.Divya               | E.Divya               | E.Divya               |
| 61.   | S. DIVYABHARATHI       | I. M.A. ENGLISH   | S.Divyabharathi       | S.Divyabharathi       | S.Divyabharathi       |
| 62.   | A. DIVYA               | I M.A ENGLISH     | A.Divya               | A.Divya               | A.Divya               |
| 63.   | M. ANUSUYADEVI         | I M.A ENGLISH     | M.Anusuyadevi         | M.Anusuyadevi         | M.Anusuyadevi         |
| 64.   | P. SANTHOSH KUMAR      | II M.A ENGLISH    | P.Santhosh Kumar      | P.Santhosh Kumar      | P.Santhosh Kumar      |
| 65.   | K. PRASATH             | II MA ENGLISH     | K.Prasath             | K.Prasath             | K.Prasath             |
| 66.   | B. VIKRAM              | I M.A. ENGLISH    | B.Vikram              | B.Vikram              | B.Vikram              |
| 67.   | P. GNANAVEL            | II M.A. ENGLISH   | P.Gnanavel            | P.Gnanavel            | P.Gnanavel            |
| 68.   | S. GRACEJOLET          | I. M.A. English   | S.Gracejole           | S.Gracejole           | S.Gracejole           |
| 69.   | S. KALAIYARASI         | I MA English      | S.Kalaiyarasi         | S.Kalaiyarasi         | S.Kalaiyarasi         |
| 70.   | V. Maria Lily Jennifer | Ph.D English      | V.Maria Lily Jennifer | V.Maria Lily Jennifer | V.Maria Lily Jennifer |
| 71.   | R. SHAFI               | Ph.D. English     | R.Shafi               | R.Shafi               | R.Shafi               |
| 72.   | A. Syed Barkath        | II MA English     | A.Syed Barkath        | A.Syed Barkath        | A.Syed Barkath        |
| 73.   | R. MOULI               | II M.A English    | R.Mouli               | R.Mouli               | R.Mouli               |
| 74.   | S. GANGI AMARAN        | Ph.D.             | S.Gangi Amaran        | S.Gangi Amaran        | S.Gangi Amaran        |
| 75.   | AMUTHA K.              | II MA Eng         | A.Mutha K.            | A.Mutha K.            | A.Mutha K.            |


| S.No. | Participants' Name | Designation           | Signature |                    |
|-------|--------------------|-----------------------|-----------|--------------------|
|       |                    |                       | 5th       | 6th                |
| 76.   | A. GRAYATHRI       | I. MA ENGLISH         |           | Alagath            |
| 77    | S. NALINA SUNDARI  | M. com B. ed          |           | Nalin S            |
| 78    | S. meenalshri      | DYHE, Assistant Prof. |           | Shree              |
| 79.   | M. RAMAL INDRAM    | A. SECRETARY          |           | 6-2-17<br>R. Ramal |

## **Workshop on Life Skills Training**

The workshop was organized by the Department of Psychology, Periyar University, and Salem on Life Skills Training from 16.2.2017 to 17.2.2017 totally with 73 participants from across Tamilnadu. Prof. Swaminathan, Hon'ble Vice Chancellor inaugurated the workshop and Dr. R. Subasree, from Madras School of Social Work, Chennai acted as resource person for the workshop. The organizing committee invited Psychology and Allied Students, Research Scholars, Teachers, Professionals and Practitioners, to participate in the workshop. The Life Skills Training workshop was conducted because of our life faces drastic changes taking place around us and learning life skills is essential for betterment of our competitive life. So, the following concepts were discussed. How World Health Organization (WHO) does defines life skills. This Life Skills training workshop was a comprehensive behavior change approach that concentrates on the development of the skills needed for life such as communication, decision-making, problem solving, managing emotions, assertiveness, and relationship skills.

The training session were completely interactive, using role plays, games, group discussions, and a variety of other innovative teaching techniques to kept the participant fully involved during the sessions. Additionally, the programme was addressed the important related issues of empowering participants towards new competent values. The program moved beyond providing information and trained the participants. It addressed the development of the whole individual - so that a person would have the skills to make use of everyday life. This programme equipped our participants their life skills that will enable them to meet the daily global challenges. Finally, the session end up with, asked queries with resource person then workshop wind up with feedback about the whole session.

  
**ORGANISING SECRETARY**  
Department of Psychology,  
Periyar University,  
Salem - 636 011, Tamil Nadu

  
**Dr. S. KADHIRAVAN, Ph.D**  
Professor & Head  
Department of Psychology  
Periyar University  
Salem - 636 011, Tamil Nadu

**Workshop on Life Skills Training - 16.02.2017 & 17.02.2017**



**Inauguration by Hon'ble Vice Chancellor**




**Participants of the Workshop**

**(Latitude: 11°43'10.1"N, Longitude: 78°04'33.6"E)**

**Workshop on Relaxation, Rejuvenation and Meditation Techniques**  
**Feb. 1-3, 2017**

Three day **workshop on relaxation, rejuvenation and meditation techniques** was organized from 01.02.2017 to 03.02.2017 at Senate Hall, Periyar University. Salem. It was virtual session provided an opportunity for 148 participants including PG Students, M.Phil students to learn the introductory Heartfulness Meditation techniques enabling, empowering individuals and institutions to remain integrated with the goal. The “Relaxation and meditation technique” helps students to balance their feelings with their thoughts, improves focus, and creates a positive culture that nurtures their development as compassionate, peace-loving, responsible and caring citizens. First day programme was inaugurated by **Prof. Dr. C. Swaminathan, Honorable Vice Chancellor**, Periyar University and spoke about the importance of meditation in the every walk of human life. He added that these kinds of meditation techniques certainly help to find a solution for any kind of problem through contemplation. This was followed by Webinar session which was conducted by **Kamlesh D Patel**, the **global Head of the Heartfulness organization**. He guided relaxation and Meditation in a gentle way.



**DIRECTOR (i/c)**  
**Centre for Swami Vivekananda Studies**  
**Periyar University,**  
**Salem-636 011.**

## Workshop on Relaxation, Rejuvenation & Meditation Techniques – Feb. 1-3, 2017



**Inauguration by Hon'ble Vice Chancellor**



**Participants of the programme**

## Celebration of International Day of Yoga – 21.06.2016



**Inauguration by Vice Chancellor**




**Training taken by students**

**(Latitude: 11°43'08.7"N, Longitude: 78°04'37.1"E)**

**“Work-Life Balance strategies for Women work force”  
for the MBA students on 04.03.2016 (Friday)**


**Report on the Special Lecture Programme**

The Periyar Institute of Management Studies of Periyar University had organised a special lecture programme on **“Work-Life Balance strategies for Women work force” for the MBA students on 04.03.2016 (Friday)** in connection with International women’s day celebration. In this regard **Ms.Nisha** MBA, (Ph.D), Faculty in Business Administration, Bharathiar University PG Extn. Centre, Erode had acted as the resource person for the programme on **04.03.2016**. The aim of the workshop was to sensitize the MBA women students on various causes and consequences of stress in the Family and at the workplace. **Dr. R.Subramaniya Bharathy**, Coordinator of the Business Line club and the organizer of the event welcomed the gathering and explained the purpose of the workshop. **Dr.V.R.Palanivelu** the head of the department presided the workshop and delivered the presidential address. 60 MBA women students of Department of Management Studies had actively participated in the workshop and learnt the various strategies and techniques to handle the stress in work as well as in Personal life.


  
4/3/2016

Professor-Cum-Director, I/C  
Periyar Institute of Management Studies,  
Periyar University,  
Periyar Palkalai Nagar,  
Salem-636 011.

## Special Training Programme on Work-Life Balancing Strategies 04.03.2016



**PERIYAR UNIVERSITY**  
(Reaccredited with 'A' Grade by NAAC)  
**PERIYAR INSTITUTE OF MANAGEMENT STUDIES**  
**JUNIOR JAYCEE WING**  
Organises  
A Special Training Programme on  
**"WORK-LIFE BALANCING STRATEGIES"**  
(Specially designed for Women Students of MBA  
on account of **INTERNATIONAL WOMEN'S DAY CELEBRATION**)



Date : 04-03-2016 Time : 2.00pm  
Venue : PRIMS, Seminar Hall, Periyar University, Salem.

With the blessings of  
**Prof. Dr. C. SWAMINATHAN**  
Periyar University, Salem.


Guest of Honour  
**Dr. S. LEELA**  
Controller of Examination  
Periyar University, Salem.

Presided by  
**Prof. Dr. N. RAJENDHIRAN**  
Director, PRIMS, Periyar University, Salem.

Resource Person  
**Ms. M. NISA, M.B.A., (Ph.D)**  
Assistant Professor - MBA Department  
Bharathiar University PG. Extn. Centre, Erode.

*All are cordially Invited*

Jc. Dr. R. SUBRAMANIYA BHARATHY  
WLB - Workshop Co-ordinator  
PRIMS - Periyar University, Salem.  
Staff & Students of PRIMS



Training given to students



Training given to students

(Latitude: 11°43'10.1"N, Longitude: 78°04'38.9"E)



PERIYAR UNIVERSITY

Reaccredited with 'A' Grade by the NAAC

SALEM – 636 011

DEPARTMENT OF ENGLISH

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Dr.V.Sangeetha  
Professor and Head

08.02.2016

**Circular**

Kayakalpa Training Programme 2015-16

This is to inform that the Department of English, Periyar University is organising one day 'Kayakalpa Training Programme' for the holistic development of the students of the Department, on 15.02.2016 at Seminar Hall, Arts Block, Periyar University. The students of I M.A., II M.A., M.Phil. and Ph.D. are directed to attend the training programme and get benefited.

A handwritten signature in green ink that reads 'Sangeetha' with the date '08.02.16' written below it.

(V.SANGEETHA)

Dr. V. SANGEETHA, Ph.D.  
Professor & Head  
Department of English  
Periyar University  
Salem 636 011. T.N. India

| Academic Year | Name of the Activity         | Date of the Activity | No. of Students Participated |
|---------------|------------------------------|----------------------|------------------------------|
| 2015-2016     | Kayakalpa Training Programme | 15.02.2016           | 73                           |



**P.R.Subramaniam, Arivuthirukoil, Kasakaranur Manavalakkalai, Salem is delivering the lecture**



**Training is given to students on Kayakalpa Methodology**

**(Latitude: 11°43'10.1"N, Longitude: 78°04'35.5"E)**

Minutes of the Kayakalpa Training Programme conducted by World Community Service Centre held on 15 Feb 2016 at 10.30 a.m. in the Sen Hall, Arts Block organised by Department of English

Dr. V. Sangeetha, Professor and Head, Dept. of English welcomed the gathering. Mr. Venkataraman, World Community Seva Centre gave an introduction about the significance of Kayakalpa. Prof. V. Jothamani along with Prof. V. Kalavathi, Prof. K. Maille, Prof. N. Paramees Selvan helped the students in the training. Girl Students (I.M.A., II M.A., and P.Phil) and boy students were given separate training. Both the <sup>teaching</sup> staff and non teaching staff enthusiastically participated in the training. Detailed demonstrations were given. Prof. S. Indirarajan concluded the session by distributing the certificates to all the participants. Dr. B. J. Geetha Assistant Professor gave the Vote of Thanks.

| S.No. | Participants' Name                                      | Designation                             | Signature               |
|-------|---|---|-------------------------|
| 1     | M.P.N. Venkataraman, B.E., M.E.<br>Asst. Prof. Sky Yoga | Kalavathar Arivu Thiru<br>koil, Salem-7 | V. Jothamani            |
| 2     | V. JOTHIMANI<br>PROF. SKY YOGA                          | "                                       | V. Jothamani            |
| 3     | N. PARAMES SELVAN<br>A-Professor                        | "                                       | N. Paramees Selvan      |
| 4     | T. Ayyanaal<br>Prof.                                    | "                                       | T. Ayyanaal             |
| 5     | V. KALAVATHI  | "                                       | V. Kalavathi            |
| 6     | K. MAILLE   | "                                       | K. Maille               |
| 7     | S. INDIRARAJAN  | secretary. "                            | S. Indirarajan          |
| 8     |   |   |                         |
| 9     | Dr. V. Sangeetha  | Professor and Head                      | Sangeetha, 15/2/2016    |
| 10    | Dr. B. J. Geetha  | Assistant Professor                     | B. J. Geetha<br>15/2/16 |

| S.No. | Participant's Name         | Designation         | Signature            |
|-------|----------------------------|---------------------|----------------------|
| 11.   | Dr. K. Sundhar             | Assistant Professor | [Signature] 15/12/16 |
| 12.   | S. Beepathi                | Assistant Professor | [Signature]          |
| 13.   | S. Sruka Sri               | Assistant Professor | B. Sruka 15/12/16    |
| 14.   | M. Sathyanarayanan         | II. M.A             | M. Sathyan           |
| 15.   | K. Sakthivel               | II. M.A             | K. Sakthi            |
| 16.   | M. APARINDH                | M. Phil English     | [Signature]          |
| 17.   | K. Navakumar               | II. M.A             | K. Nav               |
| 18.   | N. GLOBALAKRISHNAN         | II M.A - ENGLISH    | N. G                 |
| 19.   | K. Boopathy                | II. M.A ENGLISH     | K. Boop              |
| 20.   | J. SIBI CHAKRAVARTY        | II. M.A             | [Signature]          |
| 21.   | Mohankumar S               | II M.A              | [Signature]          |
| 22.   | R. Moulis                  | II M.A              | [Signature]          |
| 23.   | S. B. CHANDHINI            | II MA               | [Signature]          |
| 24.   | P. MANOGOWRI               | II M.A              | [Signature]          |
| 25.   | P. Saranya                 | II M.A              | P. Saranya           |
| 26.   | S. PRIYANEA                | II - MA ENGLISH     | [Signature]          |
| 27.   | S. SANDHIYA                | II - MA ENGLISH     | S. Sakthi            |
| 28.   | A. SUBATHRA CHAKRAVARTHINI | II - MA ENGLISH     | [Signature]          |
| 29.   | S. EASWARY                 | II. MA              | [Signature]          |
| 30.   | M. SUGUNA                  | II MA               | M. Suguna            |
| 31.   | S. Sakthi                  | II MA               | [Signature]          |
| 32.   | K. Karinilam               | II M.A              | K. Kar               |
| 33.   | B. Premalatha              | II. M.A.            | B. Pre               |
| 34.   | A. Yogalashmi              | II. M.A             | Yogalashmi           |
| 35.   | P. Padmarathe              | II - MA English     | P. Padma             |
| 36.   | S. Nalitha Banu            | II - MA English     | S. Nalitha           |
| 37.   | V. Kerithika               | II M.A English      | [Signature]          |
| 38.   | A. Divya                   | ii - M.A - English  | A. Div               |
| 39.   | S. Rajeswari               | II MA - English     | [Signature]          |
| 40.   | A. Sophia Mary             | M. Phil English     | A. Sophia            |
| 41.   | N. Deepa                   | II - M.A English    | N. Deepa             |
| 42.   | M. MOHANAPRIYA             | M. PHIL (Eng)       | M. Mohan             |

| S.No | Participant's Name   | Designation      | Signature         |
|------|----------------------|------------------|-------------------|
| 43.  | P. CHITRA            | I M.A. ENGLISH   | chitra P.         |
| 44.  | K-A. REKHA.          | I M.A. ENGLISH   | Rekha K           |
| 45.  | M. SARASWATHI        | I.M.A ENGLISH.   | M. Saran          |
| 46.  | S. SHAHEEN BANU      | I.M.A ENGLISH    | S. Shaheen        |
| 47.  | N. POON GOATHAI      | M. phil          | N. Poon           |
| 48.  | M. RAMYA             | M. Phil          | M. Ramya          |
| 49.  | S. PREETHI SHALINA   | M. Phil. ENGLISH | S. Preethi        |
| 50.  | V. Gowai Devi        | I. M.A.          | V. Gowai          |
| 51.  | A. ANJALI            | I. M.A.          | A. Anjali         |
| 52.  | AMUTHA K.            | I M.A. ENGLISH   | Amutha K.         |
| 53.  | MENAKA K.            | I M.A.           | M. Menaka         |
| 54.  | Gokulapriya. T.      | I MA             | T. Gokul          |
| 55.  | C. Priyadharshini    | I M.A. ENGLISH   | C. Priyadharshini |
| 56.  | M. USHA              | I- M.A.          | M. Usha           |
| 57.  | S.v. Soundharya      | I- M.A ENGLISH   | S.v. Soundharya   |
| 58.  | A. Sowndarya         | I M.A. ENGLISH   | A. Sowndarya      |
| 59.  | C. S. PAVITHRA       | I. M.A.          | C. S. Pavithra    |
| 60.  | M. Indhumathi        | I M.A.           | M. Indhumathi     |
| 61.  | B. Saritha           | I M.A.           | B. Saritha        |
| 62.  | S. Priyadharshini    | I M.A.           | S. Priyadharshini |
| 63.  | N. Mani Mala.        | I. M.A. English. | N. Mani Mala      |
| 64.  | M. Augustina Chinnay | I. M.A.          | M. Augustina      |
| 65.  | R. Sajjini Devi      | I. M.A.          | R. Sajjini Devi   |
| 66.  | A. Syed Barkat       | I. M.A.          | A. Syed Barkat    |
| 67.  | P. SANTHOSH KUMAR    | I M.A.           | P. Santosh Kumar  |
| 68.  | p. Ananavel          | I M.A.           | P. Ananavel       |
| 69.  | B. VIKRAM            | I M.A. English   | B. Vikram         |
| 70.  | K. Praveeth          | I M.A.           | K. Praveeth       |
| 71.  | A. MURUGESAN         | office staff     | A. Murugesan      |
| 72.  | B. Gomathi           | OFFICE STAFF     | B. Gomathi        |
| 73.  | A. Somathi           | "                | A. Somathi        |