



PERIYAR UNIVERSITY

NAAC Reaccredited 'A' Grade - State University-NIRF RANK 68

Salem - 636011, Tamil Nadu, INDIA

DEPARTMENT OF EDUCATION

Value Added Course: PRE-MARITAL EDUCATION (PGEDNVA01)

Course Mentor: Dr.K.Nachimuthu

Introduction:

This course is offered by the Department of Education as an Open Course, for all the Arts and Science students who want to acquire knowledge about Sex education and the importance of the human relationship with the awareness of HIV/ AIDS education. This course provides the fundamental concept of pre-marital education and human relationship. So, all the students must aware know the uses of pre-marital knowledge and its advantages. This course will help them confront and work through their differences; It builds communication skills, and it provides an opportunity to address issues; it helps the students plan the future and it allows them to discover new things about themselves.

Course Outcome:

- CO1: Acquire basic knowledge of various needs and the importance's of pre-marital education
- CO2: Understand the importance of the human relationship
- CO3: Gain the Knowledge on pre and post-marital nature
- CO4: Understand the principles of Sex education
- CO5: Develops an ability to analyze the level of HIV/ AIDS education

Course Duration: 36 Hours

Month: February 2020

Syllabus:

Unit: I. Introduction: Meaning, concept, need, and importance of Pre-marital education - Significance of Pre-marital education-Developmental stages of Piaget and Bruner.

Unit: II. Development of Human Relationship: Adolescence - Physical development- Puberty- Physical and mental health- Cognitive development - Cognitive maturation - Psychosocial development - Search for self-identity - Relationship with family - Peer - Adult and society.

Unit: III. Pre-Marital and Post Marital Education: Scope and objectives of Pre-marital and Post-marital education - Preparation for Pre-marital counseling - Relationship skill development- Pre-marital and Post-marital counseling.

Unit: IV. Sex Education: Introduction - Need and importance of Sex education - Child abuse and Sex education - Sex education for Women-Sexual harassment - Role of the Indian government in Sex education- Debates on sex education in India - Sex education the need of the hour high time to be open.

Unit: V. Human Immune Virus -HIV – Education: Introduction -HIV education for the young generation (NACO) - Policy framework for HIV education - Counseling -Behavioral change - Counseling for children, Counseling for pregnant women - Couple counseling- Awareness of HIV - Importance of HIV counseling -Survival guidance for HIV Patients -Treatment and medicine- Nutrition -Monitoring HIV/AIDS care.

References:

Baron, Robert A. & Byrne D. (2001). Social Psychology (8th edition), New Delhi.

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Schumm, W, Resnick, G, Silliman, B, & Bell, D. (1998). Premarital Counseling and Marital Satisfaction Among Civilian Wives of Military Service Members.

Stanley, S, Amato, P, Johnson, C, & Markman, H. (2006). Premarital Education, Marital Quality, and Marital Stability: Findings from A large, Random, Household Survey. Journal of Family Psychology, 20, 117-126.

Sullivan, K, Pasch, L., Cornelius, T, & Cirigliano, E. (2004). Predicting Participation in Premarital Prevention Programs: the Health Belief Model and Social Norms. Family Journal.

Sullivan, K. & Anderson, C. (2002). Recruitment of Engaged Couples for Premarital Counseling: an Empirical Examination of the Importance of program Characteristics and Topics to Potential Participants. The Family Journal.

William, N (2002). Premarital Education Manual, USA: Brander Publisher.


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