

**Certificate Course in Women Empowerment Through SHGs**

**Paper I: Perspectives of Women Empowerment**

**Paper II: Strategic Approach for Women Empowerment**

**Paper III: Micro Finance and Self Help Groups and Women Empowerment**

**Paper IV: Programmes & Techniques of Women Empowerment**

## **Paper I: Perspectives of Women Empowerment**

### **Unit I**

**Women Empowerment:** Women Empowerment: meanings, definitions concepts related to women empowerment. Nature and scope of women empowerment. Objectives of women empowerment, reality of women empowerment in the era of globalization.

### **Unit II**

**Contributing factors for women empowerment:** Education, Better Health, and Commitment in social life, economic status, communication skills, political life, cultural life, decision making, source and quality of information and mobility.

### **Unit III**

**Changing role and status of women:** changing role and status of women in historical perspective: Ancient, medieval, British and post independence. Efforts for women empowerment: Before & after independence, main problem of Indian women, suggestions for solving the women's problem.

### **Unit IV**

**Various theories of feminism:** Liberal, Marxist, Radical & Socialist. Gender discrimination: Changing milieu & condition of women (social, educational, economical, political & health)

### **Unit V**

**Women Entrepreneurship:** Concept, meaning, importance, entrepreneurial traits, factors contributing to women entrepreneurship progress and problems of women entrepreneur. Women empowerment through participation in political & decision making process, socio – economic change.

### **Reference:**

1. Hajira Kumar, Jaimon Varghese (2005). Women's Empowerment, Issues, Challenges, and Strategies: A Source book. New Delhi: Regency Publications
2. Constance Margaret Hall (2013). Women and Empowerment: Strategies for Increasing Autonomy. Hemisphere Publishing Corporation.
3. Ranajit Kumar Samanta (1993). Empowering Women: Key to Third World Development. M D Publications Pvt. Ltd
4. Ganesamurthy, V.S. (2009). Empowerment of women in India: social, economic and political. New Century Publications.
5. Subhas Chandra Parida (2009). Empowerment of Women in India. Northern Book Centre

## **Paper – II: Strategic Approach for Women Empowerment**

### **Unit I**

**Development of women education:** In pre – independence & post independence in India, importance of women education in women empowerment, special education schemes for women equality.

### **Unit II**

**Education of women:** Realities of women's empowerment in Indian perspective, female literacy & non – formal education for women development, National Literacy Mission (NLM). Review of Female literacy programme in Uttar Pradesh.

### **Unit III**

Development of mother child health programmes, family planning, integrated health programmes, rural health & hygiene network. Women empowerment through Panchayati Raj, history of women movement in India and abroad.

### **Unit IV**

Role and Organization of National Commission for Women, Central Social Welfare Board, State Social Welfare Board for Women Empowerment. Theories of development: Women in development (WID), women and development (WAD), gender and development (GAD).

### **Unit V**

Developmental status of women in various religions, women empowerment: issues & remedies in India. Dynamics of women work participation in organized & unorganized sector in urban and rural perspectives.

### **Reference:**

1. Panigrahy, R L., Dasarathi Bhuyan (2006). Women Empowerment, Discovery Publishing House.
2. Ranjana Harish, Bharathi Harishankar, V. (2001). Shakti: Multidisciplinary Perspectives on Women's Empowerment in India. Rawat Publications.
3. Sarojini Nayak, Jeevan Nair (2011). Women's Empowerment in India. Pointer Publishers.
4. Ganesamurthy, V.S. (2008). India: economic empowerment of women. New Century Publications.
5. Moses Seenarine (2004). Education and Empowerment Among Dalit (untouchable) Women in India, Mellen Press

## **Paper III: Micro Finance and Self Help Groups and Women Empowerment**

### **Unit-I**

Micro finance: concept, elements, importance and history of micro finance - role of Micro finance in poverty alleviation. Concept of micro credit: circulation of money among the members, elimination of money lenders. Role of banks in micro finance and micro credit and Gramin bank.

### **Unit – II**

Empowerment of women. Meanings of empowerment, factors determining women empowerment. Aspects of women empowerment. Issues and dimensions of women empowerment. Challenges of women empowerment. Women empowerment and its role in strengthening the domestic economy. Sustainable development. Involvement of community in empowering women.

### **Unit – III**

Self help group: meanings and definition of Self Help Group. Self Help Group: solidarity groups, making silent revolution, integration of women to curb social differences, moving towards formal financial institutions – banks and governmental institutions. Making the women as leadership potentials. elimination of poverty.

### **Unit – IV**

Activities of Self Help Groups: Savings, credit, marketing and insurance- rules to formation of Self Help Group. Roles in self help groups. Developing the concepts of micro savings and micro insurance. Helps to develop confidentiality.

### **Unit –V**

Monitoring and Evaluation of Self Help Group. Relevance, features and ideas of monitoring. Role of governmental and nongovernmental organization in strengthen the self help groups. Involvement of communities in maintain the self help groups. Marketing challenges for the self help groups.

### **References:**

1. Yunus, M., Rural Agricultural Credit Operations in Bangladesh
2. Femandes AP The MYRADA Experience – Alternative management Systems for Saving and Credit of Rural Poor
3. Lla Bhat, A Bank of One's Own (A note from SEWA) Finance against Poverty
4. Rajasekhar D. Savings and Credit Systems of the poor: Some NGO experiences, NOVIB and HIVOS
5. D. Rajasekhar and Mahadeswaran (2005). Economic and Social Benefits of Micro- Finance programmes. in BB Bhattacharya and Arup Mitra (eds.) Studies in Macroeconomic and Welfare, New Delhi: Academic Foundation.

## **Paper – IV: Programmes & Techniques of Women Empowerment**

### **Unit I**

Feature & techniques of women empowerment programme, women empowerment through microfinance. Women & child development welfare programmes: Awareness camps, mahila mandal, self help groups, cultural programmes.

### **Unit II**

Social welfare programme: Swarn Jayanti Gram Swarajgar Yojna, Rastriya Mahila Kosh Yojna, Balika Samridhi Yojna, Kishori Shakti Yojna Margin Money Loan Yojna, Child Development Programme, Women Development Programme, DWACRA ( Development of Women And Children in Rural Areas), Janani Suraksha Yojna.

### **Unit III**

Organization of Continuing Education Centre, Angan Wadi Kendra and its management, extension work through students International Women's Day.

### **Unit IV**

Training programmes for women: National training camps, short home for girls/women, income generating activity, quality of life improvement programme, vocational training and capacity building programme for women. Concept, meaning and scope of NGO, Process of establishing NGO & net working of NGO's for women empowerment, NGO management.

### **Unit V**

Project formulation, monitoring, Evaluation process & implementation for poverty elevation & self employment programmes for women (rural and urban area) role of Zila Udyog Kendra, Khadi Gramodyog and banks in women empowerment.

#### Reference:

1. Ranajit Kumar Samanta (1993). Empowering Women: Key to Third World Development. M D Publications Pvt. Ltd
2. Ganesamurthy, V.S. (2009). Empowerment of women in India: social, economic and political. New Century Publications.
3. Subhas Chandra Parida (2009). Empowerment of Women in India. Northern Book Centre
4. Panigrahy, R L., Dasarathi Bhuyan (2006). Women Empowerment, Discovery Publishing House.
5. Ranjana Harish, Bharathi Harishankar, V. (2001). Shakti: Multidisciplinary Perspectives on Women's Empowerment in India. Rawat Publications.