

## CURRICULUM VITAE



1.	Name in full (in Block letters)	: <b>R.ARIVUCHUDAR</b>
2.	Designation with official address	: <b>Assistant Professor</b> Department of Clinical Nutrition and Dietetics Periyar University Periyar Palkali Nagar Salem-636011, Tamilnadu, India
3.	a) Date of Birth and Age	: 01.03.1980, 36 Years
	b) Sex	: Female
4.	Place of Birth and Nativity	: Salem
5.	Nationality/Religion/Community /Caste	: Indian/ Hindu/ MBC
6.	Residential permanent address	: 48, Mullai nagar Suramangalam Salem -636 005, Tamil Nadu, India. <b>Mobile : +91 9865819342</b>
	Personal Email id	: <b>achudar24@gmail.com</b>

7 a) Educational Qualification (University Education)						
S. No	Degree / Diploma	Subject	Year From To	College/ Institution	University	Class / Rank
1.	B.Sc.,	Nutrition, Food Service Mngt & Dietetics	1997-2000	Anna Aadarsh College for Women, Chennai	Madras University	I <sup>st</sup> Class with Distinction
2.	M.Sc.,	Food Science & Nutrition	2000-2002	Avinashilingam University, Coimbatore	Avinashilingam University, Coimbatore	I <sup>st</sup> Class with Distinction
3.	M.Phil.	Foods & Nutrition	2006	Mother Teresa Women's University, Kodaikanal	Mother Teresa Women's University	I <sup>st</sup> Class with Distinction
5.	H.D.C.A	Computer applications	1999	CSC, Chennai	-	I <sup>st</sup> Class
<b>b) Departmental Tests and Technical Examinations Passed</b>						
<b>UGC – NET – June 2012</b>						

## 8. Research Experience

**Title of M.Sc., Thesis:** Impact of Supplementation with Raw and Cooked Amaranthus on Maternal Vitamin A Nutriture of Nursing Mothers and the Nutritional Status of their Infants.

**Title of M.Phil. Thesis:** Survey on the Knowledge, Attitude and Practice of Iodised Salt among Mothers.

## 9. Work Experience:

Designation	Institution	Period
Assistant Professor	Periyar University, Salem	Since 5.10.2016
Dietician	Government Mohan Kumaramangalam Medical College Hospital, Salem	13.5.2010 To 4.10.2016
Senior Lecturer	Shevaroy's College Of Catering And Hotel Administration, Salem	5.6.2006 To 24.12.2008
Lecturer	Harur Muthu College Of Arts And Science, Harur	10.6.2002 To 29.4.2003

### 10.As Resource Person In Workshops / Seminars:

Date	Topic	Organisers
6.10.2010	Planning Therapeutic Diets	Periyar University,Salem
18.2.2012	Diet In Irritable Bowel Syndrome	Indian Society Of Gastroenterology State Annual Meet
6.5.2012	Nutrition Support For Cancer Sufferers	Society For Integrative Health Research-Shanmuga Cancer Institute
22.11.2013	Health Status Of Women In India	Saradha College For Women,Salem
14.11.2015	Diet In The Management And Prevention Of Diabetes-I	Department Of Diabetology,Government Mohan Kumaramangalam Medical College Hospital,Salem
26.06.2016	Titbits To Good Health	Indian Medical Association,Salem
14.11.2016	Diet In The Management And Prevention Of Diabetes Mellitus-II	World Diabetes Day Celebration, Government Mohan Kumaramangalam Medical College Hospital,Salem

### 11.Other Professional activities

- Dr. M.G.R. Noon Meal Programme –Evaluation Study.
- Board of Studies- Department Of Clinical Nutrition And Dietetics-Periyar University.