# **CURRICULUM VITAE**

#### Name

Designation

# Dr. S. KADHIRAVAN

Professor & Head

Address for Communication

Department of Psychology, Periyar University, Salem 636 011, Tamil Nadu, India

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## a) TEACHING EXPERIENCE

17 years

S1. No.	Designation	From	То	Institution
1.	Professor	11.03.2013	Till date	Periyar University, Salem, Tamil Nadu, India
2.	Associate Professor	11.03.2010	10.03.2013	Do
3.	Associate Professor	01.04.2009	10.03.2010	Annamalai University, Annamalainagar, Tamil Nadu, India
4.	Reader	01.04.2006	31.03.2009	Do
5.	Lecturer (Senior Scale)	01.07.2004	31.03.2006	Do
6.	Lecturer	01.07.2000	30.06.2004	Do

i) Handling classes for M.Sc. and M.Phil. Psychology Courses

ii) Handling classes for M.Ed. Course

iii) Handled classes for B.Sc. & Post Graduate Diploma in Guidance and Counselling Courses

# b) RESEARCH EXPERIENCE

20 years

# Area of Specialization

M.Phil.	Cognitive Psychology
Ph.D.	Educational Technology / HRD
Current Areas	HRD, Counselling Psychology & Hypnotherapy

# c) ACADEMIC QUALIFICATIONS

Degree	Subject	University	
Ph.D.	Psychology	Annamalai University, Annamalainagar.	
Ph.D.	Educational Technology	Bharathiar University, Coimbatore.	
PGDGC	Guidance & Counselling	Annamalai University, Annamalainagar.	
<b>M.A.</b>	Sociology	Annamalai University, Annamalainagar.	
M.Sc.	Physics	University of Madras, Chennai	
M.A.	Psychology	Annamalai University, Annamalainagar.	
M.Phil.	Education	University of Madras, Chennai	
M.Ed.	Education	University of Madras, Chennai	
B.Ed.	Physical Science & Mathematics	University of Madras, Chennai	
B.Sc.	Physics	University of Madras, Chennai	

- i) Qualified at the UGC NET for Lectureship held on June-99, in **"Psychology"**.
- ii) Qualified at the SLET for Lectureship held on March -97, in **"Education"**.
- iii) Qualified at the UGC NET for Lectureship held on December-96, in "**Education**".

# d) ACADEMIC DISTINCTIONS

M.Phil.	Dr. E.G. Vedanayagam Endowment Medal & Madras University Students Club Endowment Prizes - University of Madras, Chennai.
M.Ed.	First Rank - University of Madras, Chennai.
B.Sc.	Dr. A.L. Mudaliar Gold Medal for Moral Sciences – Sacred Heart College, Tirupattur. [University of Madras]

#### e) FOREIGN VISIT

- 01. Delivered Special Lectures on "Health Psychology" at Siddha Health Centre, Selangor, Malaysia from 01.08.15 to 11.08.15.
- 02. Awarded "Ellis Scholar- Summer Fellowship" and trained in Rational Emotive &Cognitive Behaviour Therapies at Albert Ellis Institute, New York, USA from 08.07.16 to 17.07.16.

#### f) PROFESSIONAL TRAINING RECEIVED

- 01. Primary Training Course in Rational-Emotive & Cognitive Behavioural Therapy & Techniques at Albert Ellis Institute, New York, USA
- 02. Advanced Training Course in Rational-Emotive & Cognitive Behavioural Therapy & Techniques at Albert Ellis Institute, New York, USA
- 03. Essentials of Cognitive Behaviour Therapy: The Beck Approach in Beck Institute, Philadelphia, USA.
- 04. CBT for Depression in Beck Institute, Philadelphia, USA.
- 05. CBT: Basic Principles and Techniques at Sri Ramachandra University, Chennai.
- 06. CBT: Applications in Emotional Disorders at National Institute of Mental Health and Nerosciences (NIMHANS), Banglore.
- 07. Clinical Hypnotherapy : From Level 1 to Level 5 at California Hypnosis Institute of India, Mumbai

#### g) RESEARCH PUBLICATIONS / CONFERENCES

11
15
47
65
08

h) RESEARCH GUIDANCE	M.Phil.	Ph.D.
Awarded	45	09
Submitted		03
Ongoing	02	09

#### i) LIST OF PROGRAMMES ORGANIZED

S1. No.	Date	Name of the Programme	
1.	29.09.16	2nd Annual National Conference on Psychology and Holistic Wellbeing, in Association with the P.G. Department of Counselling Psychology,	
		Sacred Heart College, Tiruppattur, Vellore (Dt.), TN.	
2.	22.01.16-	Faculty Development Programme on	
	28.01.16	Advanced Counselling Skills	

3.	08.09.15	National Conference on Contemporary
		Psychological Issues among Adolescents- The Way
		Forward. in Association with the P.G. Department
		of Counselling Psychology, Sacred Heart College,
		Tiruppattur, Vellore District, TN.
4.	27.07.15-	Programme on Understanding the Interface
	30.07.15	between Ecology and Human behaviour &
		Malfunctions of Mind and Mental Profession
5.	02.01.2015 -	Faculty Development Programme on
	08.01.2015	Counselling Skills
6.	23.07.2014 -	Programme on Self-Development, Assertiveness
	28.07.2014	Training, Effective Communication, HR Practices
		and Avenues in Clinical Psychology
7.	22.10.2013 -	Programme on Behaviour Technology for
	23.10.2013	Enhancing Mental Health and Disability &
		Rehabilitation in Indian Context
8.	02.11.2012 -	National Workshop on Clinical Hypnotherapy
	04.11.2012	
9.	09.02.2012 -	National Conference on Counselling and
	10.02.2012	Mental Health
10.	16.09.2011 -	National Seminar on Applications of Cognitive
	17.09.2011	Neuro-Science across Disciplines in Association
		with Sri Sarada College of Education at Salem
11.	20.03.2009 -	National Seminar on Counselling Needs in Indian
	21.03.2009	Context at Annamalai University, Annamalainagar

# j) LIST OF PROGRAMMES CONVENED

S1. No.	Date	Name of the Programme
1.	22.09.2016-	National Workshop on
	23.09.2016	Clinical Hypnotherapy
2.	21.03.2016 -	National Workshop on
	22.03.2016	Family Therapy
3.	27.10.2015 -	National Workshop on Cognitive
	28.10.2015	Behaviour Therapy for Emotional Disorders
4.	25.08.2015 -	National Workshop on Clinical Hypnotherapy:
	26.08.2015	Basics & Beyond
5.	20.02.2015 -	National Seminar on Psychology at Cross Roads:
	21.02.2015	Integrating Theory, Research and Practice
6.	20.08.2014 -	National Workshop on Premarital, Marital and
	22.08.2014	Family Counselling
7.	31.07.2014 -	National Workshop on Structural Equation
	02.08.2014	Modelling through AMOS
8.	21.01.2014 -	National Workshop on Specific Learning
	22.01.2014	Disabilities: Assessment and Intervention
9.	07.11.2013 -	National Workshop on Basic Skills in
	08.11.2013	Professional Counselling
10.	07.03.2013 -	National Workshop on Applications of
	08.03.2013	Behaviour Technology

11.	21.01.2013 -	National Workshop on Cognitive
	22.01.2013	Behaviour Therapy
12.	18.10.2012 -	National Workshop on
	19.10.2012	Psycho Diagnostics
13.	26.03.2012 -	National Workshop on
	27.03.2012	Competency Mapping
14.	12.12.2011 -	National Workshop on Transaction Analysis
	13.12.2011	and Neuro-Linguistic Programming
15.	13.10.2011 -	National Workshop on Applications of
	14.10.2011	Projective Techniques

## k) TRAINING & COUNSELLING OFFERED

- Motivation & Goal Setting
- Stress & Anger Management
- Leadership Skills Training
- Secrets of Success
- Self-Regulated Behaviour
- Individual Counselling
- CBT
- Clinical Hypnotherapy

- Cognitive & Learning Styles
- Emotional Intelligence
- Methods in Teaching Learning
- Reaching Your Potential
- Personality Development
- Group Counselling
- REBT

#### 1) MEMBERSHIP IN EDITORIAL BOARD

#### **Editor:**

- 1. Periyar University Journal of Psychology (An International Journal) ISSN: 2319-9601
- 2. Journal of Arts and Education ISSN: 2354-2454

### Member in Editorial Board:

- 1. Indian Journal of Educational Administration
- 2. International Journal of Transformations in Business Management
- 3. International Journal of Research in Social Sciences and Humanities
- 4. Multidisciplinary International Journal
- 5. Global Research Journal on Educational Studies

## m) MEMBERSHIP IN PROFESSIONAL BODIES

- 1. Life Member: Indian Academy of Applied Psychology, Chennai
- 2. Life Member: National Association of Psychological Science, Chandigarh
- 3. Life Member: Indian Society for Educational and Allied Sciences, Kodaikanal
- 4. Full Member: National Academy of Psychology (NAOP), India.

n) PERSONAL DETAILS Gender Date of Birth & Age Nationality & Religion Marital Status

Male 30.07.1970 & 46 years Indian & Hindu Married

#### ANNEXURE – I

#### **PUBLISHED WORK**

- **01.** Vijay,M. and **Kadhiravan,S.** (2016). Influence of Personality and Self-Esteem on the Academic Procrastination among University Students. *The International Journal of Indian Psychology*, 4(1), 18-23.
- **02.** Madalaimuthu, A. and **Kadhiravan, S.** (2016). Influence of Personality Factors on the Trait Emotional Intelligence among College Students. *IOSR Journal of Humanities and Social Science*, 21(11), 19-22.
- **03.** Madalaimuthu, A. and **Kadhiravan, S.** (2016). Influence of Spiritual Intelligence on Personality Factors among College Students International Journal of Education and Psychological Research, 5(2), 75-77.
- **04.** Vijay,M. and **Kadhiravan,S.** (2016). Self-Regulated Learning and Decision Making Styles among University Students. *International Journal of Advanced Research in Literature and Education*, 1(2), 27-36.
- 05. Pandian,S.M. and Kadhiravan,S. (2016). Stress Coping Strategies and Reduction Reponses of Infertility Women. Review of Research Journal, 5(5), 1-8.
- O6. Pandian,S.M. and Kadhiravan,S. (2015). Enhancing Stress Coping Skills among Infertility Women – An Overview. Indian Streams Research Journal, 5(9), 1-11.
- **07. Kadhiravan,S.** and Sujatha. (2015). Internet Addiction among University Students in Relation to their Personality. *Global Journal for Research Analysis*, 4(8), 1-3.
- 08. Jayakumar,K.N. and Kadhiravan,S. (2015). "Higher Education in the Paradox of Social-Class Achievement Disparity: A Study on SRB and PSS among First and Second Generation Students". In T.Sundara Raj (Ed.).Social Exclusion-Dimensions of Marginality in India (pp.180-186). New Delhi: APH Publishing Corporation.
- O9. Senthil Kumaran, J. and Kadhiravan, S. (2015). Personality and Test Anxiety of School Studets. International Journal of Education and Psychological Research, 4(2), 9-13.
- Jeyavel,S. and Kadhiravan,S. (2015). Enhancing Self Regulated Learning among Adolescents. International Journal of Scientific Research, 4(6), 452-455.

- Jeyavel,S. and Kadhiravan,S. (2015). Family Environment & Goal Orientation: Predictors of Self Regulated Learning among Adolescents. *International Journal* of Research and Development, 2(5), 60-64.
- Jeyavel,S. and Kadhiravan,S. (2014). Impact of Family Environment on Adolescents Goal Orientation. International Journal of Management and Social Science Research Review, 1(2), 204-208.
- Parameswari, J. and Kadhiravan, S. (2014). "A Measure on Quality of Work Life of Government School Teachers: Development and Validation". Eduved International Journal of Interdisciplinary Research, 1(5), 48-55.
- Kumar,K. and Kadhiravan,S. (2014). Developing and Validating Stress and Performance Measure: A new Approach. International Journal of Education & Management Studies, 4(2), 117-121.
- Parameswari, J. and Kadhiravan, S. (2014). "Quality of Work Life and Hardiness of School Teachers". Indian Journal of Health and Wellbeing, 5(4), 457-460.
- 16. Kadhiravan,S. (2014). "Cognitive Styles and Decision Making". In B.William Dharma Raja (Ed.). Cognitive science initiative in education (pp.4-7). Tirunelveli: A.V.Parthasarathy Publication Pvt Ltd.
- Kadhiravan,S. (2014). Relationship between Emotional Intelligence and Cognitive Styles of College Students. Journal of Research, Extension and Development, 2(6), 82-87.
- Jeyavel,S. and Kadhiravan,S. (2013). The Predictive Role of Family Environment and Goal Orientation on Students' Self-Regulated Learning. International Journal of Psychology & Education, 1(3), 104-112.
- Jayakumar,K.N. and Kadhiravan,S. (2013). "Measuring the Citizenship Behaviour of IT Professionals in India: Development of a Scale". International Journal of Education & Management Studies, 3(4), 455-459.
- 20. Amirtha, M. and Kadhiravan,S. (2013). Emotional Intelligence of Higher Secondary Students in relation to their Family Environment. *Journal of Humanities and Social Science Studies*, 2(4), 19-25.
- 21. Urmi Shelley and Kadhiravan,S. (2013). Effectiveness of Systematic Group Counselling in enhancing Academic Performance, Emotional Intelligence and Moral Values of College Students with Unsatisfactory Academic Performance". International Journal of Multidisciplinary Science and Research, 1(1), 86-91.

- 22. Barani Ganth,D. and Kadhiravan,S. (2013). Development and Validation of Romantic Inclination Scale. Indian Journal of Positive Psychology, 4(2), 301-305.
- **23.** Ravi,P. and **Kadhiravan,S.** (2013). Influence of emotional intelligence on the mental health of bootleggers. *Journal of Contemporary Educational Research and Innovations*, 3(4), 52-57.
- 24. Jeyavel,S. and Kadhiravan,S. (2013). Goal Orientation and Family Environment: Predictors of Self-Regulated Learning among School Students. Journal of Contemporary Educational Research and Innovations, 3(2), 22-27.
- Barani Ganth,D. and Kadhiravan,S. (2013). Correlates of Romantic Inclination among Unmarried Youth. Journal of Humanities and Social Science Studies, 2(1), 104-109.
- Baskaran, U. and Kadhiravan, S. (2013). "Personality and Resilience among College Students". Indian Journal of Psychology and Education, 3(1), 33-38.
- 27. Barani Ganth,D. and Kadhiravan,S. (2013). Attitude on Premarital Romantic Relationship and its Correlates: A Study among University Students. *Journal of Research, Extension and Development*, 1(5), 90-95.
- Kadhiravan,S. and Kumar,K. (2012). "Enhancing Stress Coping Skills among College Students. Researchers World – Journal of Arts, Science and Commerce, 4(1), 49-55.
- 29. Kumar,K. and Kadhiravan,S. (2012). "Perceived Stress and Proactive Coping of College Students". Indian Journal of Positive Psychology, 3(3), 302-304.
- Kadhiravan,S. (2012). "Self-Regulated Learning of Adolescents in relation to their Achievement Motivation". Journal of Psychosocial Research, 7(2), 211-218.
- Parameswari, J. and Kadhiravan, S. (2012). "Influence of Personality on Quality of Work Life of Teachers". International Journal of Research in Commerce, IT and Management, 2(5), 79-82.
- **32.** Subas Chandran, P.R. and **Kadhiravan, S.** (2012). "Goal Orientation and Cognitive Styles of Higher Secondary Students". *Edutracks*, 11(9), 37-40.
- **33. Kadhiravan,S.** (2012). "Goal Orientation and Cognitive Styles of Higher Secondary Students". Journal of the Indian Academy of Applied Psychology, 38(1), 179-187.

- **34.** Jeyavel, S. and **Kadhiravan, S.** (2011). "Family as a Predictor of Students' Self-Regulated Learning", *Journal of Academy of Psychologists*, 1(1), 12-20.
- 35. Baskaran,U. and Kadhiravan,S. (2011). "Personality and Resilience of Management Graduates". In N.Rajendhiran & V.R.Palanivelu (Eds.). A research book on global business environment and its impact on management education (pp.653-655). Mumbai: Himalaya Publishing House.
- 36. Parameswari, J., Sajitha, U. and Kadhiravan, S. (2011). "Quality of Working Life among Private and Government Teachers". In N.Rajendhiran & V.R.Palanivelu (Eds.). A research book on global business environment and its impact on management education (pp.383-387). Mumbai: Himalaya Publishing House.
- 37. Jayakumar,K.N. and Kadhiravan,S. (2011). "Organizational Citizenship and Self-Regulated Behaviour among Software Executives in the context of Job Insecurity". International Journal of Education & Management Studies, 1(1), 92-96.
- **38.** Jayanthi, M. and **Kadhiravan, S.** (2011). "Effectiveness of Intervention Programs for Children with Dyslexia and Dysgraphia". *Journal of Indian Health Psychology*, 6(1), 73-78.
- **39.** Jayakumar,K.N. and **Kadhiravan,S.** (2011). "Impact of global economic crisis: IT organizations retain and walk with good soldiers". Indian *Journal of Positive Psychology*, 2(1), 125-127.
- **40.** Kadhiravan,S. (2011). "Influence of Family Environment on the Students' use of Self-regulated Learning Strategies". *i-managers Journal on Educational Psychology*, 5(1), 39-47.
- Parameswari, J. and Kadhiravan, S. (2011). "Quality of Work Life and Self-Regulated Behaviour among Government and Private School Teachers". International Journal of Management Prudence, 3(1), 46-51.
- 42. Kumar,K. and Kadhiravan,S. (2010). "Stress Coping and Cognitive Styles of Higher Secondary Students". *Recent Researches in Education and Psychology*, 15(3-4), 94-98.
- **43. Kadhiravan,S.** (2009). "Developing a Measure of Self-Regulated Work Behaviour", *Journal of Psychological Researches*, 53 (2), 112-117.
- 44. Jayanthi, M. and Kadhiravan, S. (2009). "Effectiveness of Intervention Program for the Children with ADHD", Journal of Indian Health Psychology, 4(1), 99-105.

- 45. Kumar,K. and Kadhiravan,S. (2009). "Stress, Proactive Coping and Perceived Self-efficacy of College Students", Journal of Psychosocial Research, 4(2), 49-56.
- **46.** Kumar,K. and **Kadhiravan,S.** (2009). "Stress Coping Skills of College Students in relation to their Goal Orientation", *Journal of Community Guidance and Research*, 26(2), 159-167.
- 47. Jeyavel,S. and Kadhiravan,S. (2009). "Cognitive Styles of College Students in relation to their Goal Orientation", *Journal of Psychological Researches*, 53(1), 48-54.
- **48. Kadhiravan,S.** and Suresh,V. (2008). "Self-Regulated Behaviour at Work", Journal of the Indian Academy of Applied Psychology. 34 [Spl.Iss.], 126-131.
- **49.** Suresh,S. and **Kadhiravan,S.** (2007). "Personality and Conflict Style of IT Executives", *Indian Journal of Applied Psychology*, 44, 62-69.
- 50. Suresh,S. and Kadhiravan,S. (2007). "Influence of Personality on the Environmental Awareness Ability of College Students", *Journal of Community Guidance and Research*, 24(1), 58-69.
- **51.** Kadhiravan,S. and Suresh,V. (2006). "Influence of Emotional Intelligence on the Stress Coping Skills of College Teachers", *Eduterate*, 3(1), 1-9.
- **52.** Amirtha, M. and **Kadhiravan,S.** (2006). "Influence of Personality on the Emotional Intelligence of Teachers", *Edutracks*, 5(12), 25-29.
- **53.** Suresh,V. and **Kadhiravan,S.** (2006). "Influence of Irrational Beliefs on Decision Making Behaviour", *Behavioural Scientist*, 7(1), 51-54.
- **54.** Kadhiravan,S. and Balasubramanian,N. (2005). "Development and Validation of Computer Tutorials", *Edutracks*, 4(11), 17-20.
- **55.** Kadhiravan,S. (2005). "Development of Criterion referenced Test", In Quest of Bharateeya Shikshan, XV (7), 18-23.
- **56. Kadhiravan,S.** and Suresh,V. (2003). "Teachers Hemisphericity in relation to their Ego States", *Behavioural Scientist*, 4(2), 105-110.
- **57.** Kadhiravan,S. and Suresh,V. (2003). "Computer Technology in Education: Some Barriers", *In Quest of Bharateeya Shikshan*, XIII (5), 12-18.
- Kadhiravan,S. and Suresh,V. (2002). "The Impact of Computers with Peer Interaction on Learning Physics", Indian Journal of Open Learning, 12 (1), 47-58.

- **59. Kadhiravan,S.** and Suresh,V. (2002). "Effect of Computer Assisted Instruction on Self Regulated Learning", *Perspectives in Education*, 18(3), 161-169.
- **60.** Kadhiravan,S. and Balasubramanian,N. (1999) Self Regulated Learning (In Tamil), *Kalanjiam*, January Issue, 22-30.
- Balasubramanian, N. and Kadhiravan, S. (1999). "Trends in the Development of Computer Mediated Instruction", Staff and Educational Development International, 3(2), 187-193.
- 62. Kadhiravan,S. and Balasubramanian,N. (1998). "A Critical Study on the Perception of Values of the B.Ed. Trainees", In Quest of Bharateeya Shikshan, IX (12), 226-231.
- **63.** Kadhiravan,S. and Balasubramanian,N. (1998). "Self Regulated Learning in relation to Hemisphericity", *Psychological Studies*, 43(3), 106-112.
- **64.** Kadhiravan,S. and Balasubramanian,N. (1998). "Constructs of Computer Attitude: correlates of Achievement", *International Educator*, 13 (1 & 2), 35-40.
- Kadhiravan,S. and Balsubramanian,N. (1998). "Self Regulated Learning and computer Assisted Instruction: Theoretical Issues", *Perspectives in Education*, 14(4), 207-211.

#### ANNEXURE – II

#### **CONFERENCES/WORKSHOPS ATTENTED**

- 01. "Relatioship Between Social and Personal Identity with the Academic Performance among SC/ST College Students" has been presented in the ICSSR sponsored National Seminar on Social Structure and Dalits: Issues , Challenges and Inclusive Strategies organized by the Department of Sociology, Periyar University on 20<sup>th</sup> and 21<sup>st</sup> October, 2016 at Salem.
- 02. Participated in the NAAC Sponsored Workshop on "Curriculum Enhancement in Higher Education" organized by IQAC, Periyar University on 28th and 29th March, 2016 at Salem.
- **03.** Attended the Symposium on "Understanding Cognition and Consciousness through Music and Meditation" organized by National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru on 8<sup>th</sup> February, 2016 at Bengaluru.
- **04.** "Influence of Emotional Intelligence and Moral Values on the Academic Achievement among Adolescents" has been presented in the International Conference on Empowerment of youth in the Globalised Scenario organized by the School of Humanities and Social Sciences, Periyar University on 4<sup>th</sup> and 5<sup>th</sup> February, 2016 at Salem.
- **05.** "Psychosocial Correlates of Entrepreneurial Attitude among University Students" has been presented in the 2<sup>nd</sup> International Conference on Role of Management Education in Promoting Entrepreneurship in the Globalized Business Environment (RMEPEGBE-2016) organized by Periyar Institute of Management studies, Periyar University on 27<sup>th</sup> and 28<sup>th</sup> January, 2016 at Salem.
- O6. "Personality and Achievement Motivation of Transgenders in Dharmapuri" has been presented in the ICSSR sponsored National Seminar on Transgender Inclusion: Challenges and Implications organized by the Department of Sociology, Periyar University on 21st January, 2016 at Salem.
- **07.** Attended the Symposium on "Integrating Scientific and Contemplative Approaches to Explore the Mind" jointly organized by National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru and Garden of

Samadhi Mind Centre, Bengaluru on 6<sup>th</sup> December, 2015 at NIMHANS, Bengaluru.

- O8. Participated in the IQAC Sponsored one day seminar on "Modernisation in Higher Education to Address the Societal Needs" organized by IQAC, Periyar University on 4<sup>th</sup> November, 2015 at Salem.
- **09.** Participated in the IQAC Sponsored one day seminar on "Qualitative Enhancement of Teaching and Learning Process" organized by IQAC, Periyar University on 19<sup>th</sup> October, 2015 at Salem.
- 10. "Emotional Regulation and Academic Stress among the Higher Secondary Students" has been presented in the 16<sup>th</sup> National Conference on Psychology for Safe Schools and Healthy Students organized by Pondicherry Psychological Association, Puducherry on 14<sup>th</sup> and 15<sup>th</sup> February, 2015.
- "Humanizing Education of Children with Special Needs: An introspection" has been presented in the UGC sponsored National Seminar on Humanizing Education of Children with Special Needs organized by N.S.S. Training College, Ottapalam, Palakkad, Kerala on 5<sup>th</sup> and 6<sup>th</sup> February, 2015.
- 12. "Social Marginalization and Role of Community Psychology" has been presented in the ICSSR National Seminar on Development at Margins: Marginality and Marginalisation in Indian's Growth Story organized by the Department of Sociology, Periyar University on 22<sup>nd</sup> and 23<sup>rd</sup> January, 2015 at Salem.
- **13.** "Self Regulatory Principles and Techniques in Blended Learning" has been presented in the International Seminar on Blended Learning: Opportunities and Challenges in Higher Education organized by Vysya College of Education in Collaboration with Department of Education, Madurai Kamaraj University, on 13-14, December, 2014 at Vysya College of Education, Salem.
- 14. "Self-regulated Behaviour of Marketing Executives in Chennai City" has been presented in the National Seminar on New Age Marketing Mantras Realities & Emerging Trends organized by the Periyar Institute of Management Studies (PRIMS), Periyar University on 25<sup>th</sup> and 26<sup>th</sup> September, 2014 at Salem.
- 15. "Perceived Social Stress and Self-regulated behaviour of University Students" has been presented in the National Seminar on Development and Social Issues organized by the Department of Sociology, Periyar University on 23–24 January, 2014 at Salem.

- 16. "Cognitive Styles and Emotional Intelligence of College Students" has been presented in the International Conference on Current Perspectives in Educational Psychology organized by the School of Social Sciences, Tamil Nadu Open University and Department of Psychology, Women's Christian College, Chennai, on 28-29 November, 2013 at Women's Christian College, Chennai.
- 17. "Influence of Cognitive Styles on the Ecological Behaviour of Women Nursing Students" has been presented in the National Conference on Women in Science and Technology: Maximizing Talents-Minimizing Barriers organized by the School of History and tourism Studies, Tamil Nadu Open University, on 30-31 August, 2013 at Chennai.
- 18. "Exploring Stress among Students: A new approach in Measurement" has been presented in the 15th National Conference on Emerging Trends in Educational and School Psychology organized by the Pondicherry Psychology Association & Indian School Psychology Association, on 1-2 March, 2013 at Puducherry.
- 19. "Protecting Mental Health of Children: A Psycho-Social Perspective" has been presented in the International Conference on Protection of Child rights: Issues and Challenges organized by the Department of Applied Psychology, Pondicherry University on 18-20 January, 2013 at Puducherry.
- 20. Participated in the three day Workshop on "Cognitive Behaviour Therapy: Basic Principles and Techniques" organized by the Department of Clinical Psychology, Sri Ramachandra University, during 17-19 September, 2012 at Chennai.
- 21. Attended a 4 Hours Training Session on "Family and Marital counselling" in the UGC-DRS National Seminar on Mental Health and Wellbeing across the Life Span organized by the Department of Psychology, S.V. University on 18 March, 2012 at Tirupati.
- **22.** Attended a 4 Hours Training Session on "Alcoholism, Causes, Implications and its Treatment from the Psychological Perspectives" in the UGC-DRS National Seminar on Mental Health and Wellbeing across the Life Span organized by the Department of Psychology, S.V. University on 17 March, 2012 at Tirupati.
- 23. "Personality and Test Anxiety of School Students" has been presented in the UGC-DRS National Seminar on Mental Health and Wellbeing across the Life

Span organized by the Department of Psychology, S.V. University on 17-18 March, 2012 at Tirupati.

- 24. "Test Anxiety of Higher Secondary Students in relation to their Learning Styles" has been presented in the UGC Sponsored National Conference on Modern Perspectives in Psychology for Health Life organized by Department of Psychology, Annamalai University on 2-3 March, 2012 at Annamalainagar.
- **25.** Participated in the National Level Faculty Development Programme on "Teaching Peadagogy in Teacher Education: Challenges and Emerging Trends" organized by Vysya College of Education on 17 December, 2011 at Salem.
- 26. "Quality of Work Life and Mental Health of School Teachers" has been presented in the UGC Sponsored National Conference on Mental Health and Spirituality Improving Quality of Life, organized by Department of Psychology, Sri Padmavathi Women's Degree & P.G. College and Sri Venkateswara University, Tirupati on 22 October, 2011.
- 27. "Organizational Citizenship Behaviour and Value Orientation of Higher Secondary Teachers" has been presented in the National Seminar on Best Practices for Quality Enhancement in Teacher organized by the KRP College of Education on 10-11 May, 2011 at Sankari, Namakkal Dt.
- 28. "Self-Regulated Learning and Personality of B.Ed. Trainees" has been presented in the National Seminar on Rejuvenating Teacher Education: Perspectives and Prospects organized by the Department of Education, Periyar University on 28-29 March, 2011 at Salem.
- 29. "Emotional Intelligence and Quality of Work Life of Executives in IT Industry" has been presented in the National Seminar on Emotional Intelligence and Organizational Development An Interdisciplinary Approach organized by the Department of Commerce, Periyar University on 28 March, 2011 at Salem.
- 30. "Influence of Family Environment on the Emotional Intelligence of Adolescents" has been presented in the National Seminar on Trends in Research in social Sciences organized by KSR College of Education on 4-5 March, 2011 at Tiruchengode.
- 31. "Personality and Resilience of Management Graduates" has been presented in the International conference on Globalization and its impact on Management Education organized by Periyar Institute of Management Studies on 10-11 February, 2011 at Periyar University, Salem.

- 32. "Self-Regulated Learning of Adolescents in relation to their Achievement Motivation" has been presented in 6th National Conference of Academy of Psychologists organized by Department of Psychology on 13-14 September, 2010 at Sri Venkateswara University, Tirupati.
- **33.** "Emotional Intelligence of Adolescents in relation to their Family Environment" has been presented in the International Conference on Life Skills Education, organized by The Department of Life Skills Education, during 6–8 April, 2009 at Rajiv Gandhi Institute of Youth Development, Sriperumbudur. [Abstracted in the proceedings pp. 11]
- 34. "Effectiveness of Intervention Programme for the Children with Learning Disability" has been presented in the National Seminar on Psychological Perspectives of Current Social Issues, organized by Psychology Wing, Directorate of Distance Education, Annamalai University held on 31 March 1 April, 2008 at Annamalainagar. [Abstracted in the proceedings pp. 11]
- 35. Participated in the Symposium on "Interface between Medicine & Psychology" organized by Sri Venkateswara Institute of Medical Sciences on 29 March, 2007 at Sri Venkateshwara University, Tirupati.
- 36. "Stress Coping Skills and Goal Orientation of College Students" has been presented in the 5th National Conference of Academy of Psychologists on 29-30 March, 2007 at Sri Venkateshwara University, Tirupati. [Abstracted in the proceedings]
- 37. "Environmental Attitude and Behaviour of College Students in relation to their Personality Factors" has been presented in the Indian Science Congress held during 03-07 January, 2007 at Annamalai University, Annamalainagar.
- **38.** "Influence of Personality on Emotional Intelligence of Teachers" has been presented in the National Seminar on Psychology in Global Context, organized by Psychology Wing, Directorate of Distance Education, Annamalai University held on 04–05 October, 2005 at Annamalainagar. [Abstracted in the proceedings pp. 46]
- **39.** Attended the UGC National Seminar on "Ethics for the New Millennium" organized by Dept. of Philosophy, Annamalai University held on 03-04 March, 2005 at Annamalainagar.
- **40.** "A Study on Personality Differences in the Occupational Preference among Distance Education Learners" has been presented in the 4th National

Conference of Academy of Psychologists on 04-05 February, 2005 at Sri Venkateswara University, Tirupati. [Abstracted in the proceedings]

- **41.** Attended the National Level workshop on "The Latest Trends and Issues in Social Science Research Methodology" organized by Political Science and Public Administration Wing, Directorate of Distance Education, Annamalai University held on 23-24 April, 2004 at Annamalainagar.
- **42.** "Hemisphericity of Teachers in relation to their Ego State Level" has been presented in the 2nd National Conference of Academy of Psychologists on 26-27 February, 2002 at Sri Venkateswara University, Tirupati. [Abstracted in the proceedings, pp.10]
- **43.** Attended the UGC National Seminar on "Perspectives of Women's Problem" organized by Dept. of Psychology, Annamalai University held on 15-16 March, 2001 at Annamalainagar.
- 44. "Effect of Computer Assisted Instruction on Self-regulated Learning" has been presented in the 1st National Conference of Academy of Psychologists on 8-10 February, 2001 at Sri Venkateswara University, Tirupati. [Abstracted in the proceedings pp. 34]
- **45.** "Self regulated Learning" (In Tamil) has been presented in the Annual Conference of Tamillaga Ariviyal Peravai, held on 8-10 May, 1998 at Avinashilingam Deemed University, Coimbatore. [Abstracted in the proceedings, pp.75]
- 46. "Computer Anxiety and Attitude towards Computers in relation to Achievement in Computer Science" has been presented in the International conference on Collaborative and Networked Learning organized by IGNOU, held on 16-18 February, 1998 at New Delhi. [Published in the proceedings, pp. 122-127].
- **47.** "Constructs of computer Attitude: Correlates of Achievement" has been presented in the National Conference on Technology Vs Teacher, organized by Indian council for Research in Educational Media held on 8-9 December, 1997 at Bharathidasan University, Tiruchirappalli. [Abstracted in the proceedings, pp.26].

#### **ANNEXURE - III**

# **EXTENSION ACTIVITIES**

- **01.** Served as a Resource Person in the Two day In-service Training Programme for Dharmapuri District Police Personnel and handled a session "Psychology of Interpersonal Relationship for Police Personnel" on 17.12.16.
- **02.** Served as a Resource Person in the Two day Short -Term Course on Duties and Responsibilities of Receptionist at Police Station for Salem City Police Personnel and handled a session "Understanding Human/ Victim/ Complainant/ Accused/ Other professional etc. Psychology Way to Approach and handle it for Smooth Functioning of Police Administrative System at the Station Level" on 16.12.16 & 23.12.16.
- **03.** Chaired a Session in the 3<sup>rd</sup> International Conference on Psychology for Safe Schools and Healthy Students organized by Pondicherry Psychological Association, Puducherry and delivered a speech "Handling the Problem Behaviour among Students" on 15.10.16.
- **04.** Served as a Resource Person in Two day Workshop on "Clinical Hypnotherapy" organized by the Department of Psychology, Periyar University, Salem on 22.09.16 & 23.09.16.
- **05.** Served as a Resource Person in the Workshop on "Steps for Achieving Success" organized by the P.G. Department of Mathematics, Vellalar College for Women, Erode on 14.09.16.
- **06.** Served as a Resource Person in a workshop on "Psychology for Teacher Effectivenes" for College Teachers organized by Thassim Beevi Abdul Kader College for Women, Kilakarai, Ramanathapuram (Dt) on 01.09.16.
- **07.** Served as a Resource Person in a two day workshop on "Clinical Hypnotherapy" for students of Psychology organized by Thassim Beevi Abdul Kader College for Women, Kilakarai, Ramanathapuram (Dt) on 30.08.16 & 31.08.16.
- **08.** Served as a Resource Person for the Training Programme on "Skills Development for Teachers" conducted by Neyveli Lignite Corporation for NLC School Teachers and handled two day session "Counselling Skills for Teachers" on 23.08.16 & 24.08.16.

- **09.** Delivered a Lecture on "Psychology for Interpersonal Relationship" to MBA/MCA students in Vivekanandha Institute of Information and Management Studies, Elayampalayam, Tiruchengode, Namakkal (Dt.) on 06.08.16.
- 10. Served as a Subject Expert in the Workshop on "Finalization of English Version of Conceptual Framework for Assessing Achievement" organized by National Testing Service-India, Mysore from 28.06.16 to 30.06.16.
- Served as a Resource Person in the Citizenship Training Camp for B.Ed. Trainees organized by the Sri Sarada College of Education (Autonomous), Salem and handled a session on "Basic Counselling Skills for Teachers" on 17.05.16.
- 12. Served as a Chair Person for a session "Healthy Aging" in the UGC-DRS-I National Seminar on Healthy Aging- A Life Span Perspective organized by the Department of Psychology, Sri Venkateswara University, Tirupati on 10.03.16 & 11.03.16.
- 13. Served as a Resource Person in the UGC-DRS-I National Seminar on Healthy Aging- A Life Span Perspective organized by the Department of Psychology, Sri Venkateswara University, Tirupati and handled a Special Plenary Session "Self-Efficacy and Health in Adulthood" on 10.03.16 & 11.03.16.
- 14. Served as a Resource Person in the Training Programme for Friends of Police organized by Salem District Police, Salem and handled a session "Social Responsibility and Secrets of Success for FOP" on 07.03.16.
- **15.** Served as a Resource Person in the DBT Funded Guest Lecture organized by the Department of Mathematics, Vellalar College for Women, Erode and delivered a talk "Motivation and Success" on 03.03.16.
- 16. Served as a Resource Person in the National Conference on Adolescent Education organized by the Regional Institute of Education, Mysore and delivered a Review Talk "Guidance and Counselling Practices for Adolescents" on 25.02.16.
- 17. Served as a Resource Person in the Staff Training Programme for Faculty Members Organized by the Department of Business Administration Wing, DDE, Annamalai University, Annamalainagar and handled a topic "Leadership Quality for faculty" on 10.02.16.

- 18. Served as a Chair Person for a session in Psychology in the International Conference on Empowerment of youth in the Globalised Scenario organized by the School of Humanities and Social Sciences, Periyar University on 4th and 5th February, 2016 at Salem.
- 19. Served as a Resource Person in the General Managerial Development Programme for Induction Executives organized at Learning & Developmet Centre, N.L.C. Limited, Neyveli and handled a topic "Understanding Self & Building Relationship" on 19.01.16.
- **20.** Served as a Chief Guest in a Guest Lecture Programme for B.Sc. Chemistry students organized by the Department of Chemistry, Vivekanandha College of Arts and Sciences for Women, Elayampalayam, Tiruchengode, Namakkal (Dt.) and handled a topic "Motivation and Goal Setting" on 31.12.15.
- **21.** Delivered lecture on "Facets of Personality Development: Psychological Perspectives" to the Transgender in the National Workshop on Social Exclusion of India's Transgender: Issues and Challenges, jointly organized by Department of Sociology, Periyar University and Namakkal Social Service Society at Namakkal on 04.12.15.
- **22.** Served as a Resource Person in the General Managerial Development Programme for Induction Executives organized at Learning & Developmet Centre, N.L.C. Limited, Neyveli and handled a topic " Emotional Intelligence" on 25.11.15.
- **23.** Delivered a special lecture on "Services of Dr.A.P.J. Abdul Kalam" to the Students of Government College of Engineering, Salem on 14.10.15.
- **24.** Served as a Resource Person in "Stress Management" Programme for Police Personnel organized by Salem District Police, Salem on 23.09.15 & 24.09.15.
- 25. Served as a Resource Person in Two day Workshop on "Clinical Hypnotherapy: Basics & Beyond" organized by the Department of Psychology, Periyar University, Salem on 25.08.15 & 26.08.15.
- 26. Served as a Resource Person in the Orientation Programme for the first year MBA Students organized by Periyar Institute of Management Studies (PRIMS), Periyar University, Salem and handled a session "Manners and Mannerism of MBA" on 13.07.15.
- **27.** Served as a Resource Person in the Induction Programme conducted for the first year Under Graduate Students organized by Vivekanandha College of Arts

and Sciences for Women, Elayampalayam, Tiruchengode, Namakkal (Dt.) from 4<sup>th</sup> to 6<sup>th</sup> June, 2015.

- 28. Served as a Resource Person for the Workshop "Steps for Success" for the Engineering Students organized by Narasu's Sarathy Institute of Technology, Poosaripatty, Salem (Dt.) on 01.06.15.
- **29.** Served as a Resource Person in the Two Week Capacity Building Programme for Faculty Members organized by Periyar Institute of Management Studies (PRIMS), Periyar University, Salem and handled a session "Rating Scales: Osgood, Bogardus, Thurstone, Likert and Guttman" on 25.04.15.
- 30. Served as a Resource Person in a two day training programme on "Identifying and Treating Students Having Attention Deficit Disorder" organized by the Department of Education, Annamalai University, Annamalainagar during 30<sup>th</sup> & 31<sup>st</sup> March, 2015 and delivered a special lecture "Behavioural Techniques- Development of Appropriate Behaviour" 31.03.15.
- **31.** Served as a Resource Person in a two day Workshop on "Hypnotherapy" organized by the Department of Psychology, University of Madras, Chennai for Psychology Students on 26.03.15 & 27.03.15.
- 32. Served as a Resource Person in the Workshop "Professional Ethics" for Engineering Students organized by Narasu's Sarathy Institute of Technology, Poosaripatty, Salem (Dt.) on 23.03.15.
- **33.** Served as a Resource Person in the Training Programme for Friends of Police organized by Salem City Police and handled a session "Attitude Determines Altitude" on 05.03.15, 06.03.15 & 07.03.15.
- 34. Served as a Resource Person in one day Workshop on "Clinical Hypnotherapy & Personality Development" organized by Bhandarkars' Arts & Science college, Kundapura, Udupi (Dt.), Karnataka for Psychology students on 02.03.15.
- 35. Served as a Plenary Speaker in the 16<sup>th</sup> National Conference on Psychology for Safe Schools and Healthy Students organized by Pondicherry Psychological Association, Puducherry and delivered a speech "Handling the Problem Behaviour among Students" on 15.02.15.
- 36. Served as a Chief Guest in the UGC Sponsored National Seminar on Humanizing Education of Children with Special Needs organized by N.S.S. Training College, Ottapalam, Palakkad, Kerala during 5<sup>th</sup> & 6<sup>th</sup> February, 2015 and delivered the Valedictory Address on 06.02.15.

- 37. Served as a Chief Guest in the Annual Day Function of Salem Institute for Mentally Challenged (SIMEC), Salem and delivered the Special Address on 11.01.15.
- 38. Served as a Resource Person in the Citizenship Training Camp for B.Ed. Trainees organized by the Annammal College of Education for Women, Thoothukudi and handled a session on "Citizenship Psychology" on 10.01.15.
- **39.** Served as a Resource Person in the Faculty Development Programme on "Handling the Adolescents" for Headmasters/ Headmistress of Dharmapuri District, organized by Narasu's Sarathy Institute of Technology, Poosaripatty, Salem (Dt.) on 27.12.14.
- **40.** Served as a Resource Person in the Faculty Development Programme on "Psychology for Engineering Teachers: Need of the Hour" for Engineering College Teachers, organized by Narasu's Sarathy Institute of Technology, Poosaripatty, Salem (Dt.) on 10.12.14.
- 41. Served as a Resource Person in the ICSSR sponsored Ten Day Research Methodology Course for Ph.D. Scholars in Social Sciences organized by the Department of Sociology, Periyar University, Salem and handled a session "Rating Scales: Osgood, Bogardus, Thurstone, Likert and Guttman" on 08.11.14.
- **42.** Served as a Resource Person for the Training Programme on "Emotional Intelligence" conducted by Neyveli Lignite Corporation for their Executives on 27.09.14.
- **43.** Served as a Resource Person in a two day Workshop on "Clinical Hypnotherapy" organized by The Fountain, Krishnagiri on 20.09.14 & 21.09.14.
- **44.** Served as a Resource Person in the ICSSR sponsored Research Methodology Programme for Ph.D. Students organized by the Department of Journalism and Mass Communication, Periyar University, Salem and handled a session "Rating Scales: Thurstone, Likert and Guttman" on 17.09.14.
- **45.** Served as a Resource Person in the Three day Motivational Training Programme for Selection of Pre-Republic Day Parade of NSS Volunteers organized by the NSS, Periyar University, Salem and handled a training programme "Motivational Skills and Goal Setting" on 26.08.14.

- **46.** Served as a Chief Guest in the Inaugural Function of Q-FEEST (Clubs) in The Salem Polytechnic College, Salem and delivered the Inaugural Address on 19.08.14.
- 47. Served as a Resource Person in the Faculty Development Programme on "Educational Psychology for Personality Development" for B.Ed. Trainees and Teachers, organized by The Kavery College of Education, M.Kalipatti, Salem (Dt.) on 11.08.14.
- **48.** Delivered a special lecture in the Orientation Programme for 1st Year Engineering Students organized by Government College of Engineering, Salem and delivered a speech "Goal Setting and Management" on 07.08.14.
- 49. Served as a Resource Person in the Seminar "Psychology for Personal Effectiveness" organized Thassim Beevi Abdul Kader College for Women, Kilakarai, Ramanathapuram (Dt) for 1st & 2nd year College Students on 04.08.14 & 05.08.14.
- **50.** Served as a Resource Person in the Two-day Colloquium on The Multiple Facet of Research organized by Sri G.V.G. Visalakshi College for Women, Udumalpet during 18-19, July,2014 and handled a Technical Session "Research Writing and Institution Review Board" on 18.07.14.
- **51.** Served as a Resource Person in Faculty Development Programme for College Teachers, organized by Salem Sowdeswari College, Salem and delivered a speech "Psychology for Teachers" on 12.07.14.
- 52. Delivered a special lecture in the Awareness Programme for 1<sup>st</sup> Year College Students organized by Shri Sakthi Kailash Women's College, Salem and delivered a speech "Psychology for Everyday Living" on 09.07.14.
- **53.** Participated in the NAAC Sponsored Two Day National Seminar on Role of ICT in Education and Development Opportunities and Challenges organized by IQAC, Vysya College, Salem during 26-27, June, 2014 and delivered the Valedictory Address on 27.06.14.
- 54. Served as a Resource Person in a two day National Workshop on "Clinical Hypnotherapy" organized by the Department of Psychology, Farook College, Kozhikode, Kerala on 24.06.14 & 25.06.14.
- 55. Served as a Resource Person in one day National Workshop on "Hypnotherapy" organized by the Post Graduate Department of Psychology, K.E. College, Mannanam, Kottayam (Dt), Kerala for Psychology students on 23.06.14.

- 56. Served as a Resource Person for the Training Programme on "Emotional Intelligence" conducted by Neyveli Lignite Corporation for their Executives on 04.06.14.
- **57.** Served as a Resource Person in the National Seminar on Role of Teacher Education in Developing morality in India organized by AVS College of Education, Ramalingapuram, Salem and handled a Thematic Session "Morality and Teacher Education" on 10.05.14.
- **58.** Served as a Resource Person in the National Work Shop "Approaches and Developments in Educational Psychology" for B.Ed. Trainees and Teachers organized by SARAH College of Education for Women, Nanjai Uthukkuli, Erode on 03.05.14.
- **59.** Served as a Resource Person in the National Seminar on Personality and Performance: Pivot to teacher Education organized by Bethlehem College of Education, Karungal, Kanyakumari (Dt), and handled a Thematic Session "Attitude and Personality" on 10.04.14.
- 60. Participated in the National Seminar on Stress and Well-Being as a Guest of Honour organized by the Department of Psychology, Kakatiya University, Warangal during 24-25, March, 2014 and delivered a Valedictory Speech on 25.03.14.
- **61.** Served as a Resource Person in the State Level Work Shop on "Themes and Variations in Educational Psychology" for B.Ed. Trainees and Teachers organized by A.G.M. College of Education, Erode on 22.03.14.
- **62.** Served as a Resource Person in the Training Programme for Friends of Police organized by Salem District Police and handled a session "Factors for Success of FOP" on 21.03.14.
- **63.** Served as a Resource Person in the National Conference on Cognitive Science Initiative in Education organized by the Department of Education, Manonmaniam Sundaranar University, Tirunelveli during 13-14, March,2014 and handled a Plenary Session "Cognitive Styles and Decision Making" on 14.03.14.
- **64.** Served as a Resource Person for the Training Programme "Mind Your Mind after 50+" conducted by Neyveli Lignite Corporation for their Executives on 12.03.14.

- **65.** Served as a Resource Person in the Training Programme for Friends of Police organized by Salem City Police and handled a session "Attitude Determines Altitude" on 03.03.14, 04.03.14 & 06.03.14.
- **66.** Participated in a live Programme on "Psychological Therapies in the Modern World" by Kodai FM and answered the queries of the participants through on line 03.03.14.
- **67.** Served as a Resource Person in the Refresher course on "Research Methodology" organized by UGC Academic Staff College, Madurai Kamaraj University, Madurai for University & College Teachers and delivered a lecture "Applied Psychological Research" on 21.02.14.
- 68. Served as a Resource Person in the State Level Workshop on "Life Skills for Teacher Trainees" for the B.Ed. Trainees organized by Sri Ganesh College of Education, Ammapet, Salem on 15.02.14.
- **69.** Served as a Resource Person in One day Workshop on "Neuro-linguistic Programming and Self-Regulatory Behaviour" for Psychology students at Wadihuda Institute of Research and Advanced Studies (WIRAS), Vilayancode, Kannur on 07.02.14.
- 70. Served as an Invitee in a Special Lecture Programme for B.Sc. Psychology & Management students at St. Alphonsa Institute for Management Studies, Elathur, Calicut and handled a session "Emotional Intelligence" on 06.02.14 (After Noon).
- 71. Served as an Invitee in a Special Lecture Programme for B.Sc. Psychology & B.A. Sociology students at Farook College, Kozhikode and handled a session "Stress Management" on 06.02.14 (Fore Noon).
- **72.** Served as an Invitee in a Special Lecture Programme for B.Sc. Counselling Psychology students at Malabar Eye Hospital & Research Centre Pvt. Ltd. Calicut and handled a session "Clinical Hypnotherapy" on 05.02.14 (After Noon).
- **73.** Served as an Invitee in a Special Lecture Programme for B.Sc. Psychology students at Silver Arts and Science College, Perambra, Kozhikode and handled a session "Self-Regulated Behaviour" on 05.02.14 (Fore Noon).
- 74. Served as a Resource Person in One day Workshop "Hypnotherapy" for Psychology students at Little Flower Institute of Social Sciences and Health (LISSAH), Kaithapoyil, Kozhikode on 04.02.14.

- **75.** Served as a Resource Person in the UGC funded National Workshop on Vivekananda's Contribution to Women's Renaissance jointly organized by Centre for Women's Studies, Periyar University, and Centre for Swami Vivekananda Studies, Periyar University, Salem and handled a technical session "Human Excellence and Swami Vivekananda: Self-assessment" on 23.01.14.
- **76.** Served as a Resource Person in the ICSSR sponsored Faculty Development Programme for Social Science Teachers organized by the Department of Economics, Periyar University, Salem and handled a session "Ethics in Research" on 22.01.14.
- **77.** Served as a Resource Person in the State Level Workshop on "Educational Psychology for Competitive Examinations" organized by Vysya College of Education, Salem on 20.1.14.
- **78.** Served as a Resource Person for the Training Programme on "Emotional Intelligence" conducted by Neyveli Lignite Corporation for their Executives on 09.01.14.
- **79.** Served as a Chief Guest in the in the inception of The Research Hub and Global Education Centre at Sri G.V.G. Visalakshi College for Women, Udumalpet and deliver a speech on "Issues and Challenges in Research" on 07.02.14.
- **80.** Served as a Resource Person in the National Symposium on Psycho Linguistic and Technological Dimensions of Teacher organized by the Vellalar College of Education for Women, Erode and handled a Technical Session "Four Way Agenda for Teaching-Learning" on 06.01.14.
- 81. Served as a Resource Person in the State Level Workshop on Psychological Bases of Teaching Learning organized by Annai Mathammal Sheela College of Education, Namakkal on 04.01.14.
- 82. Served as a Resource Person for the Training Programme on "Skills Development for Teachers" conducted by Neyveli Lignite Corporation for NLC School Teachers and handled a topic "Counselling Skills for Teachers" on 27.12.13.
- **83.** Served as a Resource Person in the National Conference on Best Practices in Education for 21st Century organized by the Fathima Memorial Training

College, Pallimukku, Kollam, Kerala and handled a Thematic Session "Principles and Models of Best Practices" on 10.12.13 & 11.12.13.

- 84. Acted as Chair Person in the International Conference on Current Perspectives in Educational Psychology organized by the School of Social Sciences, Tamil Nadu Open University and Department of Psychology, Women's Christian College, Chennai, at Women's Christian College, Chennai on 28.11.13 & 29.11.13.
- **85.** Served as a Resource Person in the Awareness Programme on Anti ragging organized by Anti Ragging Cell, Periyar University, Salem and delivered a speech "Personality Development and Anti Ragging" on 29.10.13.
- 86. Served as a Resource Person in Faculty Development Programme on Teachers Psychology for College Teachers, organized by Shri Sakthi Kailash Women's College, Salem and delivered a speech "Dimensions of Psychology Essential for College Teachers" on 28.10.13.
- 87. Served as an Invitee in the Inauguration Women Study Centre at Sri Vidya Mandir Arts & Science College, Katteri, Uthangarai and delivered a speech "Psychology for Women" on 19.09.13.
- **88.** Served as an Invitee in the Sensitization Programme on Establishment and Sustenance of Women's Cell in Colleges organized by the Centre for Women's Studies, Periyar University, Salem and delivered a speech "Psychology for College Teachers" on 03.09.13.
- **89.** Served as a Resource Person for the Training Programme "Emotional Intelligence" conducted by Neyveli Lignite Corporation for their Executives on 30.07.13.
- **90.** Served as a Resource Person in the National Level Faculty Development Programme on "Empowering Faculties to Global Standards in Emerging Commerce and Management Studies", organized by Bon Secours College for Women, Thanjavur and handled a session "Teaching Practices and Review" on 23.03.13.
- **91.** Served as a Resource Person in Faculty Development Programme for Engineering College Teachers, organized by Mylam Engineering College, Mylam and delivered a speech "Psychology for Engineering College Teachers and Stress Management" on 22.03.13.

- **92.** Served as a Resource Person in the ICSSR sponsored research Methodology Course in Social Sciences for Ph.D. Scholars from 25.02.2013 to 06.03.2013 organized by the Department of Economics, Periyar University, Salem and handled a session "Qualitative Research" on 28.02.13.
- **93.** Served as a Special Invitee in the Training Programe organized by the Press Club, Salem and delivered a speech "Stress in Press" on 10.03.13.
- **94.** Served as a Chief Guest in the Chemistry Association Inauguration Programe organized by the Department of Chemistry, Salem Sowdeswari College, Salem and delivered a speech "Motivation and Success" on 30.10.12.
- **95.** Served as a Resource Person in the Special Lecture Programme for Engineering College Students, organized by Jayalakshmi Institute of Technology, Thoppur, Dharmapuri District and delivered a speech "Taos of Motivation" on 26.10.12.
- **96.** Served as a Resource Person in the Training Programme YRC Volunteers, organized by the Youth Red Cross Division of Periyar University, Salem and delivered a speech "Youth and Social Behaviour" on 12.10.12.
- **97.** Served as a Resource Person in the Special Lecture Programme for University Students, organized by the Department of Computer Science, Periyar University, Salem and delivered a speech "Secrets of Success" on 05.10.12.
- 98. Served as a Resource Person in the Certificate Course on Human Rights for College Students, organized by the Department of Political Science, Thiruvalluvar Government Arts College, Rasipuram and delivered a special lecture "Human Rights: Motivational Issues" on 29.09.12.
- **99.** Served as a Coordinator for the session "Psychology and Health" in the 12th Annual Congress of Tamizhaga Ariviyal Peravi, organized by Periyar University and Tamizhaga Ariviyal Peravi at Periyar University, Salem during 23–25, August, 2012.
- **100.** Served as a Resource Person in the Special Lecture Programme for College Students, organized by Vysya College of Arts & Science, Salem and delivered a speech "Psychology of Success" on 24.07.12.
- **101.** Served as a Resource Person in the Special Lecture Programme for College Students, organized by Jairam Arts & Science College, Salem and delivered a speech "Achieving Excellence" on 23.07.12.
- **102.** Served as a Resource Person in the AICTE Staff Development Programme on "Transforming and Empowering the Mangerial & Professional Skills

Management" for the Management Teachers organized by the Department of Mangement Studies, Sengunthar Engineering College, Tiruchengodu and delivered a speech "Emotional Intelligence and NLP" on 17.05.12.

- 103. Delivered the inaugural address in the State Level Seminar on "Human Resources in Educational Technology" organized by Maruthi College of Education, Manivizhundan South, Attur on 31.03.12.
- 104. Delivered a special lecture on "Professional Ethics for Teachers" in the State Level Seminar on 'Enhancing Quality in Teacher Education' for the Teachers in Colleges of Education organized by AVS College of Education, Ramalingapuram, Salem on 24.03.12.
- 105. Served as a Moderator in the UGC sponsored National Symposium on Women Empowerment: Dimensions and Issues" organized by the Department of Sociology, Periyar University, Salem and Moderated a session "Psychosocial Dimensions of Women Empowerment" on 20.03.12.
- **106.** Delivered a lecture on "Psychology for Effective Living" in the Online Video Programme at the Consortium for Educational Communication, Anna University, Chennai on 14.03.12.
- **107.** Served as a Resource Person in the State Level Faculty Development Programme on "Brain Based Approach in Teaching & Learning" for the Teachers in Colleges of Education organized by Sri Ganesh College of Education, Ammapet, Salem on 27.01.12.
- 108. Served as a Resource Person in the Special Lecture Programme for College Students, organized by the P.G. & Research Department of Mathematics, Sacred Heart College, Tirupattur and delivered a Special Lecture "Steps of Success" on 25.01.12.
- **109.** Served as a Resource Person in the Two Day Workshop on "Study Skills" organized by the Centre for Women's Studies, Periyar University, Salem and conducted a session "Note Taking Skills" on 12.01.12.
- 110. Served as a Resource Person in the Special Lecture Programme for Engineering College Students, organized by AVS College of Engineering, Ammapet, Salem and delivered a Special Lecture "Women Morality" on 07.01.12.
- **111.**Served as a Resource Person in the Training Programme for civil Service Aspirants organized by the Department of Sociology, Periyar University, Salem

and delivered a special lecture "Relevance of Psychology in Civil Service Examinations" on 03.12.11.

- 112. Served as a Resource Person in the Staff Orientation Programme for College Teachers organized by A.V.S. College of Arts & Science, Ramalingapuram, Salem and delivered a special lecture "Psychology for College Teachers" on 15.11.11.
- 113. Served as a Resource Person in the Training Programme on "Personality Development" for Engineering College Students organized by Annai Mathammal Sheela Engineering College, Namakkal on 23.09.11 & 24.09.11.
- 114. Served as a Resource Person in the Special Lecture Programme for College Students, organized by the Department of Computer Science, Thiruvalluvar Government Arts College, Rasipuram and delivered a special lecture "Motivation and goal Setting" on 06.09.11.
- 115. Served as a Resource Person in the Special Lecture Programme for College Students, organized by the Department of Physics, Sacred Heart College, Tirupattur and delivered a Special Lecture "Steps for Achieving Success" on 26.07.11.
- 116. Served as a Resource Person in the Special Lecture Programme for College Students, organized by Jairam Arts & Science College, Salem and delivered a speech "Motivation and Goal Setting" on 19.07.11 & 21.07.11.
- 117. Acted as Chair Person for the session "Teaching, Learning and Evaluation" in the National Seminar on Best Practices for Quality Enhancement in Teacher organized by KRP College of Education Sankari, Namakkal on 10.05.11 & 11.05.11.
- 118. Acted as Chair Person for the session "Emotional Intelligence and Stress Management" in the National Seminar on Emotional Intelligence and Organizational Development – An Interdisciplinary Approach organized by the Department of Commerce, Periyar University, Salem on 28.03.11.
- 119. Served as a Resource Person in the State Level Work Shop on "Reaching Your Potential" for B.Ed. Trainees and Teachers organized by A.G.M. College of Education, Erode on 18.04.11.
- **120.** Served as a Resource Person in the State Level Work Shop on "Emotional Intelligence and Stress Coping Skills" for B.Ed. Trainees and Teachers

organized by Sree Vinayaga Vidhyalaya Educational Institution, Paruvachi, Erode District on 11.02.11.

- 121. Served as a Resource Person in Faculty Development Programme for Engineering College Teachers, organized by Annai Mathammal Sheela Engineering College, Namakkal and delivered a speech "Motivation and Stress Management" on 23.08.10.
- **122.** Served as a Resource Person in the International Faculty Development Programme for Sri Lankan University Teachers, Organized by the Department of Business Administration, Annamalai University, Annamalainagar and delivered a lecture "Emotional Intelligence and Work Life Balance" on 26.07.10.
- **123.** Served as a Resource Person in the International Faculty Development Programme for Sri Lankan University Teachers, Organized by the Department of Business Administration, Annamalai University, Annamalainagar and delivered a lecture "Personality Development" on 01.10.09.
- 124. Served as a Resource Person in the State Level Work Shop on "Sensitizing Teachers on Stress-Free Teaching and Learning" organized by the N.K.T. National College of Education for Women, Chennai and conducted a session on "Understanding Stress and its impact in the Learning Context" on 20.04.09.
- **125.** Served as a Resource Person for the Training Programme on "Managerial Psychology" conducted by Neyveli Lignite Corporation for their Executives on 11.08.06.
- **126.** Served as a Resource Person in the Training Programme on "Jog for Job Placement" organized by the Training and Placement Cell of Annamalai University for the University Students and delivered a lecture on "Attitude Test" on 22.03.06.
- 127. Served as a Resource Person for the Training Programme on "Managerial Psychology" conducted by Neyveli Lignite Corporation for their Executives on 23.11.05.
- 128. Served as a Resource Person for the Training Programme on "Image Building" to the BSNL Employees organized by Management Wing, Directorate of Distance Education, Annamalai University, Annamalainagar on 16.04.05.
- **129.** Served as a Resource Person for the Training Programme on "Interpersonal Relationship" to the BSNL Employees organized by Management Wing,

Directorate of Distance Education, Annamalai University, Annamalainagar on 08.04.05.

- 130. Served as a Resource Person in the Refresher course on "Instructional Technology & Evaluation" organized by UGC Academic Staff College, Bharathiar University, Coimbatore for University & College Teachers and delivered a lecture on "Self- Regulated Learning" on 22.03.05.
- 131. Served as a Resource Person for the Training Programme on "Managerial Psychology" conducted by Neyveli Lignite Corporation for their Executives on 17.02.05 & 11.03.05.
- **132.**Conducted a Workshop on "Teaching and Development of Children" for School Teachers organized by N.L.C. Neyveli on 19.02.04 & 20.02.04.
- 133. Served as a Resource Person for School Teachers on "Effective Handling of Children" organized by Women in Public Sector [WIPS], N.L.C. Neyveli on 06.02.04.
- 134. Served as a Resource Person for the Training Programme on "Managerial Psychology" conducted by Neyveli Lignite Corporation for their Executives on 05.09.03 & 24.12.03.

# **ANNEXURE** - IV

# **RESEARCH GUIDANCE: Ph.D.**

S1. No	Name of the Candidate	Title of Thesis	Status
01.	Mr.K.N.Jayakumar	Determinants of Organizational Citizenship Behaviour among IT Professionals in Indian context	Awarded (2016)
02.	Ms.J.Parameswari	Influence of Decision Making Styles and Value Orientation on Quality of Work Life among School Teachers	Awarded (2016)
03.	Ms.L.Urmi Shelley	A Study to Assess Emotional Intelligence and Moral Values in Adolescents with Unsatisfactory Academic Performance	Awarded (2015)
04.	Mr.D.Barani Ganth	Psychosocial Determinants of Romantic Inclination among Youth	Awarded (2014)
05.	Mr.P.Ravi	A Psychological Study of Mental Health among Bootleggers	Awarded (2014)
06.	Ms.M.Amirtha	A Psychological Study of Emotional Intelligence among Students	Awarded (2013)
07.	Mr.P.R. Subas Chandran	Self-Regulated Learning of Adolescents in relation to their Cognitive Styles and Family Environment	Awarded (2012)
08.	Mr.K.Kumar	A Study on Stress Coping Skills among College Students	Awarded (2010)
09.	Mr.S.Jeyavel	Promoting Self-Regulated Learning among Adolescents	Awarded (2010)

# ANNEXURE - V

# **RESEARCH GUIDANCE: M.Phil.**

S1. No.	Name of the Candidate & Title of the Dissertation	Status
01.	Ms.S.Padmapriya Effectiveness of memory Techniques in Enhancing Academic Achievement among Early Adolescents	Awarded (2015)
02.	Mr.S.Sivakumar Enhancing Social Skills of Children with Mental Retardation	Awarded (2014)
03.	Ms.Soumya Thankam Varghese A Measure on Attitude of Street Children Towards their Family: Development and Validation	Awarded (2013)
04.	Mr.A.Arul Manickam Influence of Achievement Motivation and Big Five Personality Factors on the Romantic Inclination of Higher Secondary Students	Awarded (2013)
05.	Mr.Jomon Joy Job Satisfaction of Nurses in relation to their Organizational Commitment and Stress Coping Strategies	Awarded (2012)
06.	Ms.R.Gayathri Achievement Motivation among Adolescents in relation to their Study Habits and Learning Styles	Awarded (2012)
07.	Mr.D.Karunakaran Personality and Stress Coping Skills of Design Engineers	Awarded (2011)
08.	Mr.Rajpal Consumer Perspective on Quality of Mental Health Improvement Programme	Awarded (2011)
09.	Ms.Rajni Khanduja Consumer Perspective on Quality of Mental Health Services	Awarded (2011)
10.	Ms.S.Angel Stress Coping Skills of Nursing Students in relation to their Cognitive Styles	Awarded (2011)
11.	Ms.Anandhakalyani A Psychological Study of Ecological Behaviour among College Students	Awarded (2011)

12.	Mr.A. Subramanian {SVMU} Self-Image of Higher Secondary Students in relation to their Social Adjustment	Awarded (2010)
13.	Mr.M.Balasubramanian Self-regulated Learning of College Students in relation to their Achievement Motivation	Awarded (2010)
14.	Ms.D.Premalatha Achievement Motivation of Higher Secondary Students in relation to their Noise Sensitivity	Awarded (2010)
15.	Mr.Mahasreerajan {TNOU} Management of Anxiety and Depression among International Medical Students in Coimbatore City	Awarded (2009)
16.	Mr.R.Cholan Emotional Intelligence of Primary Teachers in Relation to their Personality	Awarded (2009)
17.	Ms.K.Lakshmigayathri Stress Coping Skills of Nursing Students in relation to their Emotional Intelligence	Awarded (2009)
18.	Mr.V.Kanagasabapathy A Psychological study of Decision Making Styles among Physically Challenged	Awarded (2009)
19.	Ms.Sandhya A Psychological study of Environmental Attitude among Higher Secondary Students	Awarded (2009)
20.	Ms.V.Nandini A Psychological Study of Value Orientation among B.Ed. Trainees	Awarded (2009)
21.	Mr.P.G.Vinod Influence of Work Ethic on Organizational Citizenship Behaviour	Awarded (2009)
22.	Mr.Binoj Koshy Value Orientation of B.Ed. Trainees in relation to their Emotional Intelligence	Awarded (2008)
23.	Ms.J.Navarathina Selvakumari Influence of Cognitive Styles on the Ecological Behaviour of Nursing Students	Awarded (2008)

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24.	Mr.M.Anguraj Influence of Stress Coping Skills on the Decision Making Styles among Executives	Awarded (2008)
25.	Mr.P.Kanniappan Influence of Emotional Intelligence on the Job Satisfaction of Executives	Awarded (2008)
26.	Ms.R.Mallika Self-Regulated Learning of University Students in Relation to their Personality	Awarded (2008)
27.	Ms.S.Banu Environmental Awareness Ability of Nursing Students in Relation to their Personality	Awarded (2008)
28.	Mr.S.Narayanan Emotional Intelligence of College Students in Relation to their Goal Orientation	Awarded (2008)
29.	Ms.P.L.Thaiyalnayagi Mental Health of Primary Teachers in Relation to their Emotional Intelligence	Awarded (2008)
30.	Ms.S.Vasntha Family Environment and Emotional Intelligence of College Students	Awarded (2007)
31.	Ms.V.Geetha A Psychological Study of Environmental Attitude among College Students	Awarded (2007)
32.	Ms.A.Asifunisa Value Orientation and Organizational Citizenship Behaviour among IT Professionals	Awarded (2007)
33.	Mr.Shivaram S. Vinjamuri Impact of Training Methods over Performance of Insurance Officers	Awarded (2007)
34.	Ms.V.Devika Impact of Achievement Motivation on Self-Regulated Learning of Adolescents	Awarded (2007)
35.	Ms.R.Hema Personality and Stress Coping Skills of Nursing Students	Awarded (2006)

36.	Mr.I.Joseph Simon Hemispheric Dominance and Emotional Intelligence of College Students	Awarded (2006)
37.	Mr.S.Jeyavel The Role of Cognitive Styles on Goal Orientation of College Students	Awarded (2006)
38.	Mr.K.Kumar A Psychological Study of Goal Orientation Behaviour among College Students	Awarded (2006)
39.	Mr.Hardeep Singh Self-Regulated Learning of B.Ed. Trainees in relation to their Adjustment	Awarded (2006)
40.	Mr.Dharminder Kumar Kalra Personality Characteristics of College Students in relation to their Emotional Intelligence	Awarded (2005)
41.	Mr.S.Baliah Organizational Citizenship Behaviour in relation to Job Satisfaction among Executives	Awarded (2005)
42.	Ms.Tara Motha Influence of Family Environment on Adolescent's Self- Regulated Learning	Awarded (2005)
43.	Ms.C.Anitha A Study on Emotional Intelligence and Stress Coping Skills among College Teachers	Awarded (2005)
44.	Mr.S.Suresh A Study on Environmental Awareness Ability among College Students in relation to their Personality	Awarded (2005)
- 45.	Ms.M.Amirtha A Study on the Personality of Teachers in relation to their Emotional Intelligence	Awarded (2005)