CURRICULUM VITAE

NAME : Dr. K.N. JAYAKUMAR
Qualifications : MA, MPhil, PGD PM & IR, PhD.

DESIGNATION : Assistant Professor,

Department of Psychology,

Periyar University, Salem- 636 011, Tamil Nadu, India.

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0-8012698558

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University website: www.periyaruniversity.ac.in

Personal website: www.psynergy.in



ACADEMIC QUALIFICATIONS:

Exams and year	Subject	Class	Institution	Board / University
BA April, 1998	Psychology	FIRST	Government Arts College, Coimbatore. Tamil Nadu	Bharathiar University,
M.A. May, 2000	Applied Psychology (Industrial / organizational Psychology)	FIRST	P.S.G. College of Arts and Science, Coimbatore	Coimbatore, Tamil Nadu
P.G.Dip May, 2000 (Distance)	Personnel Management and Industrial Relations		Annamalai University, Directorate of Distance Education, Annamalai Nagar, Tamil Nadu	
PROFESSIONAL QUALIFICATION EXAMINATIONS				
SLET May 2000	Psychology		Bharathidasan University, Trichy, Tamil Nadu	
UGC - NET Dec, 2000	Psychology		University Grants Con New Delhi	nmission,
M.Phil	Psychology: Retrospective study on the Effect of ADHD		P.S.G. College of Arts and Science, Coimbatore	
April 2004	April 2004 on Treatment seeking Substance Abusers		Bharathiar University, Coimbatore.	
Ph. D April 2016	Organizational Psychology Determinants of OCB among IT employees in Indian Context		Periyar University, Salem, Tamil Nadu.	

TEACHING EXPERIENCE AT UNIVERSITIES AND RECOGNIZED COLLEGES OF HIGHER EDUCATION.

Name of	University	Designati	Classes	Period	Tenure
Institution		on	taught		
			/teaching		
Department of	Periyar	Assistant	PG and		From 5
Psychology	University,	Professor	Research	05/2/2010	Feb'10 till
1 Sychology	Salem, TN	110163301	Scholars		date
Department of					
Psychology,	Christ				
Christ	University,	Lecturer	PG and UG		
University,	Bangalore			23/7/2004	
Bangalore				То	7 academic
MBA twinning Programme		Resource MBA and	03/2/2010	years	
Pondicherry Univ	versity – Christ	person	MHRM		
university		person			
Department of					
Psychology,	Bharathiar			24/6/2002	
P.S.G. College	University,	Lecturer	PG and UG	to	2 academic
of Arts and	Coimbatore,	Lecturer	I G and CG	08/7/2004	years
Science,	Tamil Nadu			00/ // 2004	
Coimbatore					
Department of Psychology,				05/8/2001	One
Bharathiar University,		Lecturer	PG	to	Academic
Coimbatore, Tamil Nadu				31/5/2002	year

M.PHIL RESEARCH SUPERVISION:

2009-10	Organizational Role Stress in BPO and Validation of	Christ University,
2009-10	ORS Scale	Bangalore
	Organizational Citizenship Behaviour of University	Periyar University,
2010-11	Teachers in relation to their Personal Effectiveness and	Salem
	Self Regulated Behaviour	Saleili
2011-12	Social Networking and Subjective well-being across	Periyar University,
2011-12	adulthood	Salem
	Brain Dominance, Test Anxiety, Self regulated Learning	Periyar University,
2012-13	Strategies of Secondary and Higher Secondary Students	Salem
	An attempt to understand Learning Disability: Screening	Periyar University,
	and Diagnosis	Salem
2013-14	Using Qualitative Action Research to Effect Change:	Periyar University,
2013-14	Implications on Students' Enrolment.	Salem
2014-15	Vocations, Aspirations and the influence of society on	Periyar University,
2014-13	Transgenders' Vocational Choice	Salem
2015-16	Career Goals and Career Counselling Need Assessment	Periyar University,
2013-10	Among Adolescents	Salem
2016-17	On Coing: A Experimental Study in Social Baychology	Periyar University,
۵010-17	On Going: A Experimental Study in Social Psychology	salem

PH.D RESEACH SUPERVISION (On Going):

2016-17	Ms. Sujatha pursuing on Applied Psychology	
2016-17	Mr. Amal Tom Jose pursuing on Organizational Behaviour	
2016-17	Ms. Jovita Sherin George pursuing on Organizational Behaviour	

EDITORIAL BOARD:

	In the inaugural edition of the Periyar University Journal of	
Co-Editor	Psychology - An International Journal. January, 2013 ISSN: 2319-	
	9601	
Faculty Editor	Perspective: A Psychology Magazine from the Department of	
racuity Editor	Psychology, Christ University, Bangalore. Vol.3, Issue No.1, 2008.	

PUBLICATIONS:

Sl.	Title, year and Journal name		
No.	· ·		
	Jayakumar, K.N., Velayudhan, A. and Selvaraj, K. (2010). Childhood ADHD: A		
1	retrospective vulnerability to later substance. Indian Journal of Health and		
	Wellbeing, 1(1-2), 70-74.		
	Jayakumar, K.N. and Kadhiravan, S.(2011). Impact of global economic crisis: IT		
2	organizations retain and walk with good soldiers. Indian Journal of Positive		
	Psychology, 2(1), 125-127.		
	Jayakumar, K.N.(2011) Experiences of adult children of alcoholics in love		
3	relationship: Are they re-living the past?. Indian Journal of Health and		
	Wellbeing,2(2),322-325.		
	Jayakumar, K.N. and Kadhiravan, S.(2011). Organizational citizenship and self-		
4	regulated behaviour among software executives in the context of job-insecurity.		
	International Journal of Education and Management Studies. 1(1), 92-96.		
	Jayakumar, K.N. and Deepa Francis, M. (2011). Understanding Citizenship		
5	behaviour among Small Town School teachers in a Globalized Education		
	Scenario. A Research Book on Global Business Environment and its impact		
	on Management Education. Himalaya Publishing House, Mumbai.		
	Visalakshi Sridhar and Jayakumar, K. N (2011). Organizational Role Stress:		
6	Impact on gender and marital status. Global Journal of Business		
	Management. 5(2), 1-7.		
	Jayakumar, K. N., Velayudhan, A. and Selvaraj, K (2012). History of Childhood		
7	Attention Deficit Hyperactivity Disorder: Constraint in the Treatment of		
	Substance Abuse. Journal of Indian Health Psychology,6(2).		
	Jayakumar, K. N (2012). From the Organizational Perspective: Employees and		
8	Soldiers. Proceedings of the 12 th Tamil Science Congress held at Periyar		
	University, Salem. ISBN 13-978-81-910508-5-1, August 2012.		

	Jayakumar, K.N. and Kadhiravan, S. (2013). Measuring the Citizenship
9	Behaviour of IT Professionals in India: Development of a Scale. International
	Journal of Education and Management Studies, Vol.3, No.4, December 2013.
	Jayakumar, K. N. (2014). Relationship patterns among girls of alcoholic and
10	non-alcoholic parents. ICSSR Seminar Conference Proceedings. Women
	Education and Women empowerment. ISBN: 978-93-313-2343-9
	Jayakumar, K. N. (2014). Correlates of rumination and role stress among call
11	centre employees. Conference Proceedings. Emerging Management Trends and
	Strategies. ISBN:978-93-80686-16-5
	Jayakumar, K. N. and Kadhiravan, S. (2015). Higher Education in the Paradox of
12	Social-Class Achievement Disparity: A Study on SRB and PSS Among First and Second
	Generation Students. Social Exclusion: Dimensions of marginality in India. ISBN: 978-93-313-2683-6.
	Jayakumar.K.N., & Sujatha. (2015). Vocational Status and aspirations of
13	Transgenders. International Journal of Social Sciences Review. ISBN: 2347-
13	3797
	Jayakumar. K. N. (2016). Identity Acceptance and Career Preferences of
14	Transgenders. Transgender Inclusion: Challenges and Implications. APH
	Publishing Corporation, New Delhi. ISBN 978-93-313-2819-9.

FACULTY DEVELOPMENT PROGRAMME / REFRESHER COURSES ATTENDED

Year	Details	Place
30 Nov -8 Dec, 2015	Infosys sponsored Faculty Development Program on Global Business Foundation Skills	Infosys Leadership Institute, Mysore
Dec 03-23, 2014	UGC sponsored 21 days Refresher Course at Academic Staff College, Hyderabad Central University, Hyderabad	Hyderabad Central University, Hyderabad
May – June 2010	UGC sponsored 28 days Orientation Course at Academic Staff College- Bharathiar University, Coimbatore	Academic Staff College, Bharathiar University, Coimbatore
Dec 2006	UGC sponsored, 21 Days Residential Orientation course on An Integrated Approach to Knowledge and Information for University and College Teachers	National Institute of Advanced Studies (NIAS) Bangalore.
Feb 2005	FDP on Industrial Relations and Labor laws for Management Educators	Christ College, Bangalore

RESEARCH ACTIVITIES:

Year	Title of the Guided Dissertation	Programme / Institution
2006-07	A Study on Effectiveness of Training and Personality correlate, at HSPNL, Bangalore	MBA - twinning Programme
2006-07	A Study on Personality and Perception of Quality of Life among voluntary retired workers	Pondicherry University –

0000 07	Effectiveness of Training at Electrex India ltd,	Christ College,
2006-07	Bangalore	Bangalore
	The Effect of Personality and Role Satisfaction on	
2007-08	Team Effectiveness at ALP Management Consultants	
	Pvt. Ltd, Bangalore	
	A Study on impact of Personality, Emotional	
2007-08	Intelligence on Job Satisfaction among HR	
2007-08	professionals in IT Recruitment at Blues Integrated	
	solutions, Bangalore	
	Influence of Personality and Emotional Intelligence on	
2007-08	Training Effectiveness at Tata Teleservices Ltd.,	
	Bangalore	
	Job Satisfaction, Personal Effectiveness And	
2008-09	Attributes Of Success And Failure Among School	
	Teachers	
2008-09	A Study on the Effect of Stress on Job Satisfaction	
2008-03	among Software Engineers	
2008-09	Personality Type and Sales Styles among Salespeople	
2008-09	of Shopping Malls	
2008-09	Gender Differences in Role Efficacy, Role Stress and	Personal Interest
2000-03	Conflict Management among Bank Employees	
2008-09	Team Effectiveness, Emotional Intelligence and Role	
2000-03	Satisfaction among Employees in banking Operations	
2008-09	Gender Differences in Role Efficacy, Role Stress and	
2008-09	Conflict Management among Software Employees	
2008-09	The Impact of Role Stress on Rumination and Flow	
2008-09	among Call Centre Employees	
2008-09	Coping Strategies in Long Distance Relationships	PG Clinical
2009-10	Scope of E - Therapy	Psychology
2009-10	Relationship Patterns among Children of Alcoholic and Project	

RESEARCH PAPERS PRESENTED IN VARIOUS NATIONAL AND INTERNATIONAL CONFERENCES/ SEMINARS

Sl.	Year	Title	Details of Conference / Seminars
No.			
1.	Jan 2003	Influence of Mental Illness on Family Stress	30 th National annual conference of the Indian Association of Clinical Psychologists (IACP), Thrissur, Kerela
2.	Feb 2004	Team Effectiveness and Emotional Competence among women working in Software Project teams	International Seminar on Emerging trends in Global Business: Challenges and Opportunities for Developing Countries, Thanjavur, Tamil Nadu

3.	Jan 2007	A History Of Childhood ADHD Among Substance Abusers And Their Personality Correlates	33rd National annual conference of the Indian Association of Clinical Psychologists (IACP), Salem and Yercaud, Tamilnadu
4.	July 2007	ADHD: A Risk Factor for Substance Abuse (poster)	International Conference on Psychology in Mental Health. NIMHANS, Bangalore
5.	Jan 2010	Treatment outcomes of patients with substance abuse with and without a history of ADHD: A Comparative Study	National Annual Conference of the Indian Association of Clinical Psychologist, NMHANS, Bangalore
6.	Dec 2010	Adults of Alcoholic Parents and their Experiences in Adult Love Relationship	International Conference on mind and Human Activities, JNU, New Delhi.
7.	Feb 2011	Global Economic Crisis: IT organizations walk with good soldiers	International Conference on Globalization and its impact on Management Education, PRIMS, Periyar University, Salem-11.
8.	Feb 2012	Attachment Styles, Coping Strategies and Relationship satisfaction among Adult couple in Long distance Romantic Relationships	UGC sponsored National Conference on Counselling and Mental Health, held at Periyar University, Salem.
9.	August 2012	From the Organizational Perspective: Employees and Soldiers.	12 th Tamil Science Congress held at Periyar University, Salem.
10.	Jan 23- 24, 2014	Relationship Patterns among girls of Alcoholic and non-alcoholic parents.	ICSSR sponsored National Seminar on Development and Social Issues, Periyar University, Salem.
11.	March, 6-7, 2014	Correlates of Rumination and Role Stress among Call-centre Employees	National Seminar on Emerging Management Trends and Strategies, PRIMS, Periyar University, Salem.
12.	March, 21-22, 2014	Relationship of OCB and Job Satisfaction with Career Development Perception in the IT Sector	UGC- Sponsored National Seminar on Psychology for Shaping Society, Annamalai University, Chidambaram.
13.	Jan, 22-23, 2015	The Paradox Of Social-Class Achievement Disparity: A Study On Self-Regulation And Perceived Social Support Among First And Second Generation University Students	ICSSR National Seminar on Marginality. Department of Sociology, Periyar University, Salem.
14.	Jan, 21-22, 2016	Invited talk: Identity Acceptance and Career Preferences of Transgenders	ICSSR sponsored National Seminar on Transgenders, Department of Sociology, Periyar University, Salem.

15.	Jan, 21-22, 2016	Paper Presented: Transgenders and their career choices.	ICSSR sponsored National Seminar on Transgenders, Department of Sociology, Periyar University, Salem.
16.	Jan, 27-28, 2016	Influence of Global Economic Crisis on the citizenship and self-regulated behaviour of IT professionals	2 nd International Conference on Role of Management Education in Promoting Entrepreneurship. PRIMS, Periyar University, Salem
17.	Feb, 4-5, 2016	Organizational Justice and Managerial Creativity among Professionals from Traditional and Modern Industry.	International Conference on Empowerment of Youth in the Globalized Scenario. School of Humanities and Social Sciences, Periyar University, Salem.
18.	Sep, 29, 2016	The Paradox of Well-Being: Views and Variations	National Conference on Psychology and Holistic Wellbeing organized by The Sacred Heart College (Autonomous) Tirupattur, Tamil Nadu.
19.	Oct, 20-21, 2016	Varnas Adharma, Learned Helplessness and the Irony of Dalit Education	National Seminar on Social Structure and Dalits: Issues, Challenges and Inclusive Strategies

National / International Seminars/ Workshops/ Conferences Attended

Sl.	Year	Details	Place
No			
1.	March 2004	National Workshop on Progressive Initiatives of Autonomous Colleges towards Excellence in Global Education	P.S.G. College of Arts and Science, Coimbatore, Tamil Nadu
2.	October 2005	Training Programme on Management of Adolescent Problems	Christ College, Bangalore
3.	Sep 2006	Workshop on OB – A Practical Approach	Mysore University, Mysore
4.	for 4 yrs 2006 -08	An International conference of Consortium of Students in Management Research (COSMOR 2006 / 07/08/09)	I.I.Sc., - Indian Institute of Science, Bangalore
5.	Jan 2007	Workshop on Application of Qualitative Methodology To Research in Psychology	Christ College, Bangalore
6.	Feb 2007	National Conference on Women Psychology	Christ College, Bangalore
7.	Feb 2007	National Workshop on Applications of Behaviour Technology	Bharathiar University, Coimbatore, Tamil Nadu
8.	Feb 2008	National Conference on Psychology and Cinema	Christ College, Bangalore

9.	July 2008	Workshop on Application of SPSS for Data Analysis	Everonn Systems India Limted, Chennai
10.	Jan 2009	A National Workshop on Cognitive Behaviour Therapy	NIMHANS, Bangalore
11.	Jan 2009	International Conference on Innovations and Strategies	Christ University, Bangalore
12.	February 2009	National Workshop on Psychological research: Questionnaire development & Application of Statistical Tools	Sri Ramachandra Medical University, Porur, Chennai
13.	February 2010	National Annual Conference of the Indian Association of Clinical Psychologist	NIMHANS, Bangalore
14.	Feb 2010	National Conference on Peace and Conflict Resolution	Christ University, Bangalore
15.	Oct 2010	National Workshop on Executive Coaching	Christ University, Bangalore
16.	October 2011	UGC sponsored National Workshop on Applications of Projective Assessment	Department of Psychology, Periyar University, Salem.
17.	December 2011	UGC sponsored National Workshop on Transactional Analysis and Neuro- Linguistic Programming	Department of Psychology, Periyar University, Salem.
18.	October 2012	UGC sponsored National Workshop on Psychodiagnostics.	Department of Psychology, Periyar University, Salem.
19.	November 2012	UGC sponsored National Workshop on Hypnotherapy	Department of Psychology, Periyar University, Salem.
20.	31 July to 2 nd Aug'14	National Workshop on SEM through AMOS	Department of Psychology, Periyar University, Salem.
21.	20-22 nd Aug'14	National Workshop on Premarital, marital and Family Counselling.	Department of Psychology, Periyar University, Salem.
22.	2-8, Jan, 2015	Faculty Development Programme on Counselling Skills	Department of Psychology, Periyar University, Salem.
23.	25-26, Aug '15	National Workshop on Clinical Hypnotherapy: Basics and Beyond	Department of Psychology, Periyar University, Salem.
24.	27-28, Oct '15	National Workshop on Cognitive Behaviour Therapy for Emotional Disorders	Department of Psychology, Periyar University, Salem.
25.	04, Oct '15	Seminar on Modernization in Higher	IQAC, Periyar University,

		Education to Address the Societal Needs	Salem.
26.	21-22, March, '16	National Workshop on Family Therapy	Department of Psychology, Periyar University, Salem.
27.	30-31, March, 2016	National Seminar on Recent Trends in South Indian Historiography	Department of History, Periyar University, Salem.

CONFERENCES / WORKSHOPS / SEMINARS ORGANIZED

- 1. National Conference on Women Psychology, at Christ University, Bangalore
- 2. National Conference on Psychology and Cinema, at Christ University, Bangalore
- 3. National Workshop on Qualitative Research Methodology, at Christ University, Bangalore
- 4. National Workshop for Teachers on Dealing with Adolescent Students, at Christ University, Bangalore
- 5. Seminar on "Observational Studies and Child Psychotherapy" and Workshop on Client's perspective in Mental Health, at Christ University, Bangalore
- 6. National Conference on Changing Fabrics of Intimate Relations, at Christ University, Bangalore
- 7. National Conference on Peace and Conflict Resolution at Christ University, Bangalore
- 8. National Workshop on Competency Mapping, sponsored by the UGC at Periyar University, Salem.
- 9. National Workshop on Cognitive Behaviour Therapy at Periyar University, Salem.
- 10. National Workshop on Specific Learning Disabilities: Assessment and Intervention at Periyar University, Salem.
- 11. National Seminar on Psychology at Cross Roads: Integrating Theory, Research and Practice at Periyar University, Salem.
- 12. National Workshop on Clinical Hypnotherapy at Periyar University, Salem.

OTHER EVENTS ORGANIZED

1. Mega Book Exhibition, 2-6, August, 2011 at Periyar Main Auditorium in collaboration with University Library, Periyar University, Salem.

MEMBERSHIP:

- Associated Life Member of Indian Association of Clinical Psychologist
- Life Member Indian Academy of Applied Psychology

AREA OF ACADEMIC SPECIALIZATION:

Organizational Behaviour, HR Training and Development, Social and Clinical Psychology

EXTRA CURRICULAR ACHIEVEMENTS:

- Won the State Level Gold Medal in NCC Airwing, Representing Coimbatore Air Squadron.
- Won the ALL INDIA Gold Medal in NCC Air wing for Aero modeling competition, representing Tamil Nadu and Pondicherry Contingent at All India Vayu Sena Camp, held at Nadirgul, Hyderabad, Andra Pradesh between 13th and 24th October, 1997

CLINICAL EXPERIENCE AS A CLINICAL PSYCHOLOGIST

 Worked as a Part - time Clinical Psychologist at VazhiKatti Mental Health Centre and Research Institute, Coimbatore, Tamil Nadu, under the Director Psychiatrist Dr. K. Selvaraj. MBBS, MD, DPM, DNB. From May 2000 to July 2004 for four years. Work Profile involved Assessment, Psychotherapy and Psychological Counselling and group therapy.

Training Programmes conducted

- Behavioural skills Trainer for Corporate / IT companies on Leadership / Capacity Building/ Employee Motivation and Team Building Skills
- Conducted several Training Programmes for School Teachers and College Teachers on Leadership / Dealing with students
- Conducted several programmes for School students and College students on Motivation / self awareness and Effective learning skills.
- Trained Christ University Teachers on Holistic Education at Christ University, Bangalore.
- Several Training programme conducted for Security staff of Christ University.
- Orientation Programmes conducted to Student Welfare Officers at Christ University, Bangalore.

Other information

- 1. Participated and lead a team of NSS Volunteers in planting of 200 tree saplings across the Periyar University during 14-16th July, 2010 as a part of Campus Green.
- 2. Participated in the FDP on Management and Social Sciences Research at Sona College of Management, Salem.
- 3. Served as Resource Person for the 2 days workshop on Study skills organized by the Centre for Women's Studies, Periyar University on 12th January, 2012.
- 4. Served as a Resource Person in the Two Days Trainers Training Workshop organized by the Centre for Women's Studies, Periyar University.
- 5. Gave special talk on "Psychology for You" at the Lions Club, Salem Chapter on 25th April, 2012.
- 6. Completed the Basic Course in Integrated Clinical Hypnotherapy from California Hypnosis Institute of India, Mumbai.4th Nov, 2012.
- 7. Served as judge for oratorical competition conducted by the women's studies centre (UGC funded) on the occasion of women's day celebration on 08-03-2013.
- 8. Served as Resource Person for the Workshop on Human Resource: Promote optimum Health in workplace, organized by Shanmuga College of Nursing, Salem on $10^{\rm th}$ April, 2013.
- 9. Delivered a lecture on the topic Introduction to Philosophy in the lecture series organized by the Department of Sociology, Periyar University, Salem.
- 10.Resource Person , One-day workshop on Softskills: Charcter and Virtues organized by the PG & Research Department of Public Administration, Government Arts College, Coimbatore on $24^{\rm th}$ March, 2015.
- 11.Resource Person, One-day FDP on Psychology of dealing the adolescent's inter and intra-personal complications on 11th June, 2015 at Nadar Saraswathi College of Arts and Science, Theni (TN).
- 12. Participated in the Psychology Curriculum Evaluation and Enhancement Workshop at Mount Carmel College, Bangalore on 20th November, 2015.
- 13. Delivered a guest lecture on Creativity and Problem solving to the students of Physics at Vivekanandha College of Arts and Science for Women (Autonomous) on 18th December, 2015.
- 14.Delivered a guest lecture on Soft skills development to the students of Commerce at Vivekanandha College of Arts and Science for Women (Affiliated to Periyar University) on 19th January, 2016.

- 15. Delivered a guest lecture on Psychology for Cultural Skills to the students of Microbiology at Vivekanandha College of Arts and Science for Women (Autonomous) on the 2^{nd} of February, 2016.
- 16. Conducted a program on Like Skills for Personal Development to the students of BioChemistry at Vivekanandha College of Arts and Science for Women (Autonomous) on the 13th of February, 2016.
- 17.Gave a Special Lecture on Psychological aspects in Literature in the Department of English, Selvamm Arts and Science College, Namakkal on the 19th of February, 2016.
- 18. Delivered an invited lecture on "The Psychology of Bigotry: Ingesting the truth through Ramayana Tales" at the National Seminar on Sustaining Indian Culture and Tradition through Historical Studies held on Feb 25-26, 2016 organized by Department of Sociology, Periyar University, Salem.
- 19. Delivered an invited talk on "Global Climate Change: The Psychology of Apathy and Risking life on Earth" at the National Seminar on Energy, Environment and Ethics organized by Centre for New and Renewable Energy Studies, Periyar University on March 28-29, 2016.
- 20. Delivered a special lecture on "Psychological Tips for Learning English" at AVS College of Arts and Science, Salem organized by the Department of English on the 27th of June, 2016.